

# TeamBirth: What does the data show?

Amber Weiseth, DNP, MSN, RNC-OB





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**BRIGHAM HEALTH**



BRIGHAM AND  
WOMEN'S HOSPITAL



**HARVARD T.H. CHAN**  
SCHOOL OF PUBLIC HEALTH

We are a joint center for  
health systems innovation at  
Brigham & Women's Hospital  
and the Harvard T.H. Chan  
School of Public Health.

We Focus on Systemic  
Breakdowns

## **“Know-Do Gaps”**

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Gaps between what we  
know should be done,  
and what actually  
occurs in our health care  
and public health  
systems.





DELIVERY DECISIONS INITIATIVE

Our vision is a world in which every person can choose to grow their family with dignity.

# Meet the TeamBirth Team



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Associate Director



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Cathy Han  
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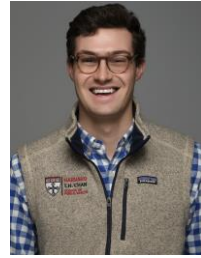
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Project Coordinator



Tyler Fox  
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OPQIC

OKLAHOMA PERINATAL QUALITY  
IMPROVEMENT COLLABORATIVE



Barbara O'Brien



Denise Cole



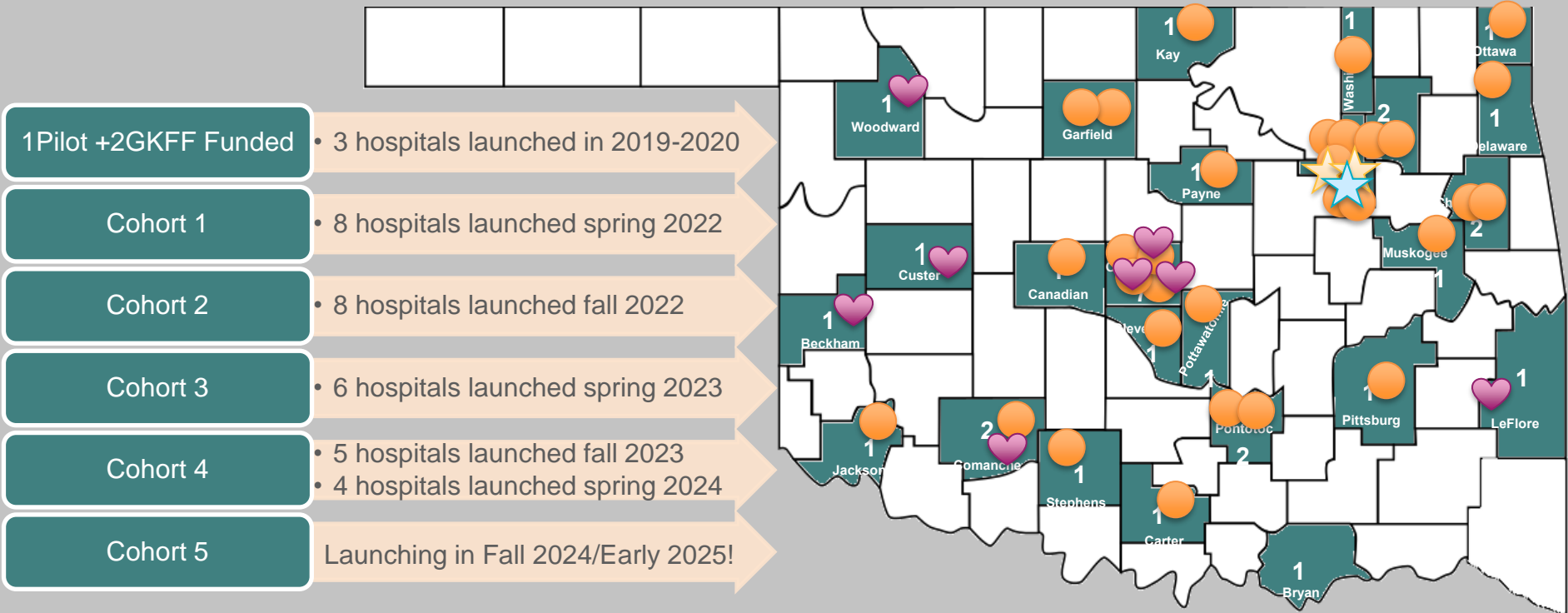
Katie Morgan



Evelyn Radichel



Melissa Warde



1 Pilot + 2 GKFF Funded

• 3 hospitals launched in 2019-2020

Cohort 1

• 8 hospitals launched spring 2022

Cohort 2

• 8 hospitals launched fall 2022

Cohort 3

• 6 hospitals launched spring 2023

Cohort 4

• 5 hospitals launched fall 2023  
• 4 hospitals launched spring 2024

Cohort 5

Launching in Fall 2024/Early 2025!

**Total Oklahoma Birthing Hospitals as of July 2024 = 43**

**Original TeamBirth Pilot Hospital = 1**

**George Kaiser Family Foundation Funded = 2**

**HRSA SMHIP Funded through Oklahoma State Department of Health - Launched = 31**

**HRSA SMHIP Funded through Oklahoma State Department of Health – Launching in 2024 = 8**

# TeamBirth Launches





# TeamBirth Launches



# Cohort 1

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1. Ascension St. John Medical Center, Tulsa
2. Bailey Medical Center
3. Hillcrest Hospital Claremore
4. Hillcrest Hospital South
5. Mercy Hospital OKC
6. Saint Francis Muskogee
7. Saint Francis South
8. Saint Francis Hospital
9. St. Mary's Regional Medical Center, Enid

# Cohort 2

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1. Ascension St. John -Jane Phillips
2. Ascension St. John Owasso
3. INTEGRIS Health Baptist Medical Center
4. INTEGRIS Health Enid Hospital
5. INTEGRIS Health Canadian Valley Hospital
6. INTEGRIS Health Edmond Hospital
7. INTEGRIS Health Miami Hospital
8. McAlester Regional Medical Center

# Cohort 3

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1. Cherokee Nation - W.W. Hastings
2. Chickasaw Nation
3. Mercy Hospital Ardmore
4. Norman Regional Medical Center
5. SSM St. Anthony OKC
6. SSM St. Anthony Shawnee
7. Stillwater Medical Center

# Cohort 4

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1. Comanche County Memorial Hospital
2. Duncan Regional Hospital
3. INTEGRIS Health Grove Hospital
4. INTEGRIS Health Ponca City Hospital
5. Jackson County Hospital
6. Mercy Hospital Ada
7. Northeastern Health System
8. Oklahoma Children's Hospital

# Cohort 5

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1. Claremore Indian Hospital
2. Choctaw Nation Health Care Center
3. Great Plains Regional Medical Center
4. INTEGRIS Health Southwest Medical Center
5. INTEGRIS Health Woodward Hospital
6. Lakeside Women's Hospital
7. Southwestern Medical Center
8. Weatherford Regional Hospital

# TeamBirth Background and Overview



80–90%

of reported sentinel events are due  
to failures of communication  
and teamwork.



# The TeamBirth solution embodies two design principles:

## TEAMWORK:

Promote psychological safety and shared decision-making with the birthing person

## SIMPLICITY:

Reliably communicate information across the full care team, including the birthing person

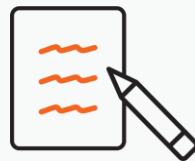
## TeamBirth's components promote *four key behaviors*:



Promoting the role of each team member



Eliciting patient preferences



Distinguishing plan for patient, baby, and labor progress\*



Set shared expectations for the timing of the next huddle

\* Labor progress refers to the laboring uterus and cervix. Plans for progress should also be discussed in postpartum and newborn huddles.

# TeamBirth **Core** Components

Critical to successful delivery of TeamBirth across the maternal health continuum

## 1. STRUCTURED TEAM HUDDLES

Structured conversations that includes the birthing person and their support people



## 2. SHARED PLANNING TOOL

Visual tool that structures communication and provides space to document discussions during huddles



# Shared Planning Board Example: Norman Regional Health System



## Labor Delivery Planning Board

Welcome: \_\_\_\_\_ Date: \_\_\_\_\_ Room #: \_\_\_\_\_

**Team**

\_\_\_\_\_

**Preferences**

\_\_\_\_\_

**Plan**

Mom: \_\_\_\_\_

Baby: \_\_\_\_\_

Labor Progress: \_\_\_\_\_

Next Huddle: \_\_\_\_\_

\_\_\_\_\_ →

Early Labor      Active Labor      Pushing

**Notes**

\_\_\_\_\_

**Important Numbers**

Emergency: Dial 88 | Free WiFi: Guest@NRHS

**Photography Policy**

Thank you in advance for not video or audio taping with still cameras, video cameras, or cell phones during labor and delivery. You may video and take pictures as soon as the baby is born at the discretion of your physician and labor/nursery nurses.

