



SPARK

STATEWIDE PSYCHIATRY ACCESS,
RESOURCES AND KNOWLEDGE

POWERED BY OSU CENTER FOR HEALTH SCIENCES

The Statewide Psychiatry Access, Resources and Knowledge (SPARK) program supports the medical provider's provision of mental health care in the clinical setting. SPARK offers Oklahoma's medical providers free access to consultation with board-certified child and adolescent psychiatrists, adult psychiatrists, addiction medicine, and maternal mental health experts through mental health consultation, enhanced mental health education, and referral assistance to local and statewide mental health services. SPARK started as OKCAPMAP, a consultation line focused on Child and Adolescent Mental Health Care. **SPARK is available FREE of charge to all clinicians with an NPI.**

Provider Demographics

544

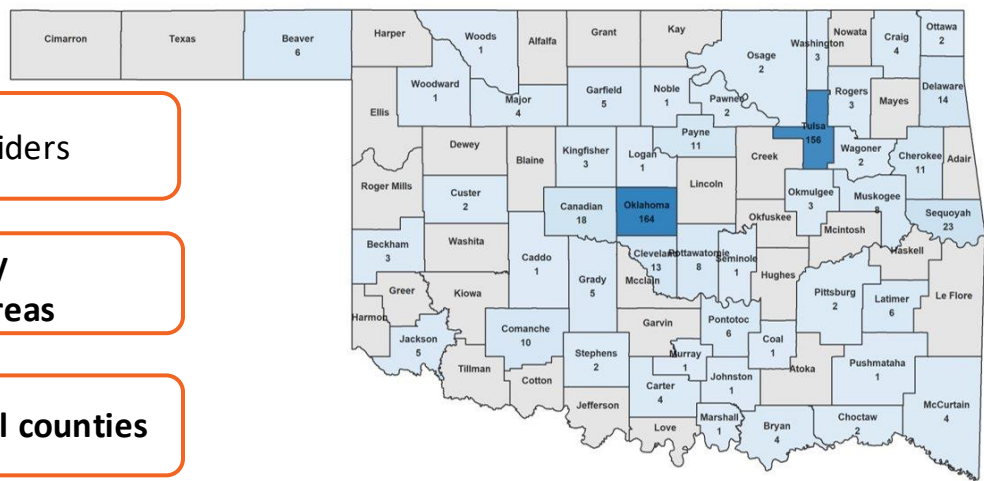
registered providers

336

serve medically
underserved areas

167

practice in rural counties



These numbers highlight the reach and distribution of healthcare providers across regions, emphasizing the focus on underserved and rural communities. According to the geographical zip code analysis, **there is a positive correlation between providers enrolled and frequency of child abuse filings; percent of rented households; high housing cost; households lacking a vehicle; single parent household and the Social Deprivation Index**

Consultation Overview

Highest area of pediatric consultations

1. Multiple Diagnosis – 54%
2. ADHD – 39%
3. Anxiety- 28%
4. Autism Spectrum Disorder-21%

Consultations by provider type

1. Medical Doctor (MD)- 55%
2. Doctor of Osteopathy (DO)- 26%
3. Nurse Practitioner (APRN)- 12%
4. Nurse Practitioner (NP) - 3%

Education Overview

Project ECHO – Infant Mental Health, Pediatric Mental Health, Addiction Mental Health, Psychiatry

House Calls –Offer 14 CME/CEU approved trainings, in-person and virtual

Online Learning Modules – 8 CME/ CEU approved asynchronous modules

Annual Pediatric Mental Health Conference
128 multidisciplinary participants and 30 exhibitors joined for education on evidence-based pediatric mental health topics

Next Steps

The following steps are planned for the program:

1. **Expanding psychiatry access** and resources for consultation and education of **Perinatal, Adult, and Addiction** Medicine.
2. **Elevate collaborative care practices** to meet patients' mental and physical health needs through their primary care settings.
3. **Increase partnerships** to provide primary care providers with access to psychiatry services in rural Oklahoma.

Needs

To continue providing support and services through the SPARK program, the following needs have been identified:

1. **Policies** that enable Oklahoma providers to improve treatment planning and referrals through mental health consultation with a board-certified psychiatrist.
2. **Partnerships** with community and state agencies to champion increased access to mental health services for Oklahomans.
3. **Sustainable funding** sources to support SPARK services.

Program Cost

Budget Category	Total Cost	Expenditure Item
Personnel (Salary+Fringe)	\$1,495,349.73	Child and Adolescent Psychiatrist (1 FTE) ; Perinatal Psychiatrist (1 FTE) ; Addiction Medicine Physician (1 FTE); Adult Psychiatrist; (1 FTE) ; Medical Director (.20 FTE) ; Clinical Director (1 FTE) ; Program Director (.75 FTE) ; Data Manager(.25 FTE) ; LMHP and Education Coordinator(1 FTE)
Program Activities	\$74,000.00	Technology and Software; educational and print material; supplies; outreach/marketing material; travel
Pediatric Mental Health Conference	\$30,000.00	Lighting the Way in Pediatric Mental Health conference material includes event space, speakers fee, hotel for conference teams, food and beverage, CME credits, advertising
Indirect Cost	\$415,830.93	
Total Program	\$2,015,180.66	<i>*CHIP is a sustainable fund source for pediatric services.</i>
CHIP Funds (pediatric)	<i>\$461,450.00*</i>	<i>Average yearly amount of \$461,450 (\$356,563 federal \$104,887 State/OSU-CHS)</i>
Funding Need	\$1,553,730.66	

The budget plan summarizes cost for service activities provided through consultation, education, and referrals.

Savings

Evidence shows that Pediatric Mental Health Care Access (PMHCA) programs can **reduce overall health care costs while improving care delivery**. For example, one state program demonstrated a return on investment of \$1.82 for every \$1 spent, and others report patient **cost reductions of up to \$3,500 per successful consultation**. Findings suggest PMHCA models produce direct cost savings and improve cost efficiency by supporting earlier intervention in primary care and reducing high-cost emergency department utilization, making them a **financially responsible investment in pediatric behavioral health**.