OPQIC/Oklahoma Maternal Health Task Force Quarterly Meeting

October 20, 2026

This meeting will be recorded.

OPQIC
OKLAHOMA PERINATAL QUALITY IMPROVEMENT COLLABORATIVE

OKLAHOMA State Department of Health

OHA OKLAHOMA HOSPITAL ASSOCIATION

Please rename yourself on Zoom or type your name into the chat box.

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Agenda

- **Neonatal Survey**
- **OSDH/MHTF Updates**
- **OPQIC Updates**
  - 2026 OPQIC Summit Follow-up
  - Low-dose Aspirin work via Humana

Lorri Essary
Director,
Family Support and
Prevention Services

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OKLAHOMA STATE DEPARTMENT OF HEALTH UPDATES

OSDH Update

- Rural Health Transformation Program – RHTP
  - ❖Updated Website
  - ❖Year 2 Funding Opportunities
  - ❖RRR Champions

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Rural Regional Reorientation (RRR) Champions

Region	Counties covered	Facilitator	Contact
Northeast	Craig, Creek, Delaware, Mayes, Nowata, Okmulgee, Osage, Ottawa, Pawnee, Rogers, Wagoner, Washington	**Ann Paul**	Ann.Paul.CTR@health.ok.gov
Northwest and North Central	Alfalfa, Beaver, Blaine, Cimarron, Custer, Dewey, Ellis, Garfield, Grant, Harper, Kay, Kingfisher, Lincoln, Logan, Major, Noble, Payne, Roger Mills, Texas, Woods, Woodward	**Clark Houser**	Clark.Houser.CTR@health.ok.gov
South Central	Carter, Comanche, Cotton, Garvin, Jefferson, Love, Murray, Pontotoc, Stephens, Tillman	**Richard Gillespie**	Richard.Gillespie.CTR@health.ok.gov
Southwest and Central	Beckham, Caddo, Canadian, Cleveland, Grady, Greer, Harmon, Hughes, Jackson, Kiowa, McClain, McIntosh, Okfuskee, Pottawatomie, Seminole, Washita	**Tamara Clift**	Tamara.Clift.CTR@health.ok.gov
East Central and Southeast	Adair, Atoka, Bryan, Cherokee, Choctaw, Coal, Haskell, Johnston, Latimer, LeFlore, McCurtain, Muskogee, Marshall, Pittsburg, Pushmataha, Sequoyah	**Melanie McGee**	Melanie.McGee.CTR@health.ok.gov

Website: https://oklahoma.gov/health/rhtp/rhtp-funding-recipients.html

Email: OklahomaRHTP@health.ok.gov

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UPDATES FROM NEWMAN MEMORIAL HOSPITAL

Tom Vasko, MBA, BSN
Chief Executive Officer

Amy Calhoun-Vasko, APRN-CNM
Certified Nurse Midwife



Midwife Attended Births

OKLAHOMA State Department of Health

Oklahoma Midwife-Attended Births

DATA BRIEF

OKLAHOMA State Department of Health

Background

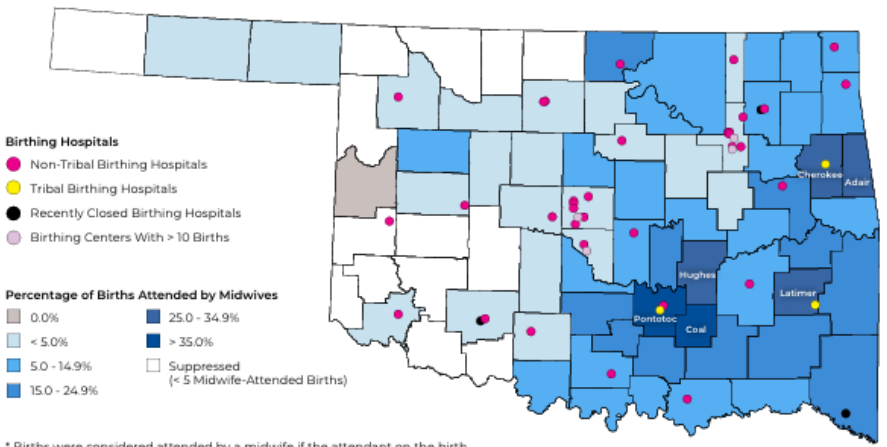
Oklahoma has a population of about four million people, with over a third living in a rural area.
As of August 2026, there are 41 birthing hospitals in the state, with three hospitals recently closing their labor and delivery departments. However, about half of Oklahoma's birthing hospitals are in the Oklahoma City and Tulsa areas. There are 52 counties in Oklahoma (67.5%) that have no birthing hospitals, and many that have no or limited obstetrical providers.

Issues related to transportation, childcare, poverty, care availability, and insurance status pose challenges to accessing family planning and maternal healthcare in the state, and can be more challenging for individuals living in rural areas.

Midwifery Supportive Policies & Initiatives[1,2]

- Supporting independent practice
- Allowing midwives hospital admitting privileges
- Pay parity for midwives
- Licensure for certified midwives (CMs) was expanded
- OPQIC Midwifery Project[3]

Midwife-Attended Births* by Maternal County of Residence
Oklahoma, 2022-2024



* Births were considered attended by a midwife if the attendant on the birth certificate was a CNM/CM, other midwife, or if a midwife-related term was written for other attendant title, in any birthplace (e.g., hospital, birthing center, home birth)

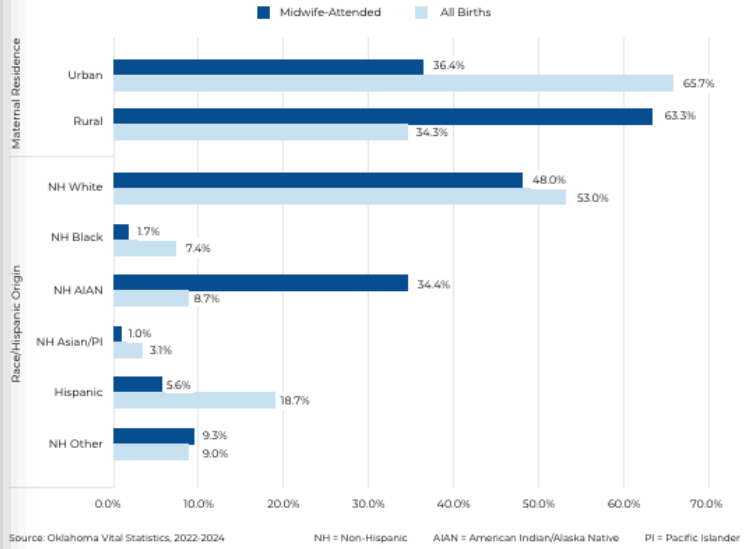
All counties with 25%+ of births attended by midwives are labeled on map

Oklahoma Midwifery

In Oklahoma, the percentage of midwife-attended births has increased since 2017 (5.1%), reaching a high of 6.0% in 2024. Midwife-attended births differ by geography as well as race and Hispanic origin.

Currently, the majority of midwife-attended births occur in hospitals (68.6%), followed by home (18.5%), and birth centers (12.4%). Tribal hospitals in Oklahoma have integrated midwifery care into their labor and delivery units, mostly in rural areas of Eastern Oklahoma, largely accounting for the large proportion of midwife-attended births in hospitals. Non-tribal hospitals are also beginning to integrate midwifery care, therefore an increase in overall midwife-attended births is expected in the future.

Demographic Comparisons of Midwife-Attended Births with Overall Births
Oklahoma, 2022-2024



Source: Oklahoma Vital Statistics, 2022-2024 NH = Non-Hispanic AIAN = American Indian/Alaska Native PI = Pacific Islander

The data shows that in areas where midwifery is well established, such as through integration in Oklahoma tribal facilities, women are utilizing midwifery care. Support for midwifery has fluctuated over the years, but the current focus on improving access to care has raised awareness of the profession as a viable option for low-risk pregnancies in areas with a shortage of physicians and birthing hospitals. In the most rural areas of the state, midwives can safely fill the gap where hospitals and physicians are not easily accessible.

References:

1. Stoneburner A, Chestnut JF, Lucas R, Jones EE, DeMaria AL. "Nowhere to Go: Maternity Care Deserts Across the U.S." Report No. 5. March of Dimes, 2026. https://www.marchofdimes.org/maternity-care-deserts-report
2. Key Midwifery Policies. Oklahoma Perinatal Improvement Collaborative. Accessed Sept. 28, 2026. https://www.themidwiferyproject.org/
3. The Midwifery Project. Oklahoma Perinatal Quality Improvement Collaborative. Accessed Sept. 22, 2026. https://www.themidwiferyproject.org/

