



OKLAHOMA PERINATAL QUALITY
IMPROVEMENT COLLABORATIVE

OKLAHOMA PERINATAL **QUALITY**
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Hospital Recognition

Providing Excellence in Perinatal Care



Advancing
**MATERNITY
CARE** Together



TEAMBIRTH
RECOGNIZED



NEWBORN
SCREENING



**OKLAHOMA MATERNAL ADDICTION AND
MENTAL HEALTH ASSISTANCE INITIATIVE**



**SAVE
YOUR
LIFE:**

**Get Care for These
POST-BIRTH Warning Signs**

Most women who give birth recover without problems. But any woman can have complications after the birth of a baby. Learning to recognize these POST-BIRTH warning signs and knowing what to do can save your life.



Call 911
if you have:

- ☐ Pain in chest
- ☐ Obstructed breathing
- ☐ Seizures
- ☐ Thoughts of hurting yourself or your baby

Call your healthcare provider
if you have:

- ☐ Bleeding, soaking through the size of an egg or larger
- ☐ Incision that is not healing
- ☐ Red or swollen leg, thigh or calf
- ☐ Temperature of 100.4 or higher
- ☐ Headache that does not go away with medicine, or bad headache



Tell 911 or your healthcare provider:

"I had...
I am having..."

These post-birth warning signs can become life-threatening if you don't get care right away. If you have any of these signs, call 911 or go to the hospital right away.

- Pain in chest, obstructed breathing or shortness of breath (trouble catching your breath) may mean you have a blood clot in your lung or a heart problem.
- Seizures may mean you have a condition called eclampsia.
- Thoughts or feelings of wanting to hurt yourself or your baby may mean you have postpartum depression.
- Bleeding (heavy), soaking more than one pad in an hour or passing an egg-sized clot or bigger may mean you have an obstetric hemorrhage.
- Indigestion, nausea, vomiting or bloating may mean you have a blood clot in your leg.
- Redness, swelling, pain or warmth in your leg may mean you have a blood clot in your leg.
- Temperature of 100.4 or higher may mean you have an infection.
- Headache that does not go away with medicine or bad headache may mean you have a blood clot in your head.

Helpful Information

Place on your refrigerator along with Post-Birth Warning Signs



Mental Health



Maternal Mental Health Hotline
TEXT or CALL 24/7
1-833-TLC-MAMA English & Español
postpartum.net

Expert Advice



The 4th Trimester Project
Expert information for parents and families
newmomhealth.com
saludmadre.com

Breastfeeding



FREE 24/7 Hotline
Text OK2BF to 61222
1-877-271-MILK (6455)
obrc.ouhsc.edu

More Resources



Contact OPQIC for more support
OPQIC.org
PatientSupport@opqic.org

OPQIC Spotlight Hospital Award Criteria - 2026

Modified 8/2026. Criteria assessed on 8/31/2026

Category	Criteria	Points
PC-02 Rate	Submitted most recent PC-02 Rate to OPQIC	2
PC-07 Rate	Submitted most recent PC-07 Rate to OPQIC	2
CMS "Birthing Friendly" Designation	Designated	2
OPQIC Check-in Calls	Participated in at least one check-in call in 2026	2
OK-MAMA (Oklahoma Maternal Addiction and Mental Health Assistance)	Submitted Commitment to Participate	3
	Submitted Baseline Data	3
TeamBirth Participation	Nationally TeamBirth Recognized	3
	Recognition Application submitted prior to 8/31/2026	2
	Fully Implemented, did not apply for recognition prior to 8/31/2026	1
EPPP Toolkit Utilization (Empowering Pregnant and Postpartum Patients)	Reported distribution of PBWS handout to >90% of patients	2
EPPP Toolkit Utilization (Empowering Pregnant and Postpartum Patients)	Reported distribution of Helpful Information handout to >90% of patients	2
Breastfeeding OK mPINC 2024 Total mPINC Score: 79 National 2024 Total mPINC Score: 82	Baby Friendly Designation	3
	On the Baby Friendly Pathway/AIM-HI	2
	2024 mPINC score ≥ 90	2
	2024 mPINC score above OK average (79), <90	1
Cribs for Kids Safe Sleep Certification	Gold	3
	Silver	2
	Bronze	1
TJC Advanced Certification in Perinatal Care	Nationally Certified	3
Newborn Screening-Transit Times (Aug 2025-July 2026)	>95% arrive within 48 hrs of collection	3
	>90% arrive within 48 hrs of collection	2
Newborn Screening-Unsat rates (Aug 2025-July 2026)	<2% declared unsat for testing	1

Max Points Possible 34

2026 Spotlight Hospital Award Criteria



Level Determination

Gold	26+
Silver	24-25
Bronze	22-23

Criteria assessed as of 8/31/2026

- Gold Awards: 15
- Silver Awards: 9
- Bronze Awards: 4

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Bronze Award



Saint Francis Hospital Muskogee



**Saint Francis Hospital South
2015**



St. Mary's Regional Medical Center



SSM Health St. Anthony – Shawnee

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Silver Award



Ascension St. John Owasso



Chickasaw Nation Medical Center



Hillcrest Hospital South



INTEGRIS Health Southwest Medical Center



Lakeside Women's Hospital



Mercy Hospital OKC



Northeastern Health System



SSM Health St. Anthony Hospital – Oklahoma City



Weatherford Regional Hospital

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Gold Award



Ascension St. John Medical Center



Choctaw Nation Health Care Center



Duncan Regional Hospital



Hillcrest Medical Center



INTEGRIS Health Baptist Medical Center



INTEGRIS Health Canadian Valley Hospital



INTEGRIS Health Edmond Hospital



INTEGRIS Health Enid Hospital



McAlester Regional Health Center



Memorial Health System of Southwest Oklahoma



Mercy Hospital Ardmore



Norman Regional Health System



Oklahoma Children's Hospital at OU Health



Saint Francis Hospital



Stillwater Medical Center

CONGRATULATIONS!



CBS CORRESPONDENT SPEAKS AT OHA CONFERENCE

Hospitals at the Heart of It

#HospitalsAtTheHeartOK

Story Portal

Hospitals at the Heart of It

Join us as we work to amplify the voice of hospitals by telling your impactful stories.



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s/Hospital-Story-Form.aspx](https://www.okoha.com/OHA/Publications_Resources/Hospital-Story-Form.aspx)