# TeamBirth Research



## OK Patient Survey Overview (cohort 1-4 combined)

6,528

total surveys  
completed

9/8/2022

starting date

22

months of data  
collection

6/30/2024

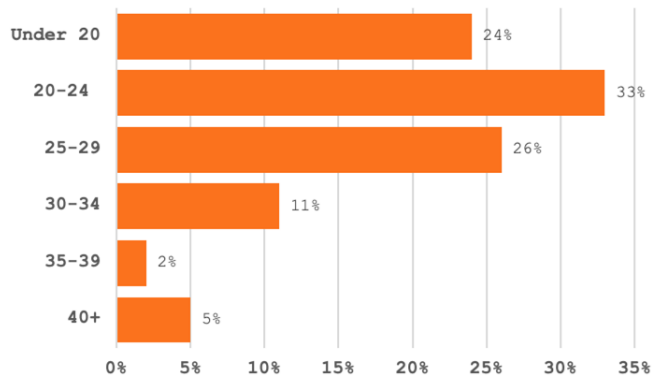
ending date



32 Hospitals across Oklahoma  
implemented TeamBirth

# Patient Survey Demographics

## Age



## Race & Ethnicity

White	57%
Hispanic	18%
AIAN	8%
Multiracial	8%
Black	6%
Asian	3%
Native Hawaiian/Other Pacific Islander	1%

## Education

- High school graduate
- Some college
- College degree
- Postgraduate degree (e.g. Masters, MD, PhD, JD)



## Insurance Status

36% Private  
47% Medicaid  
5% Other  
12% Multiple forms

## Mode of Delivery

70% Vaginal delivery  
30% Cesarean delivery

## First Baby

39% Yes  
61% No

## Induction

58% Yes  
42% No

## Experienced Complications

88% No  
12% Yes

# Patient Survey Demographics (with the n's)

## Education n(%)

High school or less	2,039 (37%)
Some college	1,381 (25%)
College degree	1,546 (28%)
Postgraduate degree	538 (10%)

## Insurance n(%)

Private	2,002 (36%)
Medicaid	2,612 (47%)
Other government program	300 (5%)
Multiple forms	670 (12%)
No coverage	30 (1%)

## First Baby n(%)

No	3,473 (61%)
Yes	2,190 (39%)

## Delivery Method n(%)

Vaginal	3,915 (70%)
Cesarean	1,702 (30%)

## Race/Ethnicity\* n(%)

Hispanic	983 (18%)
NH American Indian/Alaska Native	440 (8%)
NH Asian	148 (3%)
NH Black/African American	341 (6%)
NH Multiracial	458 (8%)
NH Native Hawaiian/Other Pacific Islander	36 (1%)
NH White	3,166 (57%)

## Experienced Complications n(%)

No	4,998 (88%)
Yes	708 (12%)

## Induced n(%)

No	2,287 (42%)
Yes	3,216 (58%)

### Mean HCRTS-R and MADM scores by receipt of a TeamBirth huddle during labor

Receipt of a Huddle	Health Care Relationship Trust Scale (HCRTS-R) <sup>a</sup>			Mothers Autonomy in Decision Making (MADM) <sup>b</sup>		
	<i>M</i>	<i>SD</i>	95% <i>CI</i>	<i>M</i>	<i>SD</i>	95% <i>CI</i>
Yes	50.13	3.88	[50.02, 50.24]	38.03	6.35	[37.85, 38.21]
No	48.02	6.65	[47.64, 48.41]	35.26	7.31	[34.85, 35.68]

Note. *M* = Mean, *SD* = Standard Deviation, *CI* = confidence interval

<sup>a</sup>A two-sample t-test was used to compare mean HCRTS-R scores by receipt of a huddle during labor ( $t(5,951) = -14.02, p < .001$ ). Summary HCRTS-R scores range from 0-52.

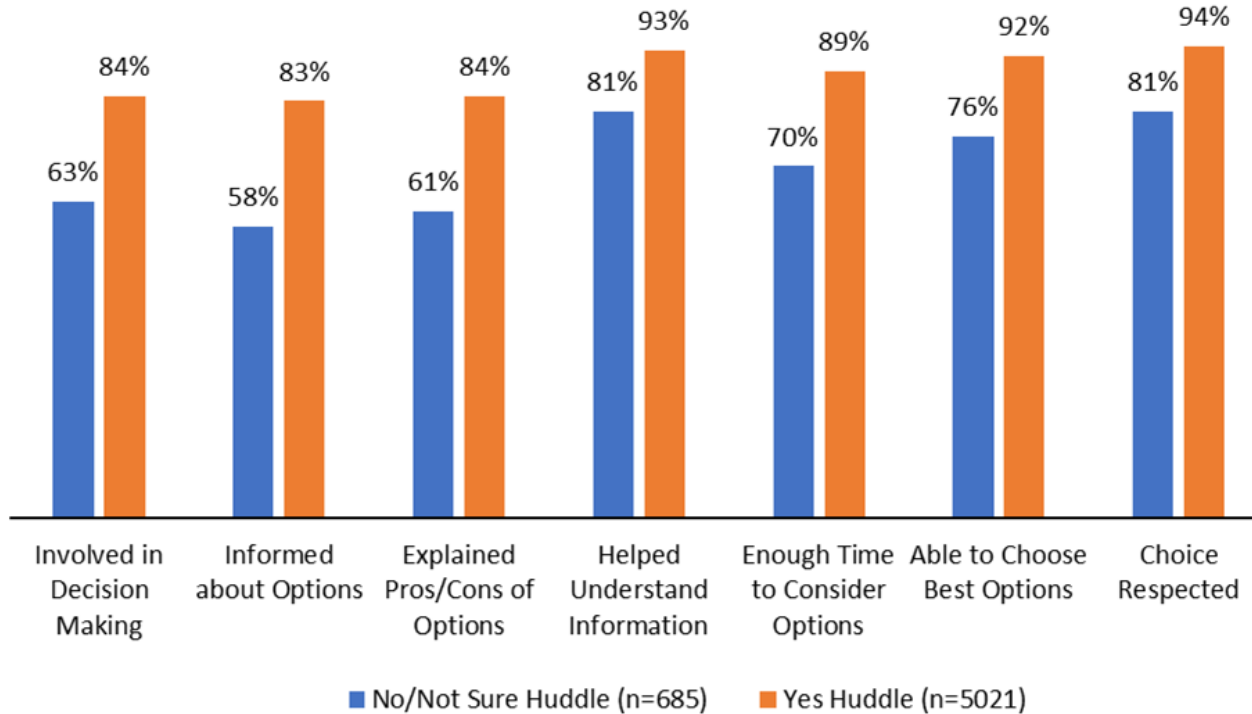
<sup>b</sup>A two-sample t-test was used to compare mean MADM scores by receipt of a huddle during labor ( $t(6,042) = -13.12, p < .001$ ). Summary MADM scores range from 6-42.