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PRAMS

PREGNANCY RISK ASSESSMENT MONITORING SYSTEM

DATA INSIGHTS REPORT

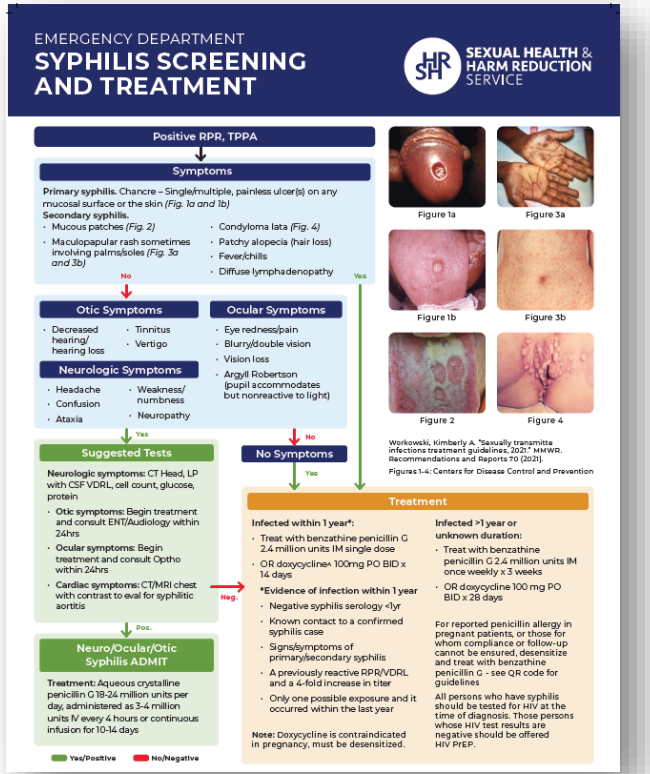
August 2026

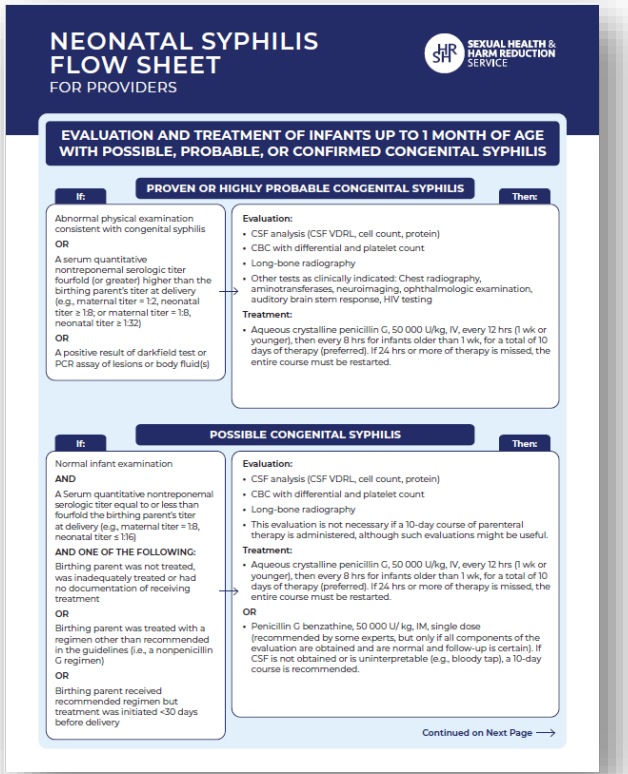
Postpartum Birth Control Methods Among Oklahoma Mothers with Intended and Ambivalent Pregnancies

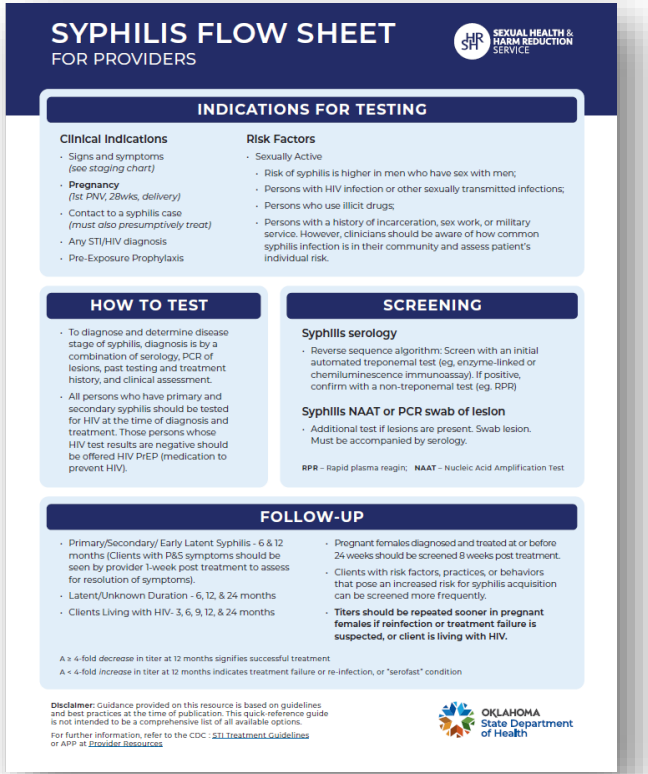
Pregnancy Ambivalence Report.pdf

UPDATED SYPHILIS RESOURCES

https://redcap.health.ok.gov/surveys/?s=3WTX99988P







Oklahoma Statewide Needs Assessment of Neonatal Resuscitation Readiness

Sam Levin, MD

Oklahoma Children's
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Background

- 1/3 of counties in the United States qualify as Maternity Care Deserts
- 48.1% of Oklahoma Counties qualify
- Neonatal Mortality is higher in rural vs. urban areas (3.8 vs. 3.3 deaths per 1000 lives births)
- A survey was dissmeinatedOPQIC Summit 2025 survey representatives from Oklahoma Delivery hospitals and Oklahoma Children's Transport team regarding the current Neonatal Resuscitation abilities & challenges

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Community Hospital Responses

Figure 1: Highest Level of Newborn Care Available at Respondents' Facility

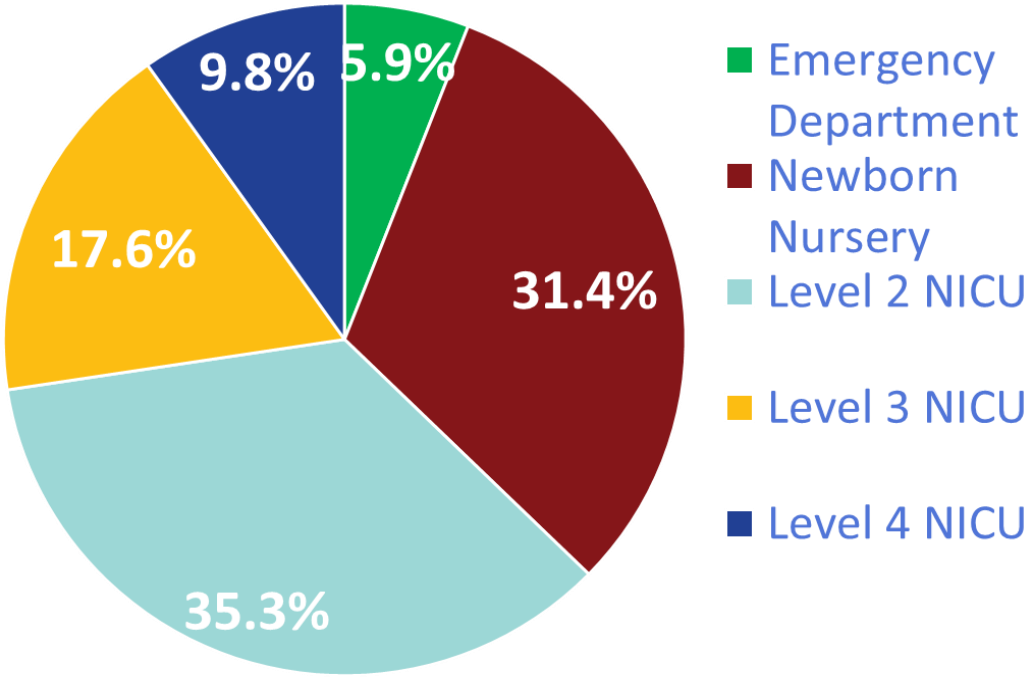
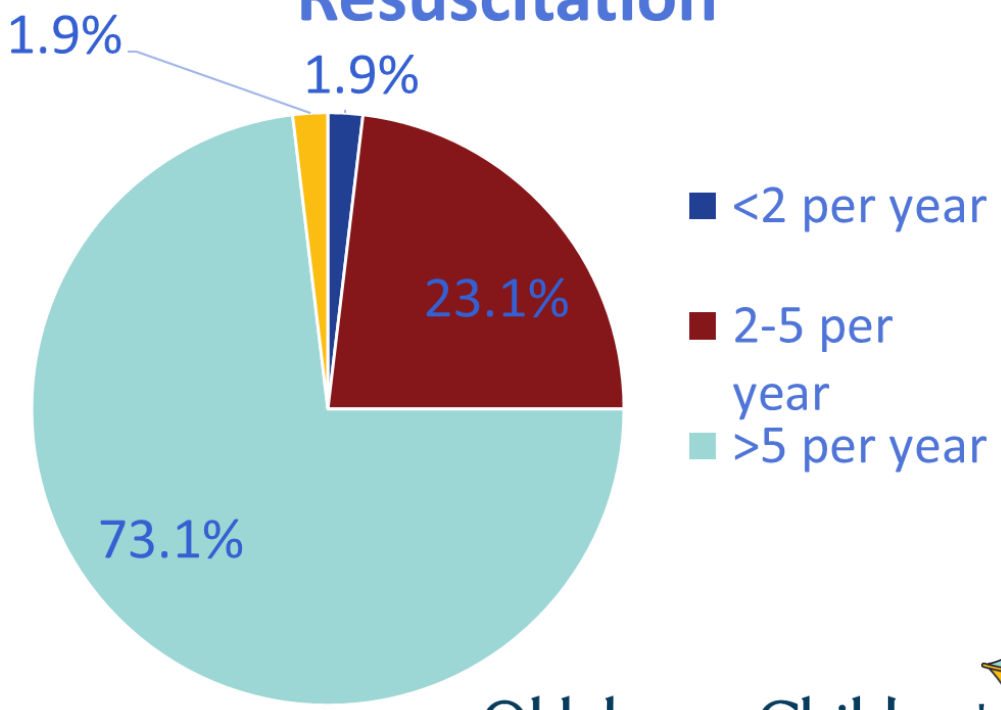


Figure 2: Frequency of Facility Neonatal Resuscitation



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Community Hospital Responses

Figure 3: Neonatal Resuscitation Leader (Most Common Responses of Multiple Response Option)

