



Perinatal Nursing Boot Camp: Winter 2026

Course Objectives:

This course is designed to provide high quality, cost effective, didactic education to nurses (**both recent graduates and experienced nurses who would like a refresher**) who are **new to the field** of Obstetric and Newborn Nursing. It is intended to augment the hospital clinical orientation to the obstetrical and newborn units.

Basic course content includes pathophysiology, assessment, medical and nursing therapeutics and evaluation of nursing care. A precepted perinatal clinical experience on non-class days is encouraged for the successful application of class content. Competency of knowledge and skills is to be determined by participant's facility.

Classroom Details:

Classes are in a hybrid format (in-person and virtual). We strongly recommend attending in person if you can. The educational experience is enhanced in a group setting. If travel is a barrier to attending, a virtual option is included. **Each day will have a hands-on learning component. Day 5 will ONLY be hands-on learning with no virtual option.**

Links to course materials and WebEx meeting site will be e-mailed to participants attending virtually and their managers the prior week. It will be the hospital's decision whether participants join in person or virtually.

FACULTY: All classes will be taught by clinical experts from the Oklahoma Perinatal Nurses Forum hospitals, Universities, and State Health Department representatives.

Registration:

REGISTRATION FEES: Registration includes instruction, course materials, refreshments and certificate of attendance. **Lunch is on your own.**

- No charge for OPNF member hospital (see list on next page). However, registration is required.
- Non-Member Tuition: \$300 for single participant for the entire course or \$75/day.
- Make check payable to Oklahoma Perinatal Nurses Forum, or pay via PayPal at paypal.me/OPNFTreasurer.

REGISTRATION LINK: <https://opqc.org/opnf/bootcamp-registration/>

Registration Deadline: February 20th, 2026

Location Information:

Dates: February 25th, 26th, 27th (Wed, Thurs, Fri.)
and March 12th (Thurs.)

Location: Oklahoma Hospital Association
4000 N. Lincoln Blvd., OKC, OK 73105



In-Person ONLY: March 13th (Friday)

Location: OU College of Nursing
1100 N. Stonewall Ave., OKC, OK 73117



Perinatal Nursing Boot Camp: Spring 2026

AGENDA:

Times will be sent out the week prior.

Times vary by day

CLASS SCHEDULE: (tentative)

Wednesday, February 25th, 2026

Respectful Maternity Care/TeamBirth

- o Hear Her: Story of Patient Survival
- o Congenital Syphilis
- o Preterm Labor
- o Perinatal Mood Disorders
- o PP Assessment and Patient Education

Thursday, February 26th, 2026

- o Newborn Transition/NRP Basics
- o Thermoregulation/Newborn SUPC
- o Hyperbilirubinemia
- o NB Glucose Regulation
- o Newborn Metabolic Screening
- o Newborn Behavior

Friday, February 27th, 2026

- o OB Emergencies
- o OB Hemorrhage
- o Hypertension
- o Safe Sleep
- o Perinatal Loss
- o Infant Security

Thursday, March 12th, 2026

- o Breastfeeding Basics
- o Intro to EFM

Friday, March 13th, 2026

(In Person Only)

- o Labor Support
- o Hands-on Simulations

OPNF Member Hospitals:

Ascension St. John Jane Phillips
Ascension St. John Medical Center
Ascension Dt. John Owasso
Bailey Medical Center
Cherokee Nation WW Hastings Hospital
Chickasaw Nation Medical Center
Comanche County Memorial Hospital
Duncan Regional Hospital
Great Plains Regional Medical Center
Hillcrest Hospital Claremore
Hillcrest Hospital South
Hillcrest Medical Center
INTEGRIS Health Baptist Medical Center
INTEGRIS Health Canadian Valley Hospital
INTEGRIS Health Edmond Hospital
INTEGRIS Health Enid Hospital
INTEGRIS Health Grove Hospital
INTEGRIS Health Miami Hospital
INTEGRIS Health Southwest Medical Center
INTEGRIS Health Woodward Hospital
Jackson County Memorial Hospital
Lakeside Women's Hospital
McAlester Regional Hospital
Mercy Hospital Ada
Mercy Hospital Ardmore
Mercy Hospital Oklahoma City
Newman Memorial Hospital
Norman Regional Health System
Northeastern Health System
Oklahoma Children's Hospital at OU Health
OSU Medical Center
Saint Francis Hospital
Saint Francis Hospital South
SSM Health St. Anthony Hospital OKC
Stillwater Medical Center
Weatherford Regional Hospital

Contact Information:

OPNF Membership Questions?

Contact Denise@okoha.com

Boot Camp Questions?

Contact Katie@okoha.com