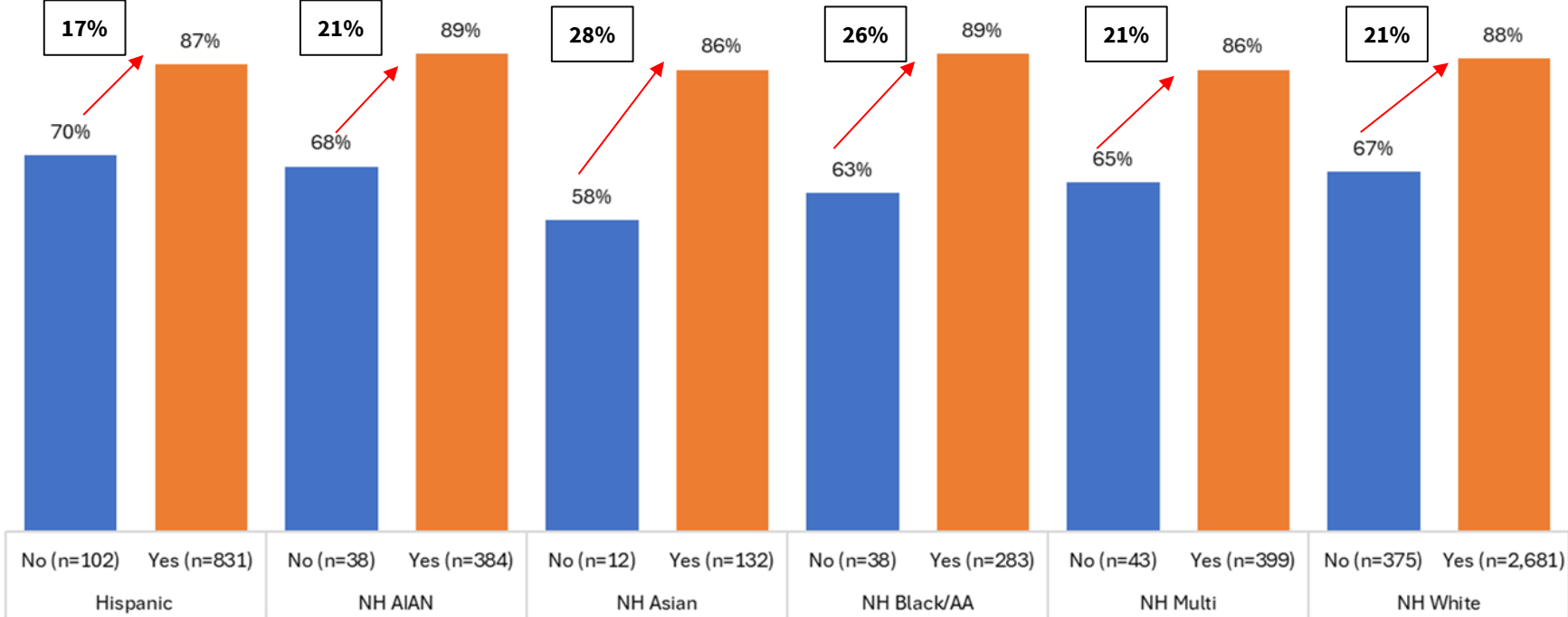
# Oklahoma TeamBirth Research: **Mother's Autonomy in Decision Making**

"This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award to the Oklahoma State Department of Health. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the U.S. Government. For more information, please visit [HRSA.gov](https://www.hrsa.gov)"

## MADM Items 1-7: Percent Strongly or Completely Agree by Huddle Status



# MADM: Patients in “High Autonomy” Quartile by Labor Huddle Status & Race/Ethnicity



\*NH = Non Hispanic

\*Caution when interpreting data for NH Asians due to the small sample size (fewer than 30), which may result in unstable percentages.

### Summary of Mean MADM Score Differences Within Race/Ethnicity Groups

Race/Ethnicity Group	Unadjusted					Adjusted <sup>a</sup>				
	<i>M</i> (Exp)	<i>b</i>	<i>SE</i>	<i>p</i> <sup>b</sup>	95% <i>CI</i>	<i>M</i> (Exp)	<i>b</i>	<i>SE</i>	<i>p</i> <sup>b</sup>	95% <i>CI</i>
NH White	38.31	3.11	.28	<.001	[2.57, 3.66]	38.27	<b>2.96</b>	<b>.33</b>	<b>&lt;.001</b>	[2.27, 3.64]
Hispanic	37.48	1.34	.51	.009	[-.34, 2.34]	37.69	1.45	.60	.02	[-.21, 2.69]
NH AIAN	38.28	3.14	.78	<.001	[1.62, 4.66]	38.25	<b>2.96</b>	<b>.98</b>	<b>.006</b>	[-.95, 4.97]
NH Multiracial	37.77	2.53	.76	.001	[1.03, 4.03]	37.58	1.69	.77	.04	[-.12, 3.27]
NH Black	37.85	2.27	.88	.01	[-.53, 4.00]	37.84	2.31	1.15	.06	[-0.06, 4.68]
NH Asian <sup>c</sup>	37.73	4.18	1.50	.005	[1.24, 7.12]					
NH Native Hawaiian <sup>c</sup>	35.73	1.11	2.59	.67	[-3.97, 6.19]					

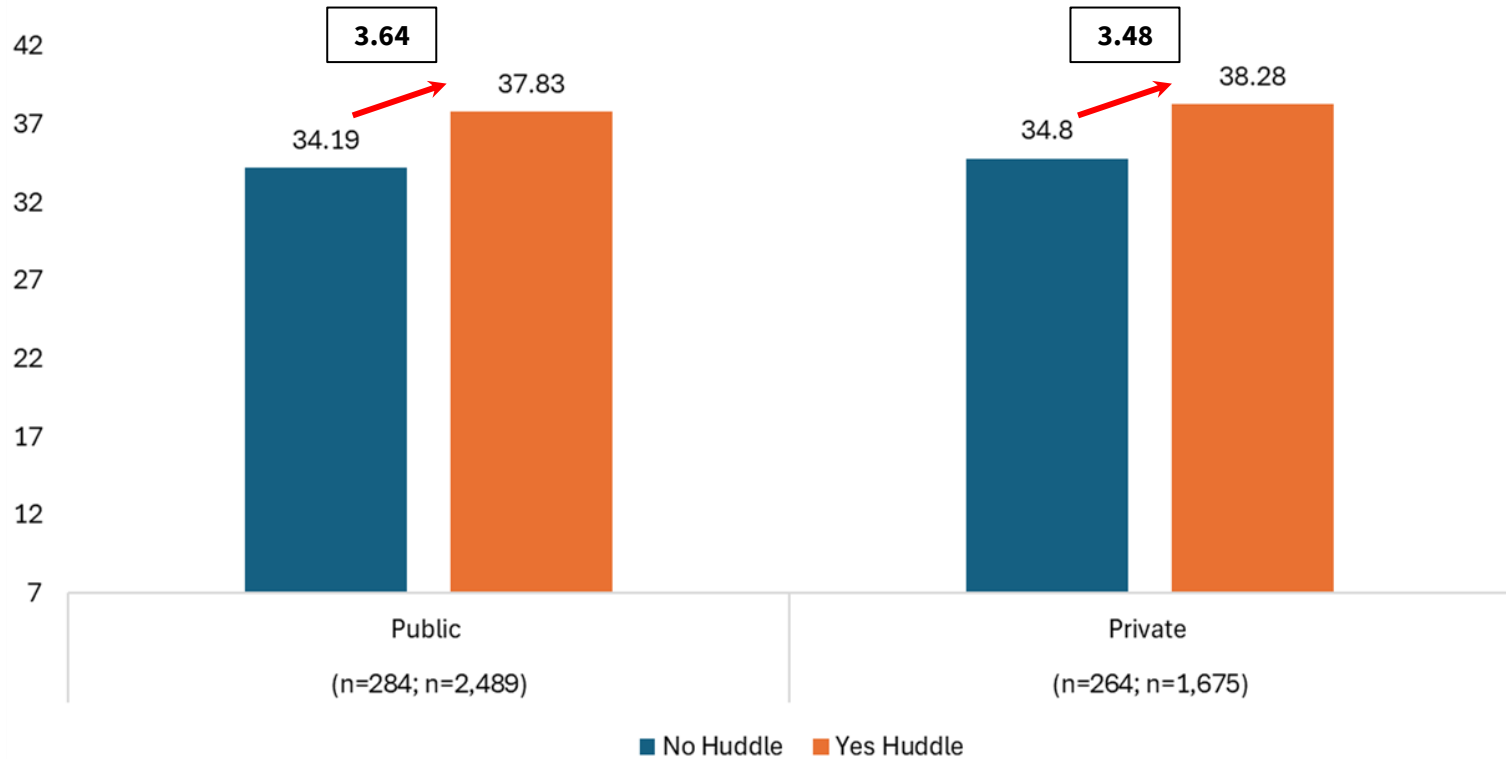
Note. *M*(Exp)= Mean score of the exposed group, *b*= Regression Coefficient, *SE*= Standard Error, *CI*= Confidence Interval

<sup>a</sup> Adjusted for site, patient-reported age, educational attainment, health insurance, parity, delivery method, induction status, medical complications, length of time on the labor and delivery floor, miles traveled to the hospital, and the location of the hospital.