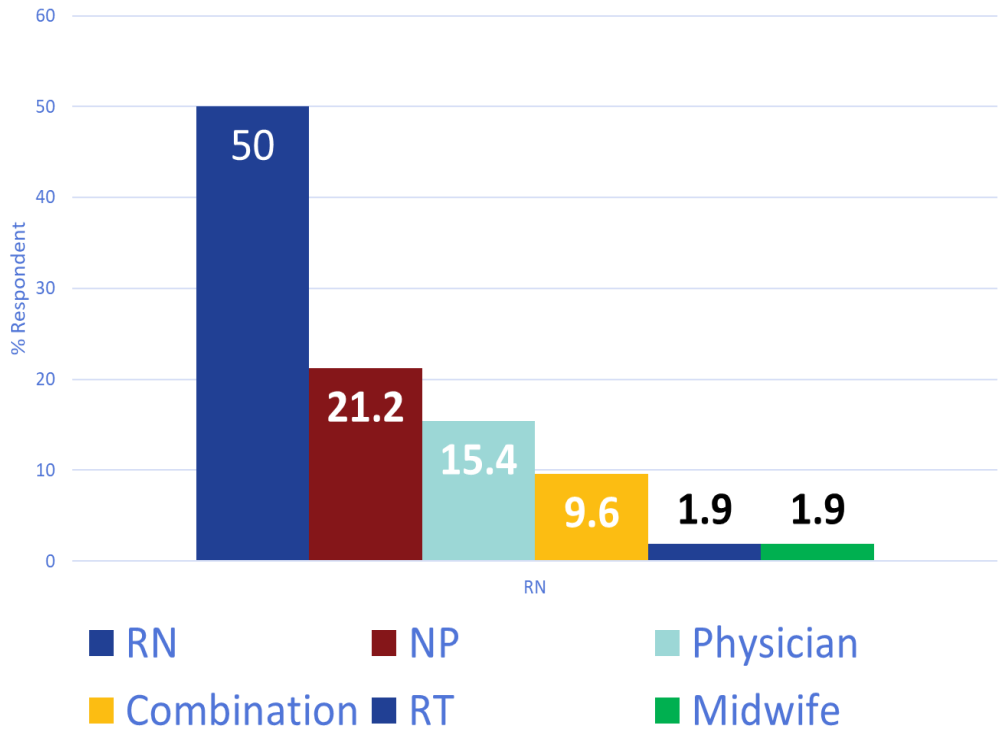
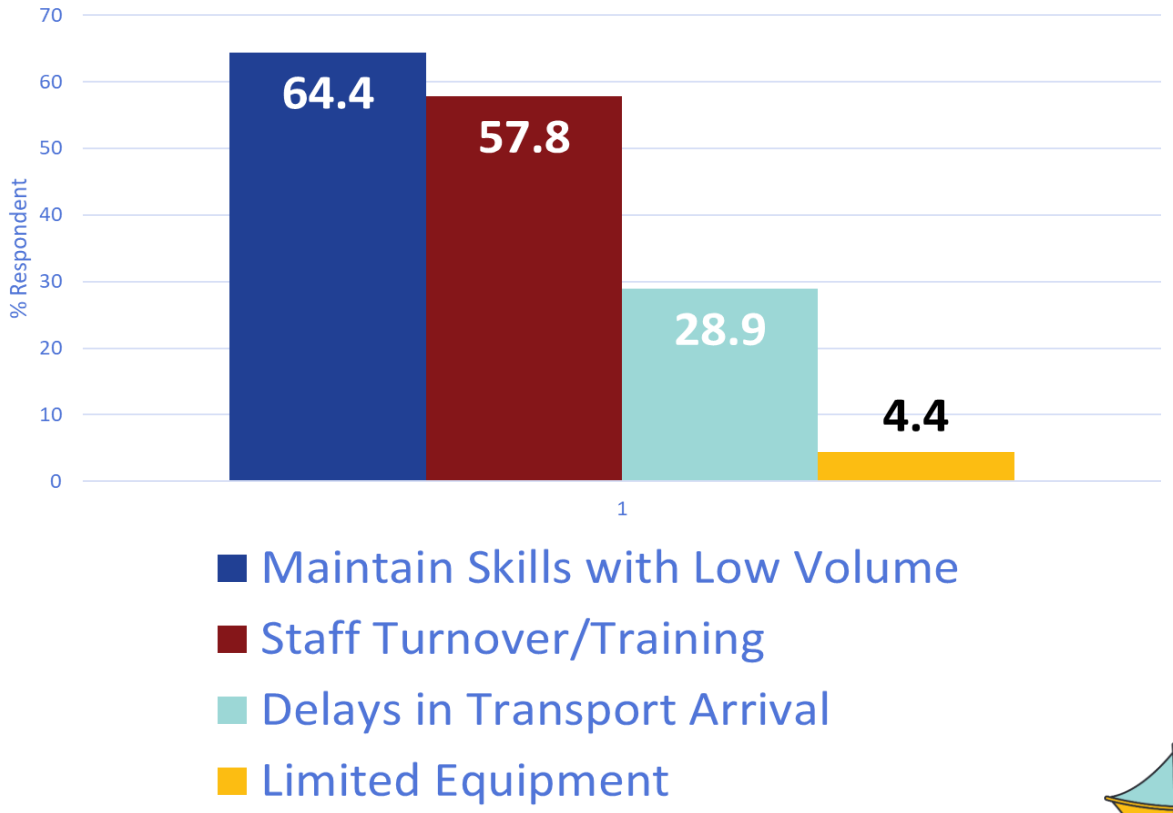


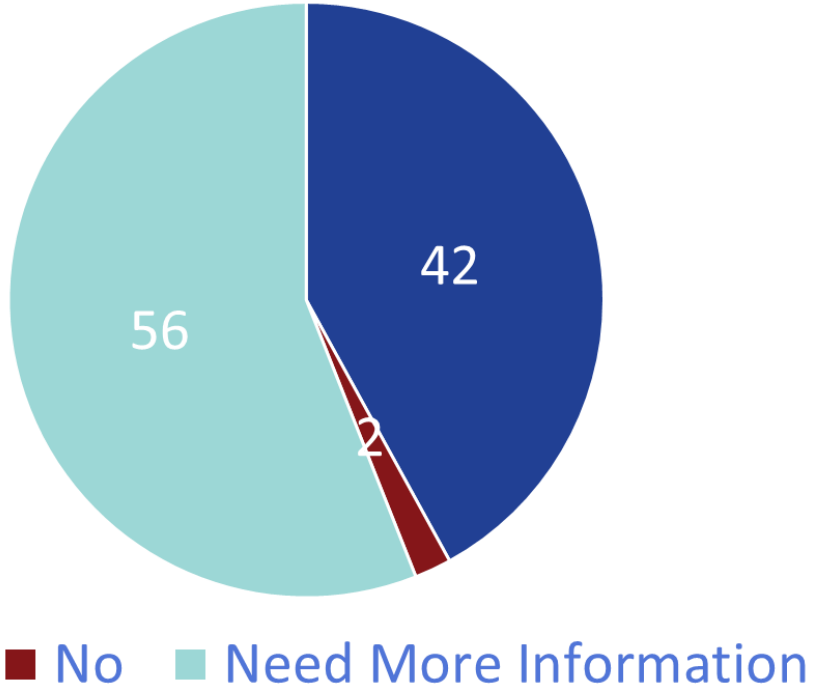
Figure 4: Challenges Faced (Multiple Response Option)



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Community Hospital Responses

Figure 5: Willingness to Participate in Resuscitation Outreach Project (%)



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Transport Team Responses

Figure 6: Frequency of Additional Resusciation Upon Arrival by Transport Team

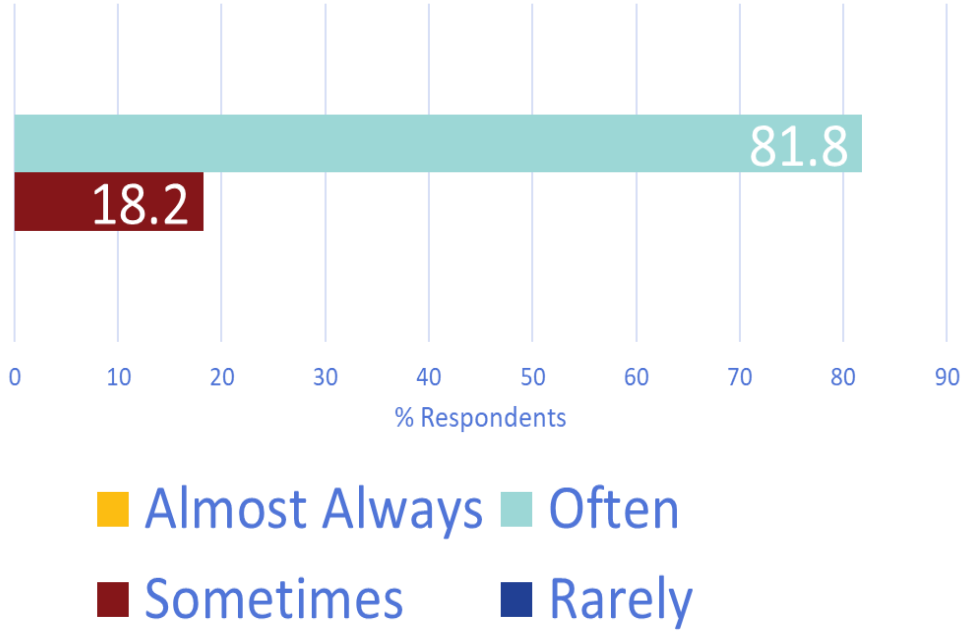
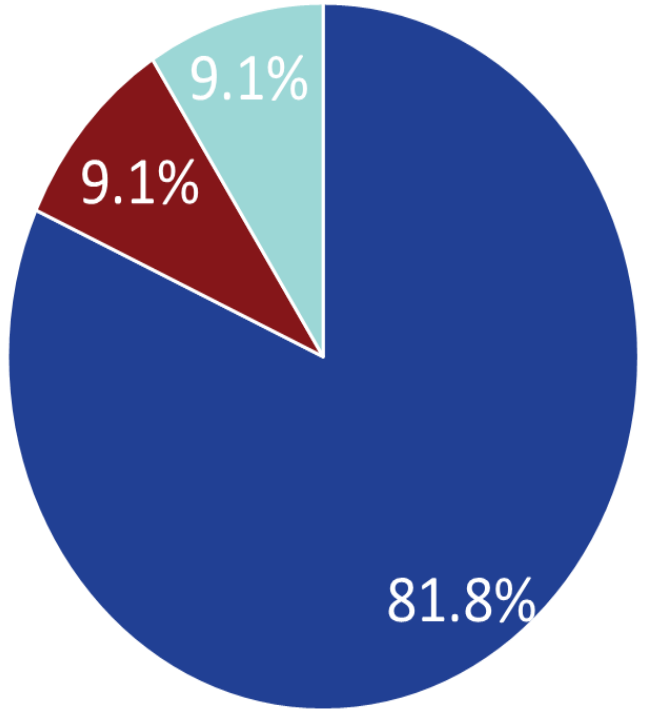


Figure 7: Could Outreach Reduce Transfer to Higher Care?



