

Vaginal Delivery QBL:

_____ Total Underbuttocks

- _____ Underbuttocks Immediately After Delivery

A = _____

_____ Total Wet Weight

- _____ Total Dry Weight

B = _____

A+B= _____ Total Delivery QBL

Dry Weights: EXAMPLE- Refer to Your Hospital

| | |
|--------------------|------|
| Small lap (4x18) | 7g |
| Med lap (18 x 18) | 19g |
| Large lap (4x36) | 16g |
| Blue towel | 44g |
| White peri-pad | 9g |
| Yellow peri-pad | 65g |
| Green cloth pad | 384g |
| Ice pack | 211g |
| Fitted sheet | 670g |
| Top sheet | 480g |
| Mom blanket | 870g |
| Baby blanket | 164g |
| Adult gown | 330g |
| Towel | 270g |
| Wash cloth | 32g |
| Pink cloth pad | 460g |
| 5 laps and lap bag | 120g |

Conversions: 1g = 1mL 1oz = 30mL

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