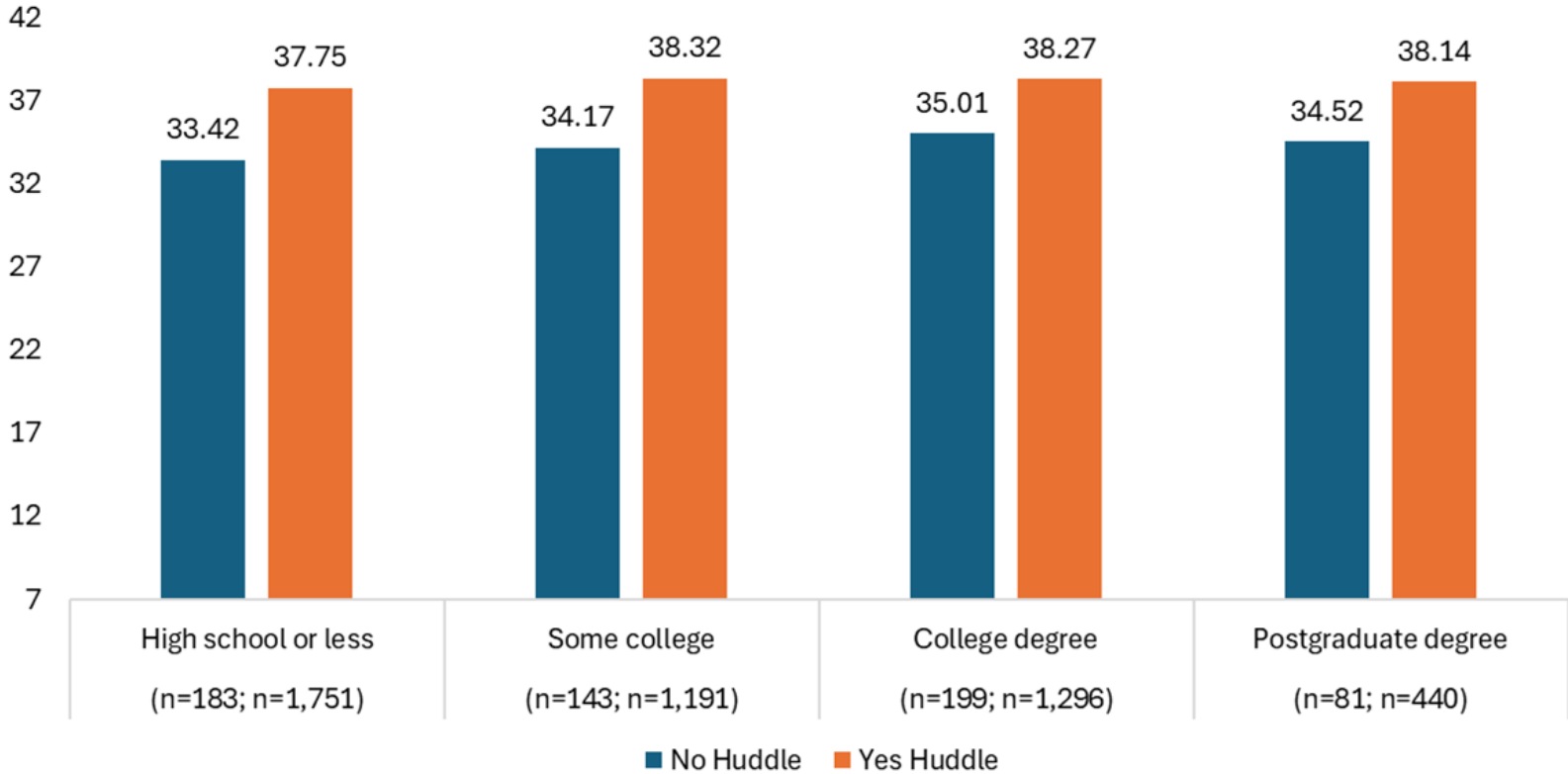
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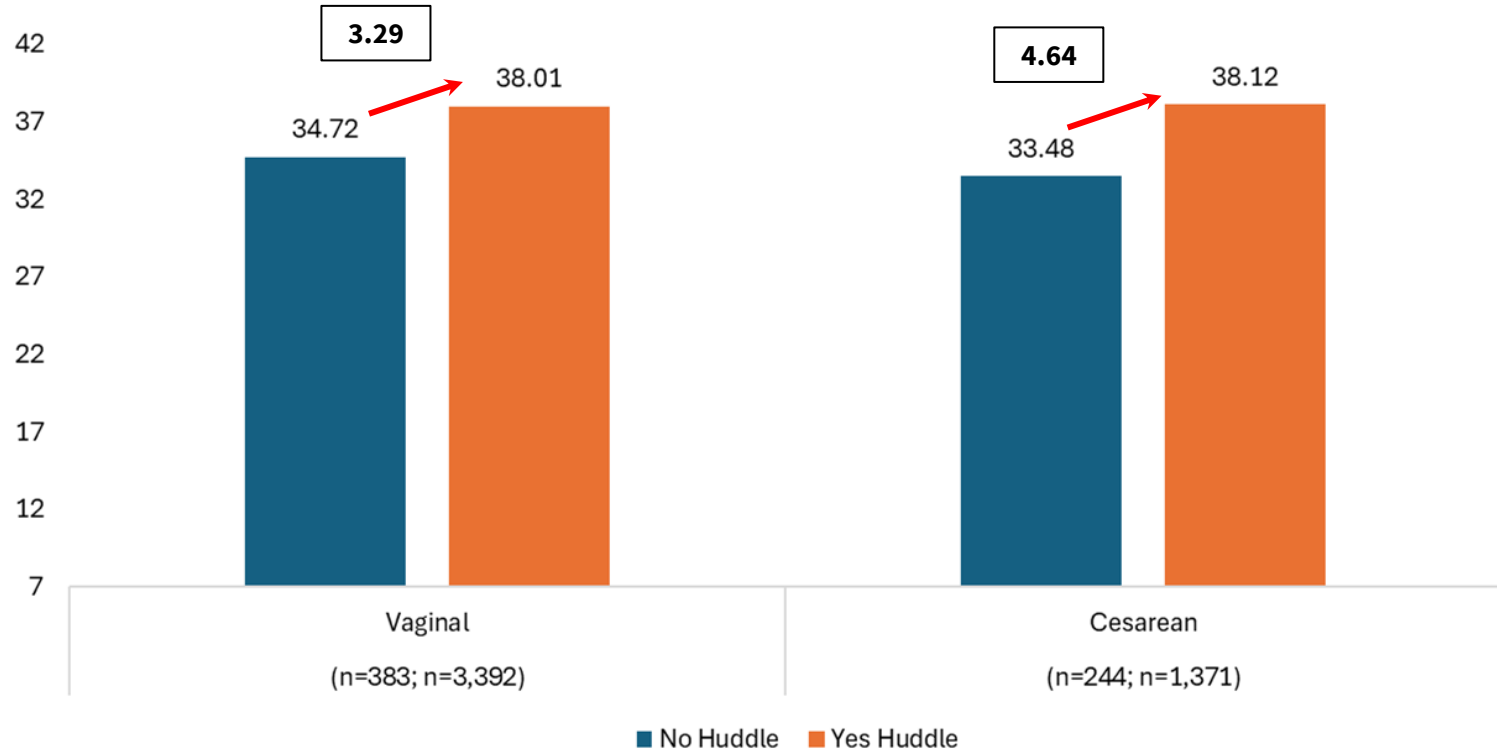
## Mean MADM Score (7-42) by Labor Huddle Status & Insurance Type