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Where do we go from here?

- Outreach
- Feedback on transferred newborns
- Tracking of transfers
- LMA support & training
- Apps to aid decision making and call initiation to higher centers
- Simulation
- Tele-resuscitation
- Tele-simulation
- Workshops
- State Level Work Groups

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OPQIC Neonatal Work Group

- OPQIC is adding additional focus groups to concentrate on needs of Perinatal services in Oklahoma

- If you are interested in being part of the OPQIC Neonatal Work Group, please contact:

Sam Levin, MD: Samuel-Levin@ou.edu

Denise Cole, Associate Director of OPQIC: denise@okoha.com

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Oklahoma Neonatal Resuscitation Needs Assessment

Please complete the survey if you did not last year.

Please share with your colleagues at your home institute.

Do not respond if you have already done so.

https://forms.gle/J1yMLV3rShp8TZn86

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Denise Cole, Associate Director of OPQIC:
denise@okoha.com

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Scan the QR Code to Register

26th Annual
Changing Seasons in Neonatology Conference

Nov. 12-13, 2026



Keynote Speaker:
Zachary Vesoulis, MD, MSCI
Neonatologist Assistant Professor of Pediatrics Washington University St. Louis, MO

What is AI and How Will it Change the NICU?

The Promise & Problems of Technology in the NICU

Conference Location
Samis Family Education Center
Oklahoma Children's OU Health
1200 N. Children's Ave.
Oklahoma City, OK 73104

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Changing Seasons in Neonatology | Conference Agenda

Thursday, Nov. 12 Option 1: S.T.A.B.L.E.	
Time	**Topic**
7:50 a.m.	Welcome and Announcements
8:00 a.m.	Introduction to the S.T.A.B.L.E. Program, ARAR Model of Care, and Sugar Module
9:45 a.m.	Break/Refreshments/Vendors
10:00 a.m.	Temperature Module
11:00 a.m.	Airway Module (Part I)
12:00 p.m.	Lunch Provided
12:30 p.m.	Airway Module (Part 2)
2:15 p.m.	Break/Refreshments/Vendors
2:30 p.m.	Blood Pressure Module
3:30 p.m.	Break/Refreshments/Vendors
3:45 p.m.	Lab Work Module
4:30 p.m.	Emotional Support & Quality Improvement
5-5:15 p.m.	Evaluations/Adjournment

Thursday, Nov. 12 Option 2	
Time	**Topic**
7:50 a.m.	Welcome and Announcements
8:00 a.m.	BREATHE SOONER: A Multidisciplinary Approach to Caring for Infants with Severe BPD | Mary Robbins, M.D., Associate Professor of Pediatrics, Director of BPD Program
9:30 a.m.	Zinc Supplementation & Nutritional Support in Infants with Bronchopulmonary Dysplasia | Elissa Williams, MA, RD/LD
10:00 a.m.	Behavioral Signs of Respiratory Insufficiency in Neonatal Population | Carrie Ferguson, PT, MS, CNT
10:30 a.m.	Breaks/Refreshments/Vendors
10:45 a.m.	Poster Presentations
11:00 a.m.	Pediatric Complex Care | Amanda Page, M.D., Associate Professor of Pediatrics, Director of Pediatric Complex Care and Molly Khoury, M.D., Assistant Professor of Pediatrics
12:00 p.m.	Lunch Provided
1:00 p.m.	Pediatric Palliative Care 101 | Blayne Bordwine, MSN, APRN, PCP-AC
2:00 p.m.	Neonatal Resuscitation | Douglas Dannaway, M.D., Professor of Pediatrics, Director of the Fellowship Program
3:00 p.m.	Breaks/Refreshments/Vendors
3:15 p.m.	Poster Presentations
3:30 p.m.	Neonatal Hot Topics
5-5:15 p.m.	Evaluations/Adjournment

Friday, Nov. 13	
Time	**Topic**
7:00 a.m.	Poster Presentations
7:50 a.m.	Welcome and Announcements
8:00 a.m.	What is AI and How Will it Change the NICU | Zachary Vesoulis, M.D., MSCI
9:00 a.m.	Neonatal Nuggets: Proof, Practice and Pearls | Jamie Miller, PharmD, BCPPS, FPPA, FASHP
10:00 a.m.	Break/Refreshments/Vendors
10:15 a.m.	Poster Presentations
10:30 a.m.	The Promise and the Problems of Technology in the NICU | Zachary Vesoulis, M.D., MSCI
11:30 a.m.	Beyond the Numbers: A Systems Approach to NEC Prevention | Part I: Understanding NEC Trends Through Surveillance and Case Review • Hala Chaaban, M.D., Professor of Pediatrics, CMRI Credit Unions for Kids, Endowed Chair for Research • Darren Bodkin, M.D., MBBS, Assistant Professor of Pediatrics • Nagendra Monangi, M.D., FAAP, Associate Professor of Pediatrics, Medical Director, Oklahoma Children's OU Health NICU • Laci Brown, BSN, RN, CCRN, Clinical Nurse Manager, NICU, OU Health
12:30 p.m.	Lunch
1:30 p.m.	Beyond the Numbers: A Systems Approach to NEC Prevention | Part II: Translating Findings into Standardized Prevention Practices
2:30 p.m.	The PDA is Gone – Now What? Acute Cardiovascular Physiology After Transcatheter Closure | Majorie Makoni, M.D., Assistant Professor of Pediatrics
3:30 p.m.	Break/Refreshments/Vendors
3:45 p.m.	Poster Presentations
4:00 p.m.	Neonatal Mystery Case Presentations
5-5:15 p.m.	Evaluations/Adjournment

https://www.ouhealth.com/events-calendar/event-details/?event=44730

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Barbara O’Brien, MS, RN
Director, OPQIC

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OKLAHOMA PERINATAL QUALITY IMPROVEMENT COLLABORATIVE UPDATES

Meet OPQIC's
Newest Team Member!

JILL HUGHES,
MSN, RNC-OB

Program Director,

OK-MAMA



Thank you for helping make the 2026 OPQIC Summit a tremendous success!

- 198 attendees
- 28 Spotlight Hospital Awards Presented

Presentations and Spotlight Awardees can be found at: https://opqic.org/summit2026



THANK YOU TO OUR GOLD SPONSOR: Medtronic

The Midwifery Project

- About the Project
- Resources & Tools
- Awareness & Education
- Online Directory of Midwifery Supported Facilities
- News & Updates



The Midwifery PROJECT

A program of Oklahoma Perinatal Quality Improvement Collaborative

OPQIC Received a Rural Regional Reorientation Award

- Postpartum Support International (PSI) Maternal Mental Health Certification Course
- POST-BIRTH Warning Signs Education and Patient Materials
- Newborn Warning Signs Education and Patient Materials
- AWHONN Obstetric Patient Safety: OB Readiness Workshop Seats
- MamaNatalie Birth Simulators
- Laryngeal Mask Airways (LMAs) for neonatal ventilation
- Phone App that includes a decision aid to assist with identification and screening of infants at-risk for neonatal encephalopathy

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Low-Dose Aspirin in Pregnancy

A QI Initiative in Partnership with

Humana
Healthy Horizons®
in Oklahoma

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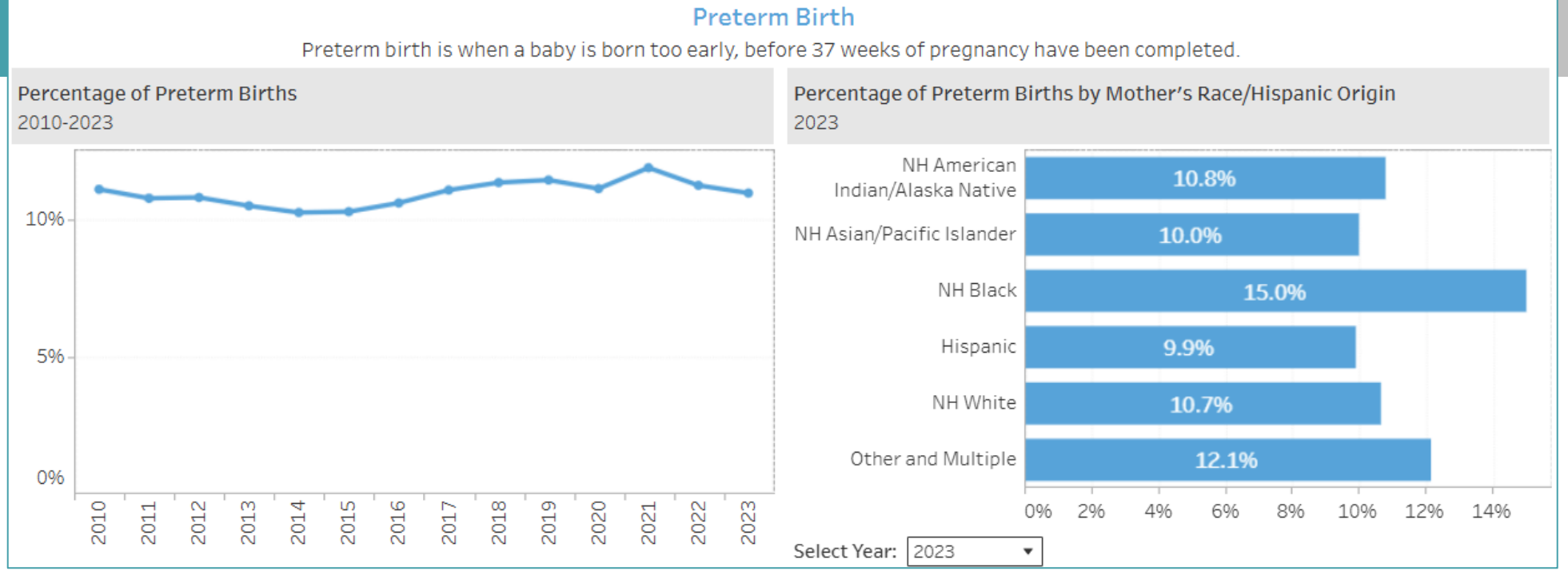
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Background