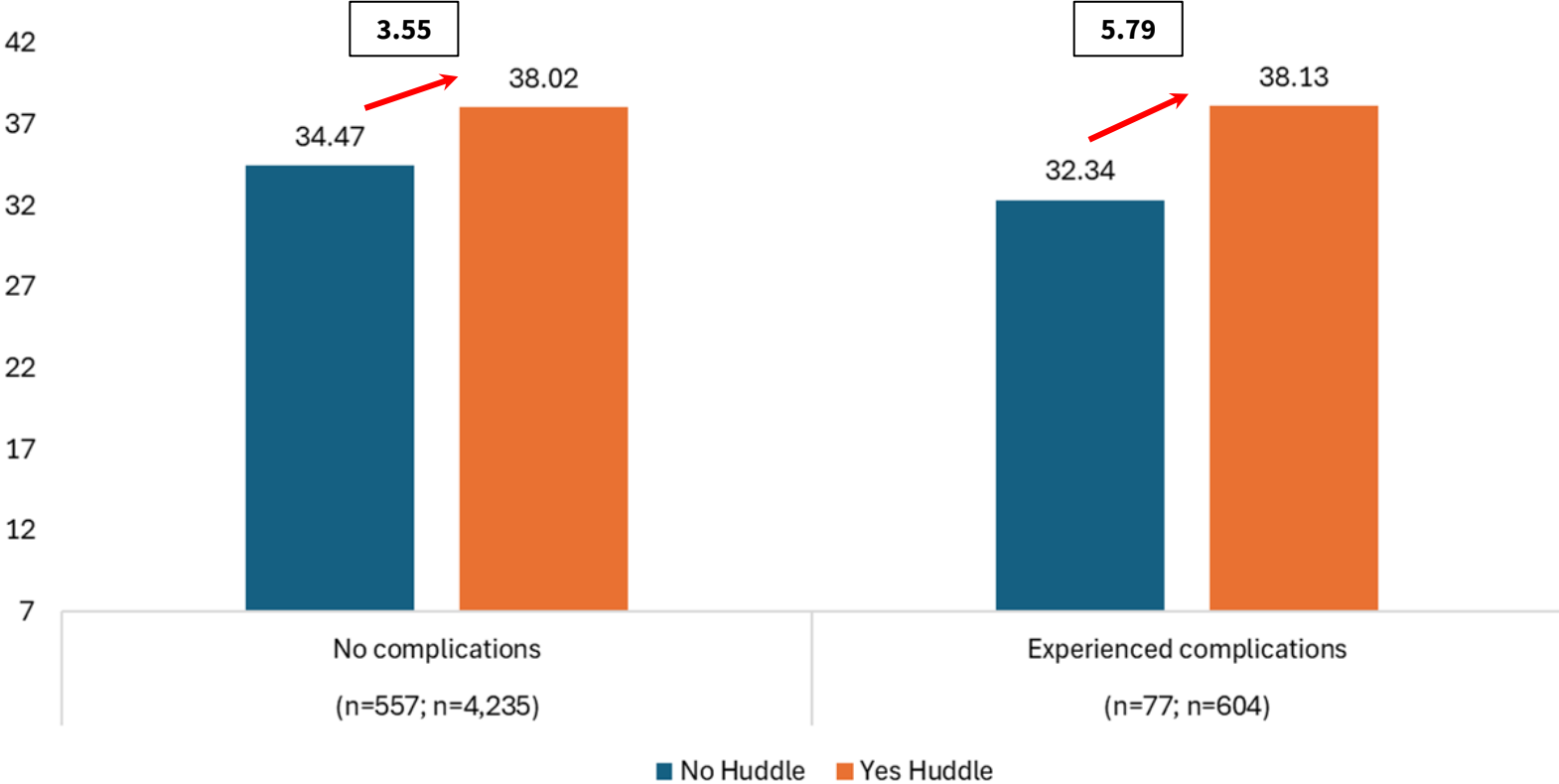
# Mean MADM Score (7-42) by Labor Huddle Status & Education Level



## Mean MADM Score (7-42) by Labor Huddle Status & Delivery Type



# Mean MADM Score (7-42) by Labor Huddle Status & Experience of Complications





# Oklahoma TeamBirth Research: **Trust Items (Health Care Relationship Trust Scale-Revised)**

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### Mean HCRTS-R and MADM scores by receipt of a TeamBirth huddle during labor

Receipt of a Huddle	Health Care Relationship Trust Scale (HCRTS-R) <sup>a</sup>			Mothers Autonomy in Decision Making (MADM) <sup>b</sup>		
	<i>M</i>	<i>SD</i>	95% <i>CI</i>	<i>M</i>	<i>SD</i>	95% <i>CI</i>
Yes	50.13	3.88	[50.02, 50.24]	38.03	6.35	[37.85, 38.21]
No	48.02	6.65	[47.64, 48.41]	35.26	7.31	[34.85, 35.68]

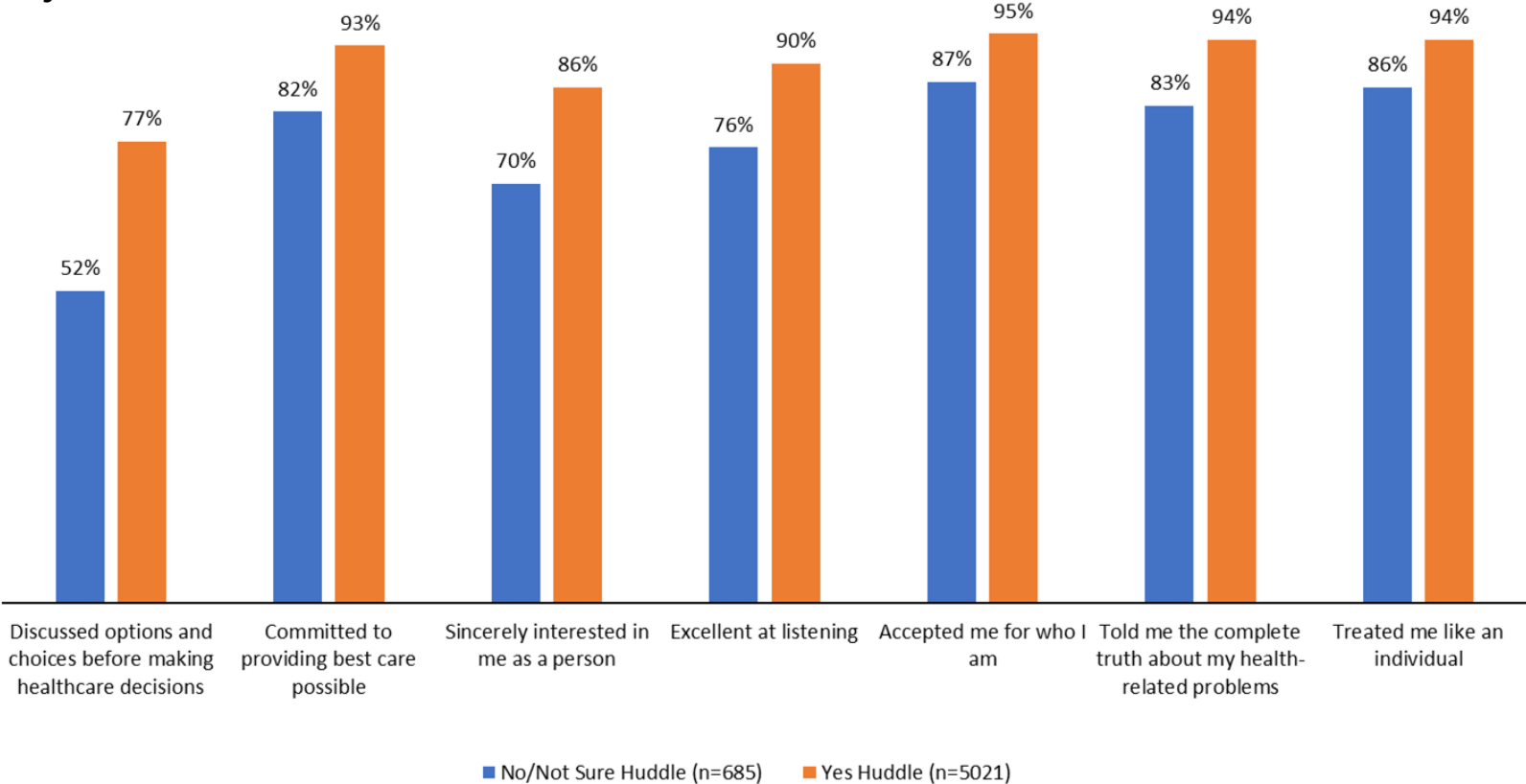
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<sup>a</sup>A two-sample t-test was used to compare mean HCRTS-R scores by receipt of a huddle during labor ( $t(5,951) = -14.02, p = <.001$ ). Summary HCRTS-R scores range from 0-52.

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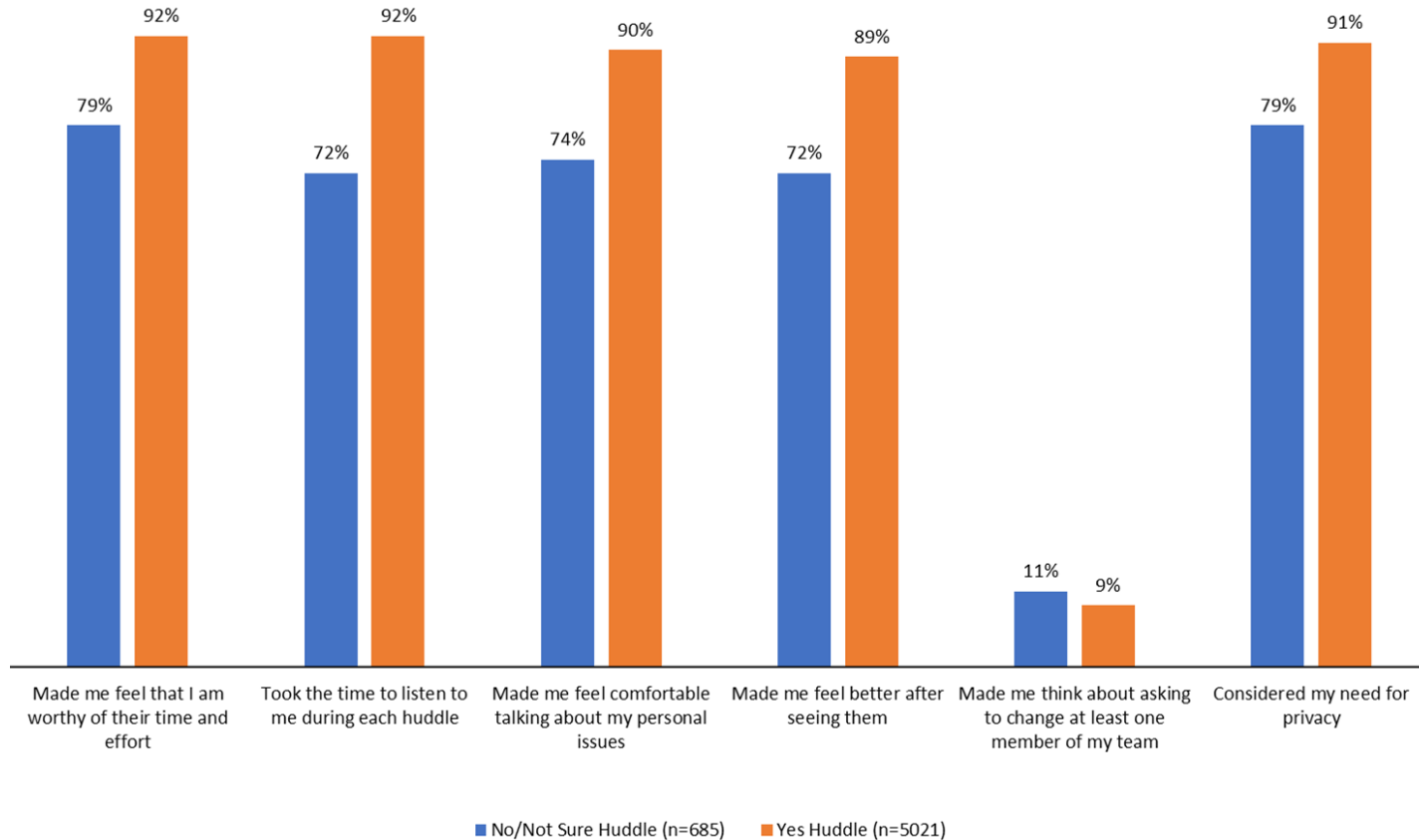
# HCRST-R Items 1-7: Percent “All the Time” Responses by Huddle Status

*My clinical team...*



## HCRST-R Items 8-13: Percent “All the Time” Responses by Huddle Status

*My clinical team...*



### Summary of mean HCRTS-R score differences by race and ethnicity

Race/Ethnicity Group	Unadjusted					Adjusted <sup>a</sup>				
	<i>M</i> (Exp)	<i>b</i>	<i>SE</i>	<i>p</i> <sup>b</sup>	95% <i>CI</i>	<i>M</i> (Exp)	<i>b</i>	<i>SE</i>	<i>p</i> <sup>b</sup>	95% <i>CI</i>
NH White	50.37	2.32	.19	<.001	[1.94, 2.70]	50.42	1.98	.21	<.001	[1.55, 2.42]
Hispanic	49.90	.72	.36	.05	[-.01, 1.43]	50.37	.92	.38	.02	[-.14, 1.70]
NH AIAN	50.12	2.36	.55	<.001	[1.28, 3.45]	50.10	1.95	.97	.06	[-.05, 3.95]
NH Multiracial	49.98	2.29	.53	<.001	[1.26, 3.32]	50.06	1.92	.82	.03	[-.24, 3.59]
NH Black	49.88	2.65	.61	<.001	[1.46, 3.85]	50.00	<b>2.02</b>	<b>.55</b>	<b>.001</b>	[.89, 3.15]
NH Asian <sup>c</sup>	48.91	1.38	1.01	.17	[-.60, 3.36]					
NH Native Hawaiian <sup>c</sup>	49.92	5.78	1.91	.002	[2.04, 9.51]					