- An analysis of all US live births from 2016-2024 found age-standardized rates of hypertensive disorders of pregnancy (HDP), including preeclampsia, increased by 74%. Rates were highest among non-Hispanic AI/AN individuals and non-Hispanic Black individuals (Anguzu et al, 2026)
- Low-dose (81mg) aspirin (LDA) is recommended for women who have one high risk factor, or more than one moderate risk factor for preeclampsia (PE). LDA has shown to improve placental blood flow, in return, reducing the risk of developing PE and related birth complications. (USPSTF, 2021)
- High risk factors: chronic hypertension, diabetes, history of PE, autoimmune disease, pregnant with multiples, more than one moderate risk factor.
- Moderate risk factors: nulliparity, BMI 30+, black race, advanced maternal age, family history, low income, IVF, 10+ year pregnancy interval.

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(Anguzu, R., & Palatnik, A. (2026). Trends in Hypertensive Disorders of Pregnancy Rates by Race and Ethnicity in the United States, 2016–2024Obstetrics & Gynecology https://doi.org/10.1097/AOG.0000000000006445)
US Preventive Services Task Force. Aspirin Use to Prevent Preeclampsia and Related Morbidity and Mortality: US Preventive Services Task Force Recommendation Statement. *JAMA.* 2021;326(12):1186–1191. doi:10.1001/jama.2021.14781



- Preeclampsia is closely associated with prematurity – 1 in 5 cases preterm birth are associated with preeclampsia.
- Oklahoma's preterm birth rate has been relatively flat since peaking in 2021. The preterm birth rate was 10.9% in 2024, and preliminary data indicates a rate of 11% for 2025 (OSDH MCH Dashboard 2026)
- Physical, mental and financial burden to families affected by preeclampsia and/or prematurity.

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Oklahoma and Low-Dose Aspirin Campaign

- In 2023, OPQIC received one year's funding from the George Kaiser Family Foundation to increase physician/provider prescribing of LDA to eligible women, improve awareness in care teams (nurses, pharmacists, urgent care), and improve awareness in women of birthing age in Oklahoma.
- In partnership with the Maternal Health Task Force and GKFF, developed a toolkit that was both provider and patient facing to improve aspirin uptake and adherence.
- Delivered presentations to over 30 mixed clinical and public health teams, sent toolkit samples and description of initiative to every OB practice in the state, featured on local media (Fox 25, KOCO) and billboards (Tulsa). Had over 1 million views on social media posts by birthing age Oklahomans.

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Why has our prematurity rate not changed?

- LDA use has increased but still remains low in those with moderate-risk factors. Racial disparities and geographic disparities persist. Urban teaching hospitals had the highest rates of prescribing, rural hospitals had the lowest (Mogos et al., 2026)
- Patient adherence is critical. Women < 90% adherence had higher rates of PE and related complications. Absolute risk reduction of 51% when women >90% adherent, and 70% lower hazard of premature delivery. (Shanmugalingam et al., 2020)
- Other factors related to prematurity include substance use, stress, late access to prenatal care, physical environment, untreated STIs, infections, access to healthy foods.

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Mogos MF, Adkins E, Parmar D, Sommer SB, Gillyard TR, Garrison EA. Trends and Disparities in the Utilization of Low-Dose Aspirin for Pregnancies with Moderate or High-Risk of Preeclampsia: A National Study. J Womens Health (Larchmt). 2026 Mar;35(3):290-298. doi: 10.1177/15409996251405065. Epub 2026 Jan 28. PMID: 41457654.

Shanmugalingam, R., Wang, X., Motum, P., Fulcher, I., Lee, G., Kumar, R., Hennessy, A., & Makris, A. (2020). Clinical influence of nonadherence with prophylactic aspirin in preventing preeclampsia in high-risk pregnancies: A multicenter, prospective, observational cohort study. Hypertension, 75(4). https://doi.org/10.1161/HYPERTENSIONAHA.119.14107

OPQIC and Humana Partnership

Project Goal
Increase awareness and adoption of evidence-based low-dose aspirin prescribing practices among providers and other healthcare professionals serving pregnant Oklahomans through targeted education, clinical outreach, and supporting patient communications.

Humana Healthy Horizons of Oklahoma has generously provided funding to support this initiative statewide.

- Increase low-dose aspirin prescriptions among eligible pregnant women.
- Promote adherence to improve maternal and infant outcomes.
- Reduce rates of preeclampsia, preterm birth and NICU admissions.
- **Expand awareness that low-dose aspirin is available at no cost with a prescription for Humana Healthy Horizons and other Oklahoma Medicaid members.**
- Reduce financial barriers to preventive care amid rising costs.

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Humana
Healthy Horizons®
in Oklahoma

SUCCESS INDICATOR

Turn prescribing into filled prescriptions.

BY OCTOBER 2027

Increase the percentage of pregnant Humana members who fill a prescription for low-dose aspirin during pregnancy.

from baseline.

HOW WE WILL MEASURE IT

Monthly Humana prescription claims data.

Baseline → monthly trend → October 2027

Success = more eligible pregnant Humana members filling prescribed low-dose aspirin.

How can you help?

- Promote OPQIC LDA toolkit to OB clinic spaces to improve adherence. Patient-facing brochures provided for FREE upon request.
- Share March of Dimes Low-Dose Aspirin for Preeclampsia Prevention Implementation Toolkit with providers
- Help us connect to physicians, clinical teams, pharmacists, doulas, CHWs, PRNs to encourage prescribing, adherence and uptake.
- Post on socials for relevant awareness months – Prematurity Awareness (November) and release of March of Dimes Preterm Birth Report Card, American Heart Month (February), Preeclampsia Awareness Month (May) on socials.
- Share available media opportunities with us so we can spread the news about this and other OPQIC initiatives (newsletters, podcasts, journals)
- Contact: Melissa@okoha.com

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OHA We Care, We Vote

TV SPECIAL · COMMERCIAL-FREE

Oklahoma Votes: Conversations with the Candidates

The next governor of Oklahoma will shape the future of our home state for years to come. Before you head to the polls, hear directly from the candidates in in-depth interviews with Mike Mazzei and Cyndi Munson.

Wednesday, Oct. 21 · 6:30 p.m.

Hosted by: Amanda Taylor. **Interviews by:** Haley Hetrick, Oklahoma's Own Capitol Reporter, and Jonathan Cooper, Political Expert.

ADD TO CALENDAR

https://wecarewevoteok.org/#TVspecial

OKLAHOMA BREASTFEEDING RESOURCE CENTER

Becky Mannel, MPH, IBCLC
Clinical Professor and Director
Lactation Division, Dept of OB/GYN
OU Health Campus

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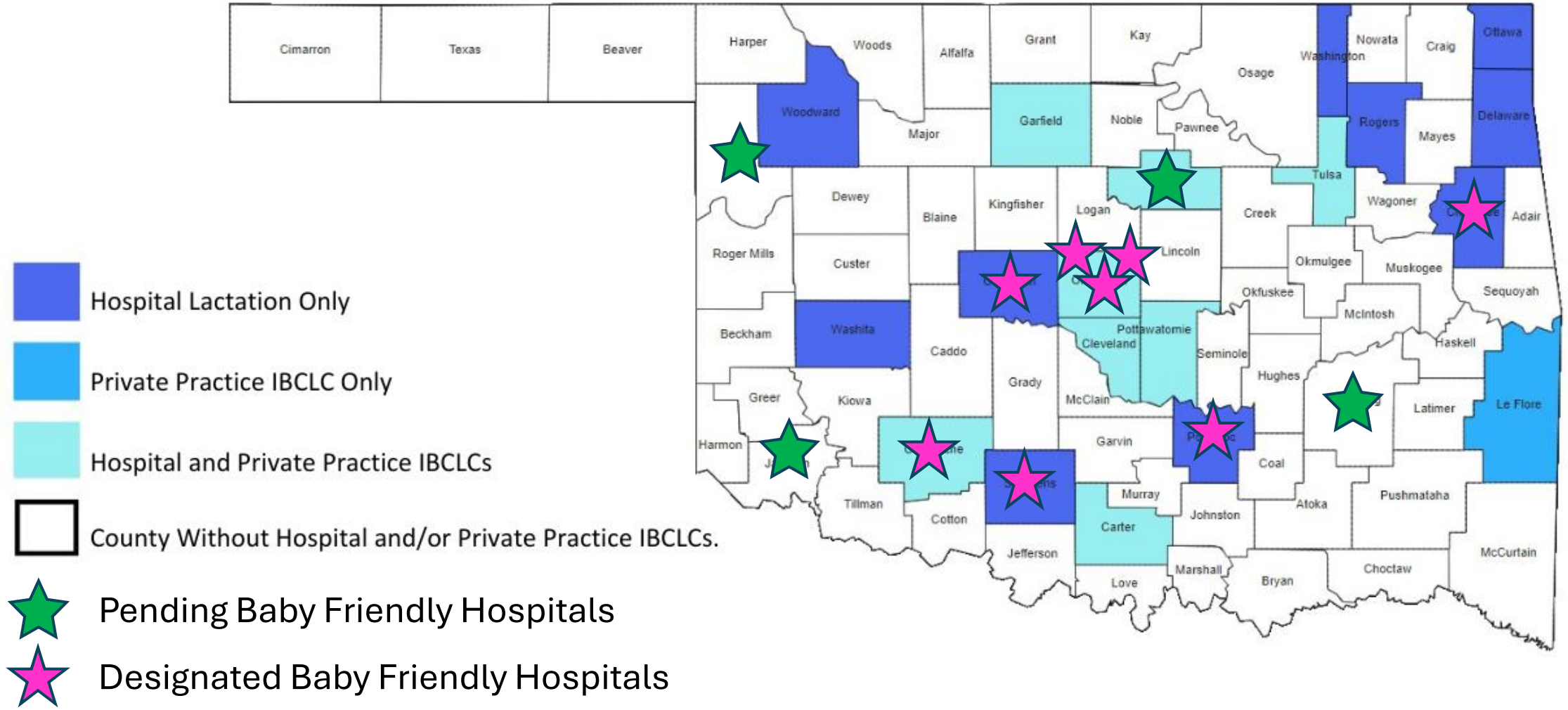
Our Mission:

To improve breastfeeding outcomes through education, advocacy, clinical care and research.

Our Vision:

To promote innovative breastfeeding care in an interdisciplinary environment.

OK Lactation Deserts



Note: Some counties in Oklahoma have Oklahoma Department of Health/ WIC clinics and Indian Tribal Organization WIC offices that may have an IBCLC on staff.

Source: 2025 Oklahoma Lactation Consultant Resource Guide

Free Breastfeeding Services

From the Oklahoma Breastfeeding Resource Center & Hotline



All of our FREE services and more in the app!

Oklahoma Breastfeeding Hotline

Call: 1-877-271-6455 (MILK)
Text: OK2BF to 61222

Breastfeeding Telehealth

Monday - Friday

Virtual Support Groups

English & Spanish

Online Breastfeeding Lesson

English & Spanish

Hotline PreCheck

Hotline's "check in" text around your due date!

breastfeedinghealth.org

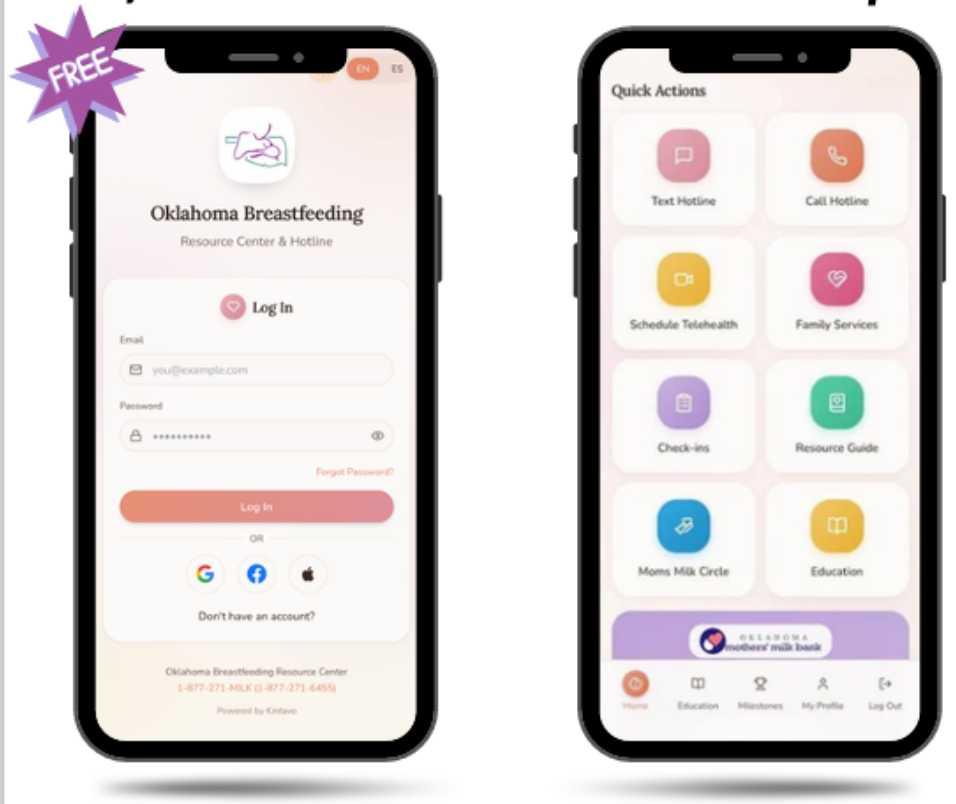
All services are offered by breastfeeding experts, International Board Certified Lactation Consultants.

Oklahoma Breastfeeding Hotline · TSET · OKLAHOMA State Department of Health

Download the OK BF App

From the Oklahoma Breastfeeding Resource Center & Hotline

All of our FREE services and more in one place!



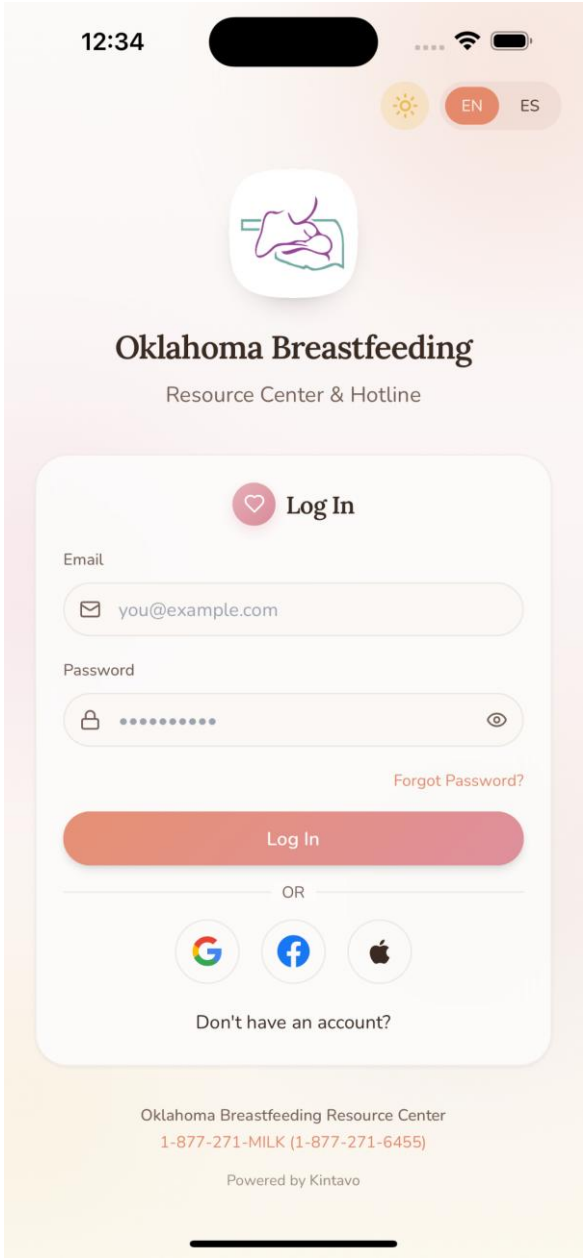
Search "OK BF" in your app store or scan the QR Code

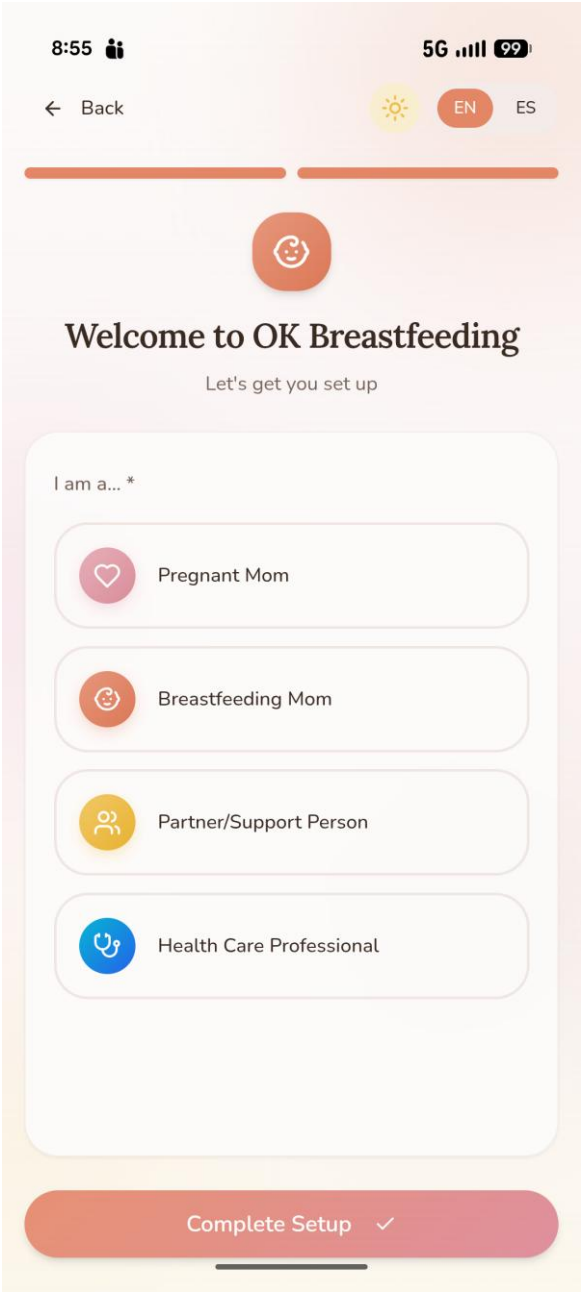
All services are offered by breastfeeding experts, International Board Certified Lactation Consultants.