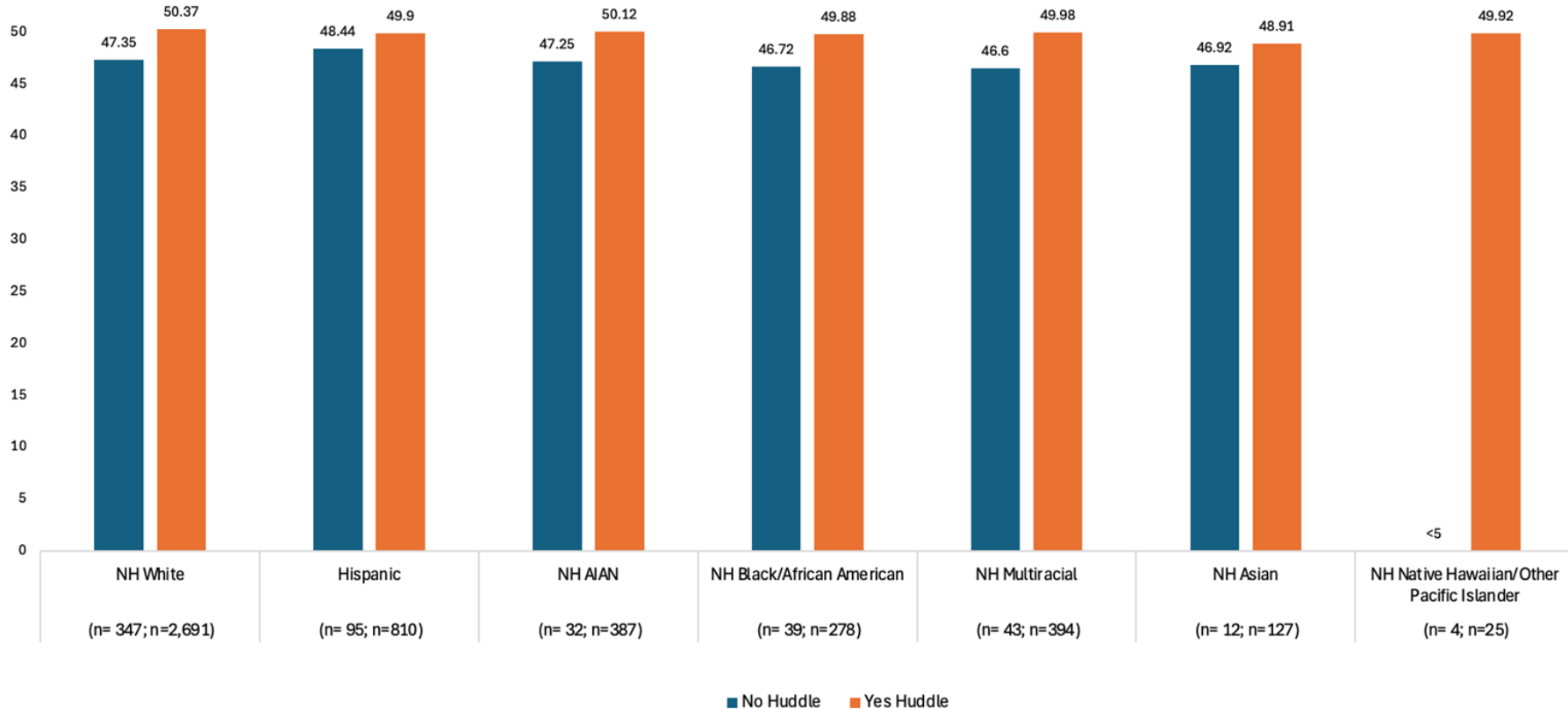
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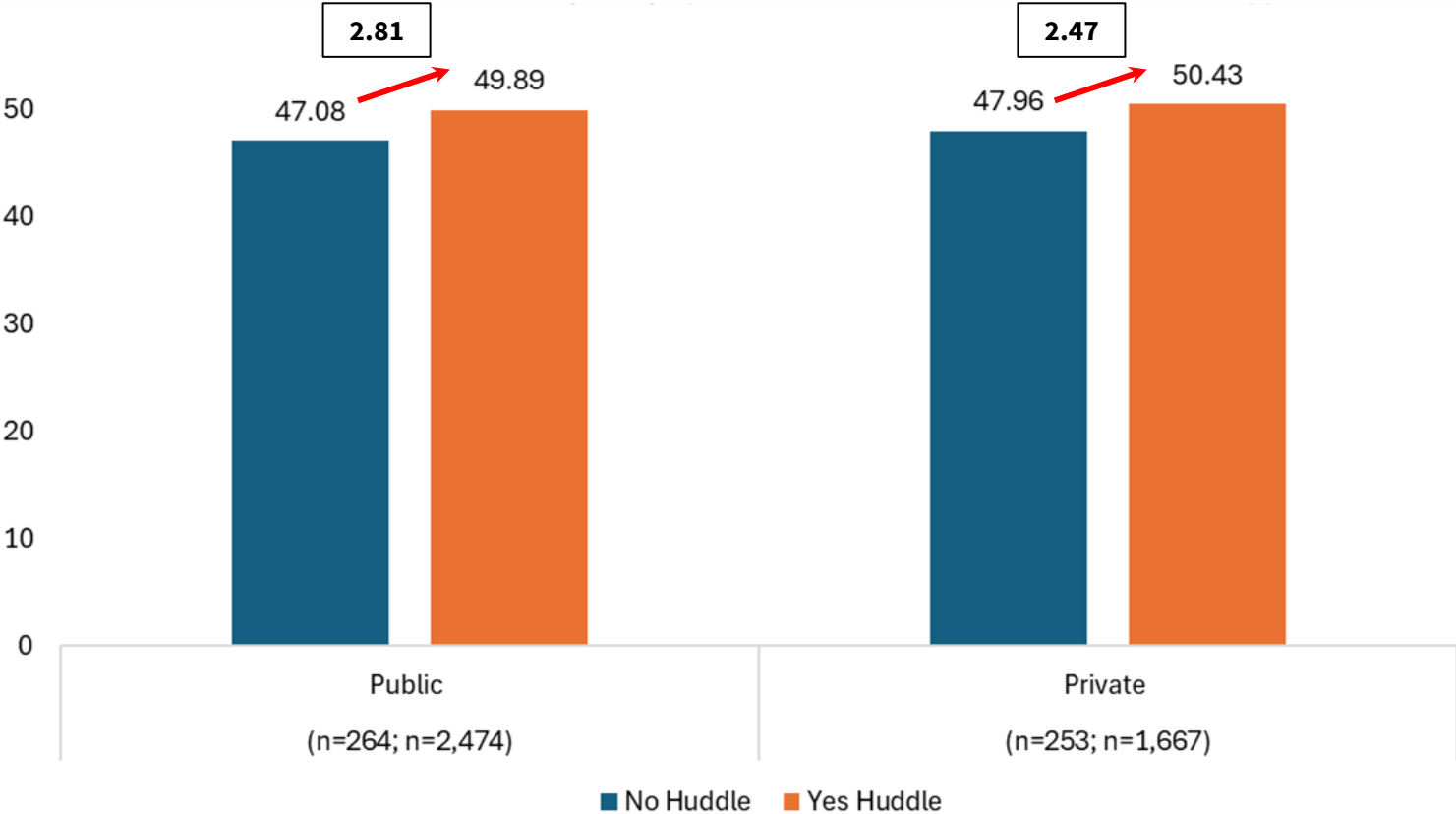
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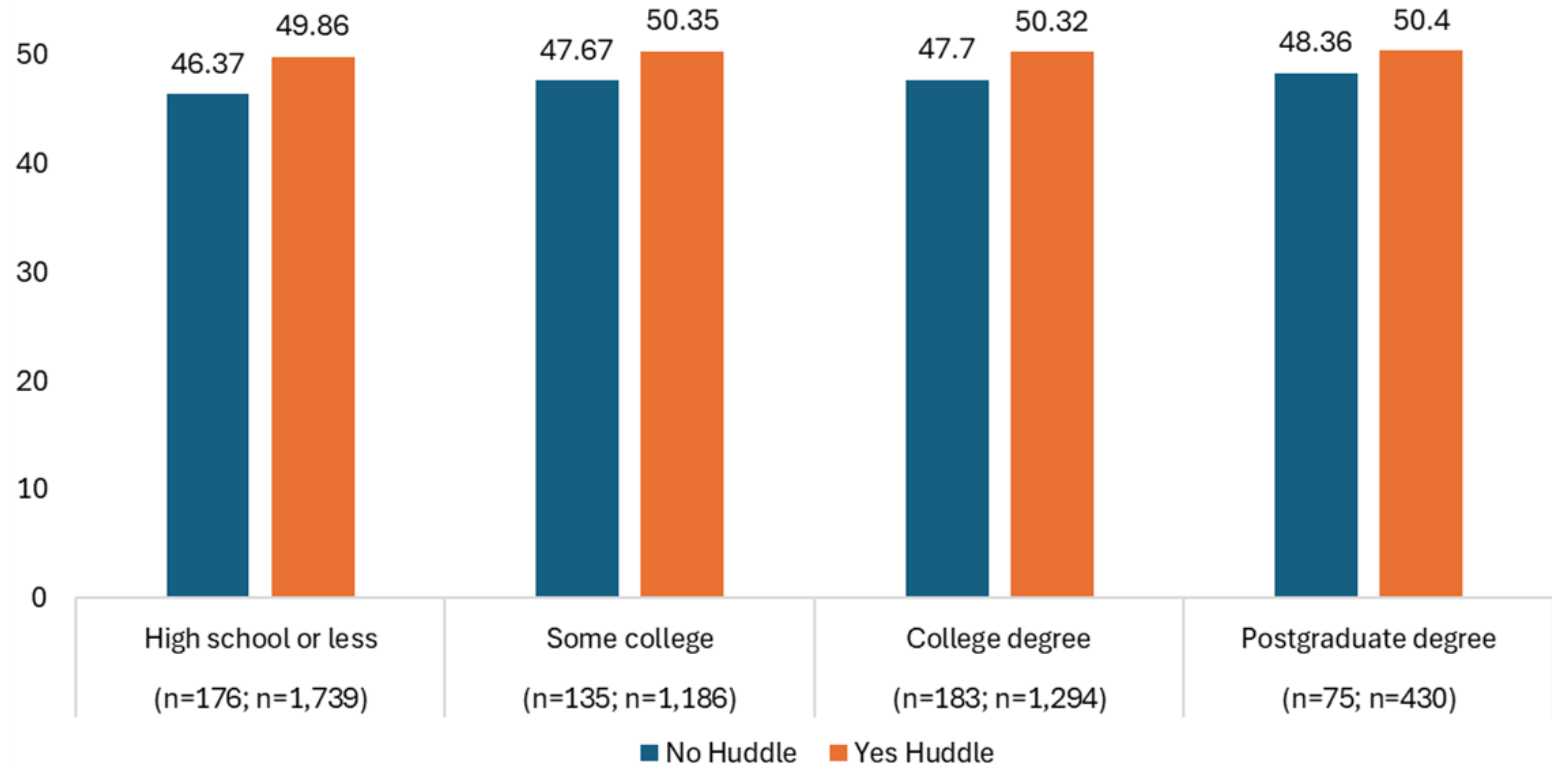
## Mean HCRTS-R Score (0-52) by Labor Huddle Status & Race/Ethnicity