GET IT ON Google Play · Download on the App Store

OK BF Mobile App

- Can login with a Google account or Facebook account
- Can create account with email address

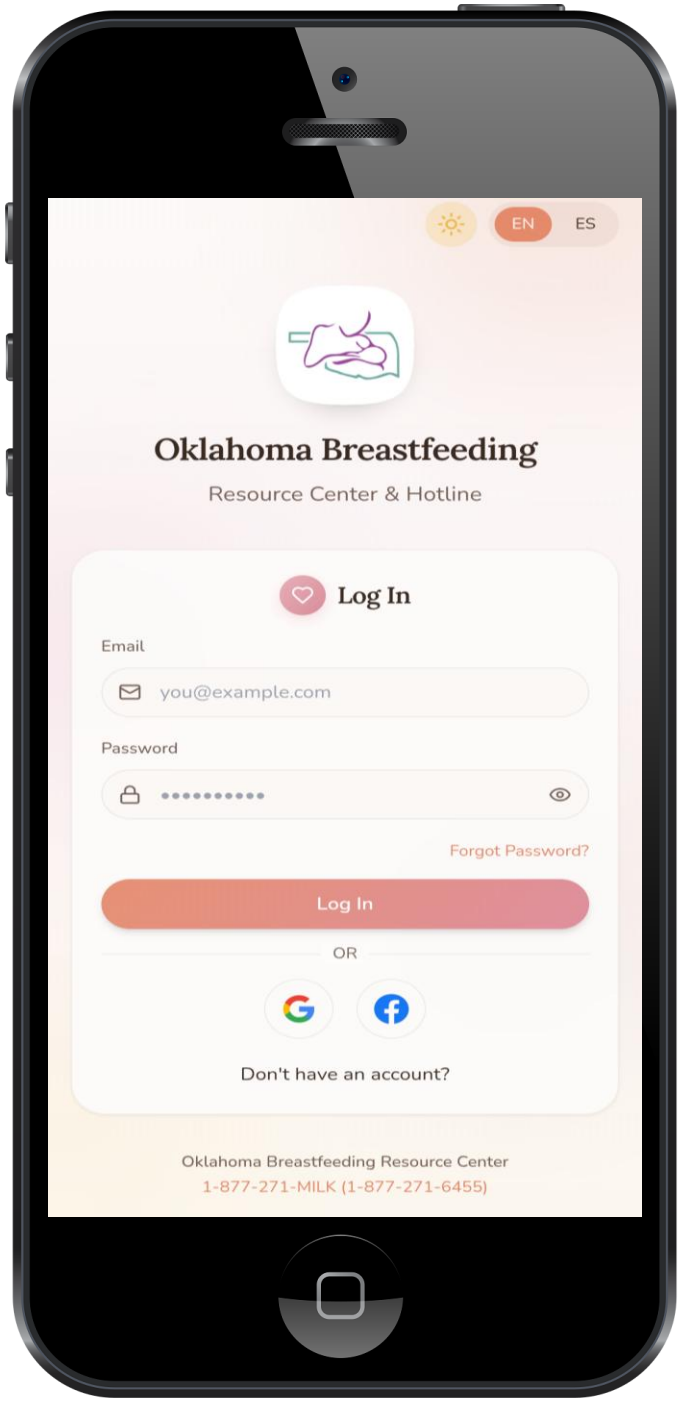


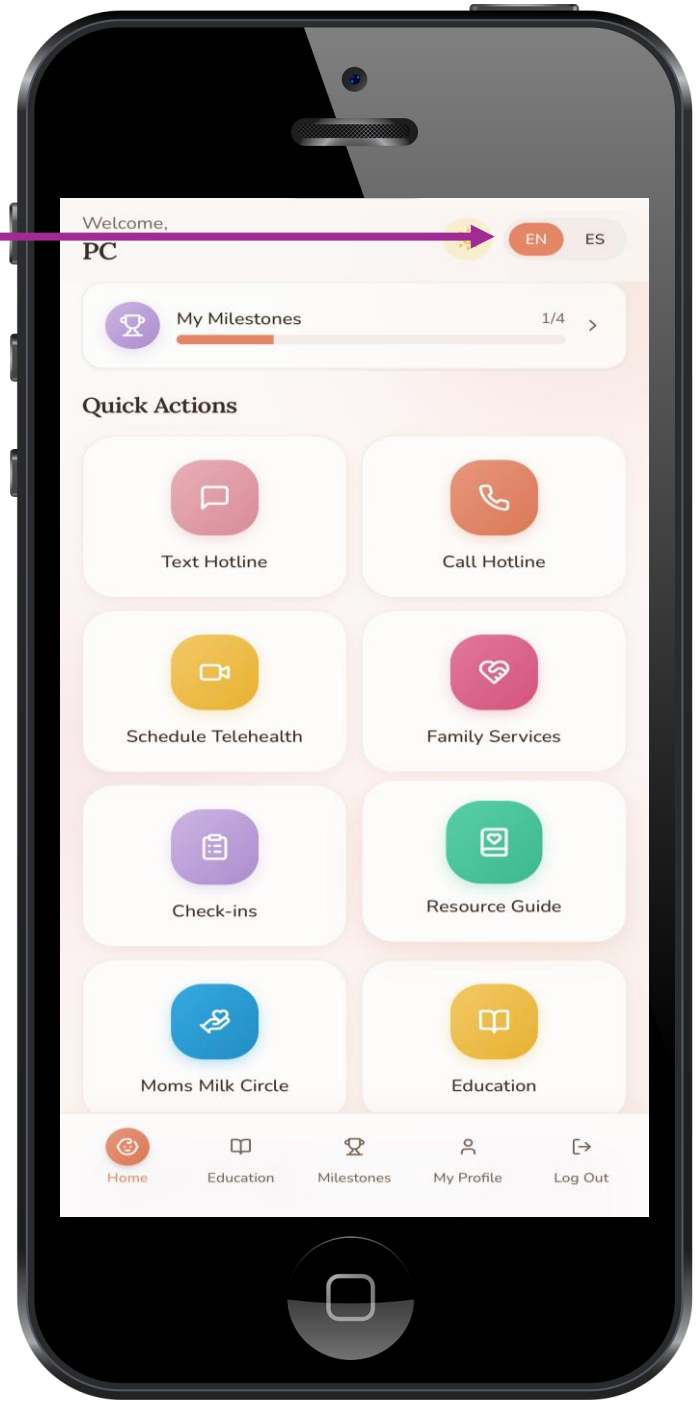


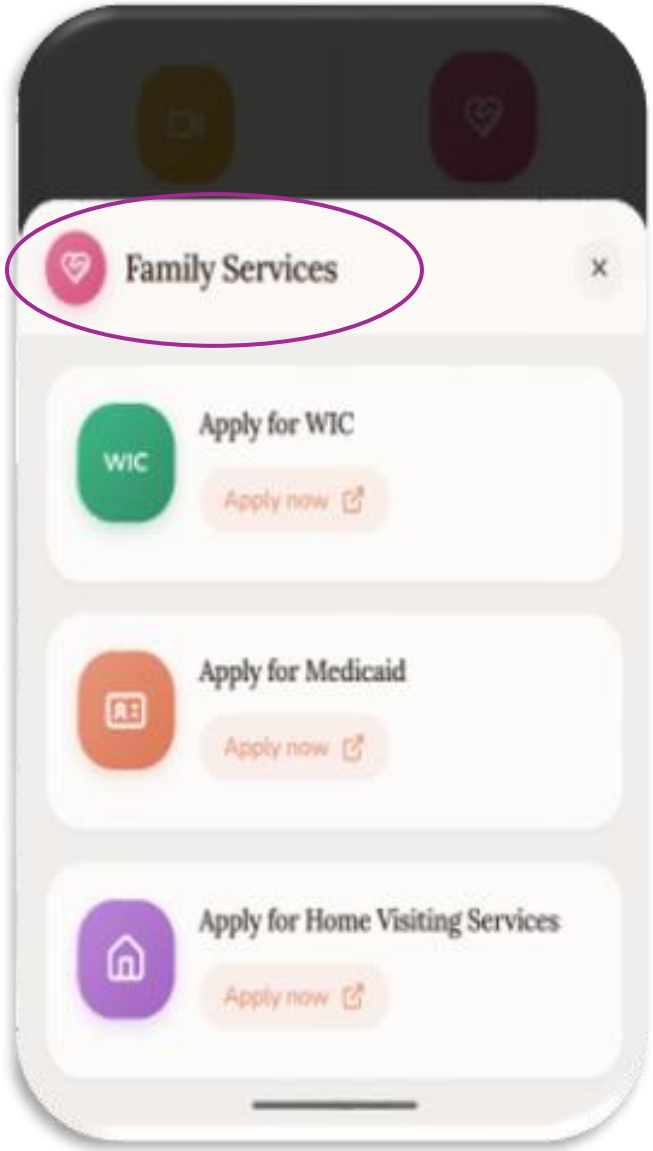
OK BF Mobile App

🌎 Available in English & Spanish

📞 💬 🗓️ Easy access to call, text or schedule a lactation telehealth session

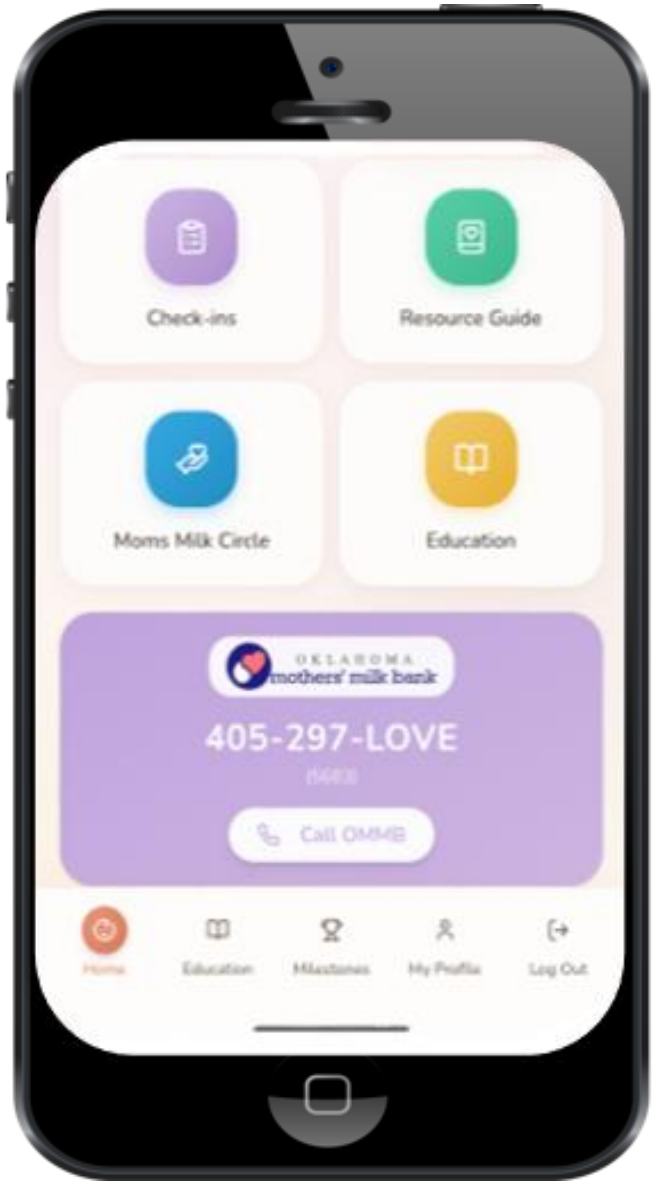






OK BF Mobile App

- Can apply for Medicaid, WIC, and home visiting services
- Resource library with videos, handouts, and breastfeeding education
- Other OK breastfeeding resources included The Lactation Resource Guide & The Oklahoma Mothers' Milk Bank



When Could Families Benefit

Prenatal

- First-time parents
- Breastfeeding education
- High-risk pregnancies
- Families wanting additional preparation

Rural Families

- Delivering at rural INTEGRIS hospitals
- Families returning home long distances
- Limited local lactation services

Early Postpartum

- Waiting for outpatient appointment
- Questions after discharge
- Pain
- Latch concerns
- Milk supply concerns
- Pumping guidance

OKLAHOMA BREASTFEEDING RESOURCE CENTER

Breastfeeding Support Doesn’t End at Discharge

- Maternity care and lactation deserts
- Families often wait days or weeks for outpatient lactation appointments
- Rural families face travel barriers
  - 35% of births in Oklahoma and Tulsa Co. hospitals return home to rural counties
- Many breastfeeding concerns occur within the first few days after discharge

OKLAHOMA BREASTFEEDING RESOURCE CENTER

Supporting Baby Friendly Hospital Initiative Goals

- OBRC currently has funding available through TSET to support rural hospitals interested in pursuing BFHI

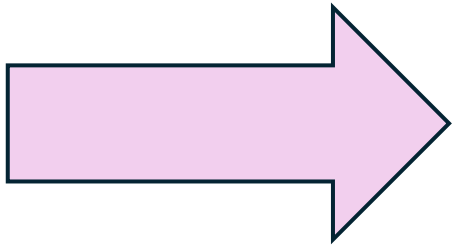
Baby-Friendly USA

OKLAHOMA BREASTFEEDING RESOURCE CENTER

Lactation Resource Guide

We are taking ownership of the former WIC Lactation Resource Guide.

If your facility provides lactation support or care (from an IBCLC), please complete the survey so your information can be included in the updated guide.



OKLAHOMA BREASTFEEDING RESOURCE CENTER

Oklahoma Lactation Resource Guide (by OBRC)

2026 Lactation Resource Guide (by OBRC)

Looking for breastfeeding support in Oklahoma? This guide can help!

Use the filter buttons to search by service type, location, payment method, and more. You can also sort information alphabetically by clicking a table header.

If you offer lactation services in Oklahoma and would like to be included in this guide, or if you need edits to information that is listed, please email OBRC@ouhsc.edu.

This guide is maintained by the Oklahoma Breastfeeding Resource Center with funding from the Oklahoma State Department of Health (OSDH) & OSDH WIC.

2026 Map



Services	Region	Payment	Facility Type	Spanish Speaking	Other Languages	Class/Group Type
Donor Milk	Central	Free	Tribal	Yes	Caddo	In Person Breastfeeding Class
Home Visits	North Central	Medicaid/Soonercare	WIC Clinic		German	In Person Support Group
Inpatient	North East	Private Insurance			Interpreter available	Virtual Breastfeeding Class
Outpatient	South East	Self-Pay				Virtual Support Group
Telehealth	South West					
	State-Wide					

TO SEE CLASS & GROUP INFORMATION,

MAKE YOUR SELECTION

THEN USE THE BAR AT THE BOTTOM OF THE TABLE TO SCROLL TO THE RIGHT.

Facility / Company	IBCLC or Other	Contact Person	Email Address	Scheduling Number	City	Location
Airway Health and Tongue Tie Center of Oklaho...	IBCLC	Carla Sullivan, DMD, IBCLC	info@tonguetieok.com	918-528-9700	Tulsa	3124 E. 71st Street, Ste 130, Tulsa, OK, 7
Array Nutrition & Lactation PLLC	IBCLC	Wendy Wilson, RDN/LD, IBCLC	wendy.wilson@arraynutrition.com	405-215-9248	Oklahoma City	Oklahoma City, OK, 73170
Ascension St. John Jane Phillips			shauna.conn@ascension.org	918-331-1105	Bartlesville	3500 SE Frank Phillips Blvd, Bartlesville,
Ascension St. John Medical Center	IBCLC			918-212-0795	Tulsa	1923 S Utica, Tulsa, OK, 74104
Boundless Bonds Lactation Care LLC	IBCLC	Marissa Foster BS IBCLC	Marissafoster.ibclc@gmail.com	405-223-1340	Norman	Norman, OK, 73071
Caddo Nation Childcare	Other		rwhittle@mycaddonation.com	405-656-6249	Binger	117 Memorial Ln, Binger, OK, 73005
Cherokee Nation WW Hastings Hospital			health@cherokeenationhealth.org	918-458-3100	Tahlequah	100 S. Bliss Ave., Tahlequah, OK, 74464
Chickasaw Nation Medical Center	IBCLC		LactationSupport@chickasaw.net	580-436-6200	Ada	1921 Stonecipher Blvd., Ada, OK, 74820
Chickasaw Nation WIC	IBCLC		laura.robinson@chickasaw.net	580-399-2000	Ada	1001 N. Country Club, Ada, OK, 74820
Choctaw Nation Health Care Center	IBCLC			918-567-7000	Talihina	1 Choctaw Way, Talihina, OK, 74571
Citizen Potawatomi Nation WIC	IBCLC			405-273-3216	Shawnee	1601 S. Gordon Cooper Dr., Shawnee, O
Comprehensive Lactation Consulting	IBCLC	Holly Frantz, WHNP-BC, IBCLC	morethanmilk@yahoo.com	405-863-4461	Norman	, Norman, , OK, 73072
Creek County Health Dept WIC	IBCLC			918-224-5531	Sapulpa	314 E. Dewey Ave, Sapulpa, OK, 74066
Dewbre Pediatric Dentistry	IBCLC	Sarah Bendure, RN, IBCLC	office@dewbrepediatricdentistry.com	405-341-3030	Edmond	169 E. 33rd St., Edmond, OK, 73013
Duncan Regional Hospital	IBCLC			580-251-8830	Duncan	1407 N Whisenant Dr, Duncan, OK, 735
Expression Lactation LLC	IBCLC	Kelsey Schones, APRN, IBCLC	kelseyschones@expressionlactation.com	580-246-4314	Elk City	112 Meadow Ridge Drive, Elk City, OK, 7
Hillcrest Hospital Claremore	IBCLC		cecilia.bates@hillcrest.com	918-342-6762	Claremore	1202 N Muskogee Pl., Claremore, OK, 7
Hillcrest Hospital South				918-294-4250	Tulsa	8801 S 101st E Ave, Tulsa, OK, 74133

OKLAHOMA
mothers' milk bank

Okmilkbank.org

Calls for Milk Donors!



Due to increased demand for

safe, pasteurized

donor human milk,

OMMB needs your help to recruit

more donors!

OBRC Lactation Care Summit



Friday, March 5th, 2027

15TH ANNUAL
OBRC LACTATION CARE SUMMIT

For more info visit
breastfeedinghealth.org

METRO TECHNOLOGY CENTER, SPRINGLAKE CAMPUS
BUSINESS CONFERENCE CENTER
1900 SPRINGLAKE DR.
OKLAHOMA CITY, OKLAHOMA

The BBFOK Summit is an Oklahoma Breastfeeding Resource Center program supported by TSET and the Maternal and Child Health Services Title V Block Grant and the Oklahoma State Department of Health.

Questions or Other Business?

- You may unmute to ask any questions or address any other business items
- If joining on a phone, press *6 to unmute

Future Meetings

Register now to be added to all upcoming OPQIC Quarterly Meetings.

You will be added to a recurring Outlook invite.

Go to https://opqic.org/register

Future Meeting Dates:

- January 19, 2027
- April 20, 2027
- July 20, 2027

5:00pm – 7:00pm


Quarterly Meeting Registration

ELDS

After completion of this registration form, the participant will receive the Zoom meeting information in an email.

Please select the meeting:*

- ◯ April 23, 2024; 5 PM - 7 PM ONLY
- ◯ Please sign me up for all upcoming quarterly meetings (a recurring Outlook meeting invite will be sent)

Participant Name*

First

Last

Participant Email*

Follow Us on Socials!

info@opqic.org