# Mean HCRTS-R Score (0-52) by Labor Huddle Status & Insurance Type

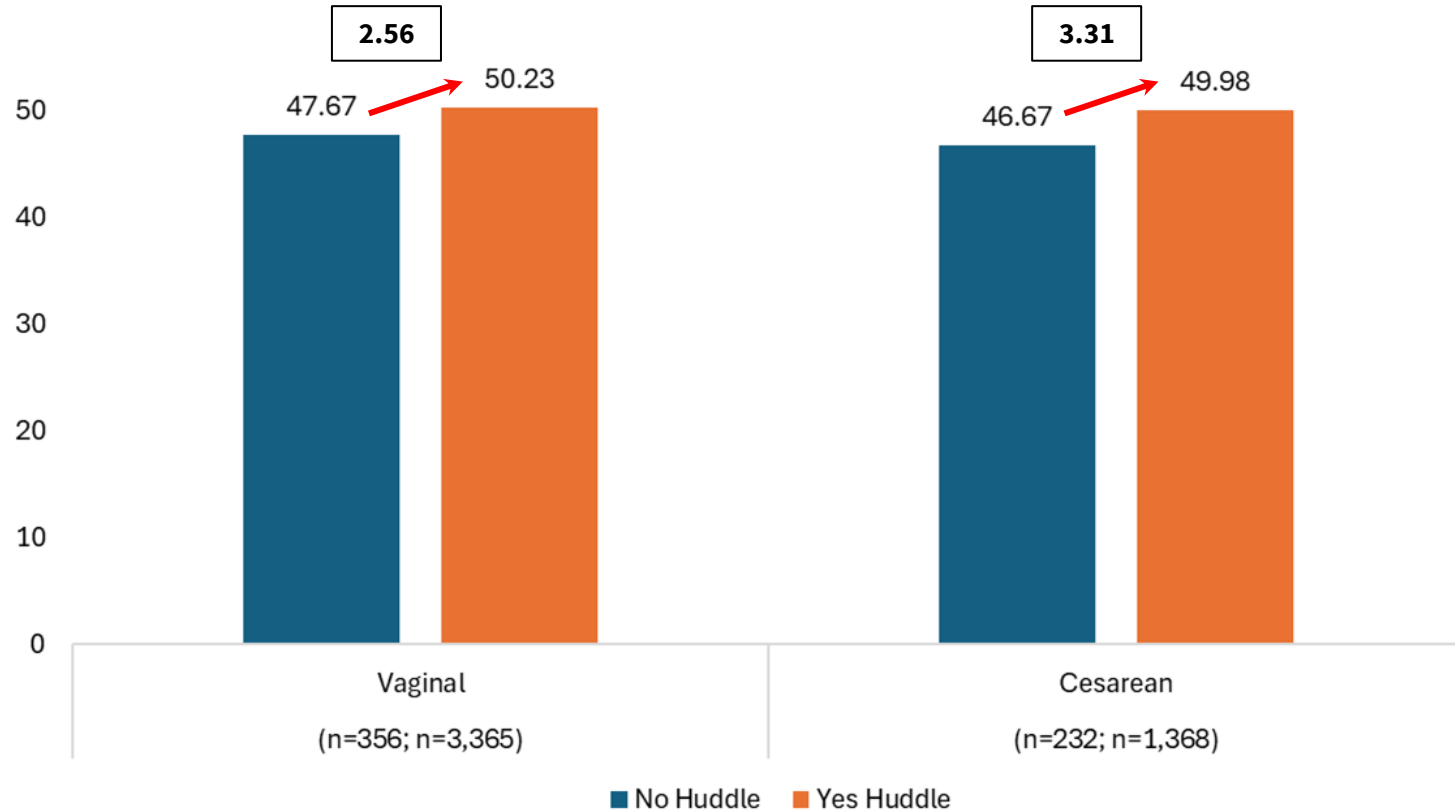


## Mean HCRTS-R Score (0-52) by Labor Huddle Status & Education Level

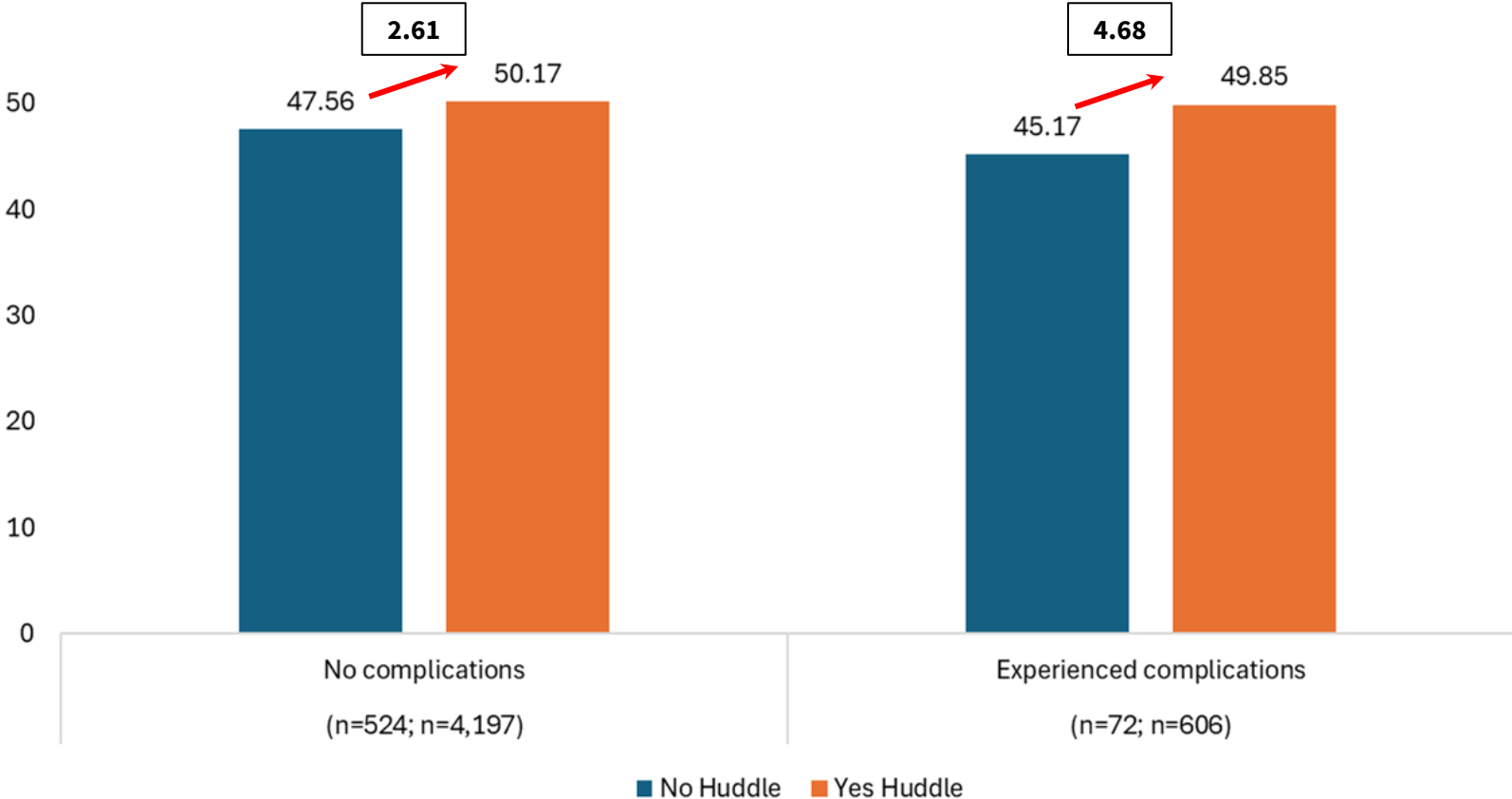




## Mean HCRTS-R Score (0-52) by Labor Huddle Status & Delivery Type



# Mean HCRTS-R Score (0-52) by Labor Huddle Status & Experience of Complications



# Patient Comments



# TeamBirth **Patient** Feedback

“I loved my care team. **My options throughout the process were clearly explained. Decision milestones were clearly communicated. And my preferences were recalled at the necessary times and acted upon,** for example cord clamping after 90 seconds. My care afterwards has been great. I have had a very positive birth experience.”

I experienced two separate false labors, admitted on one, followed by a very fast delivery on the third trip. **Each time the medical staff were kind, listened to all my needs, and treated me as an individual.**

I loved that **I shared my birth preferences and was matched to a nurse accordingly.**

It was an AMAZING experience.

Everything was explained to me and I was **involved in every aspect.** Every doctor/resident/nurse I came in contact with were respectful and professional, **made me feel comfortable and made me feel like I was the only patient there.**

# TeamBirth Patient Feedback

“ I loved how everyone I met **introduced themselves and explained what they were going to do** to ensure the health of me and my baby.

**Having a team environment during labor was beneficial in me being comfortable**

This was my second urgent C-section but first at this hospital. **I felt included in a collaborative effort here instead of a victim of unfortunate circumstances.**

They made sure I **understood every decision and the options I had for my care.**

I always felt in the loop and **like I had an important role in decision making**

They kept me informed on what was happening and it put me at ease and gave me confidence in the team

We loved the huddles and felt very **involved and respected in the decisions** that were made

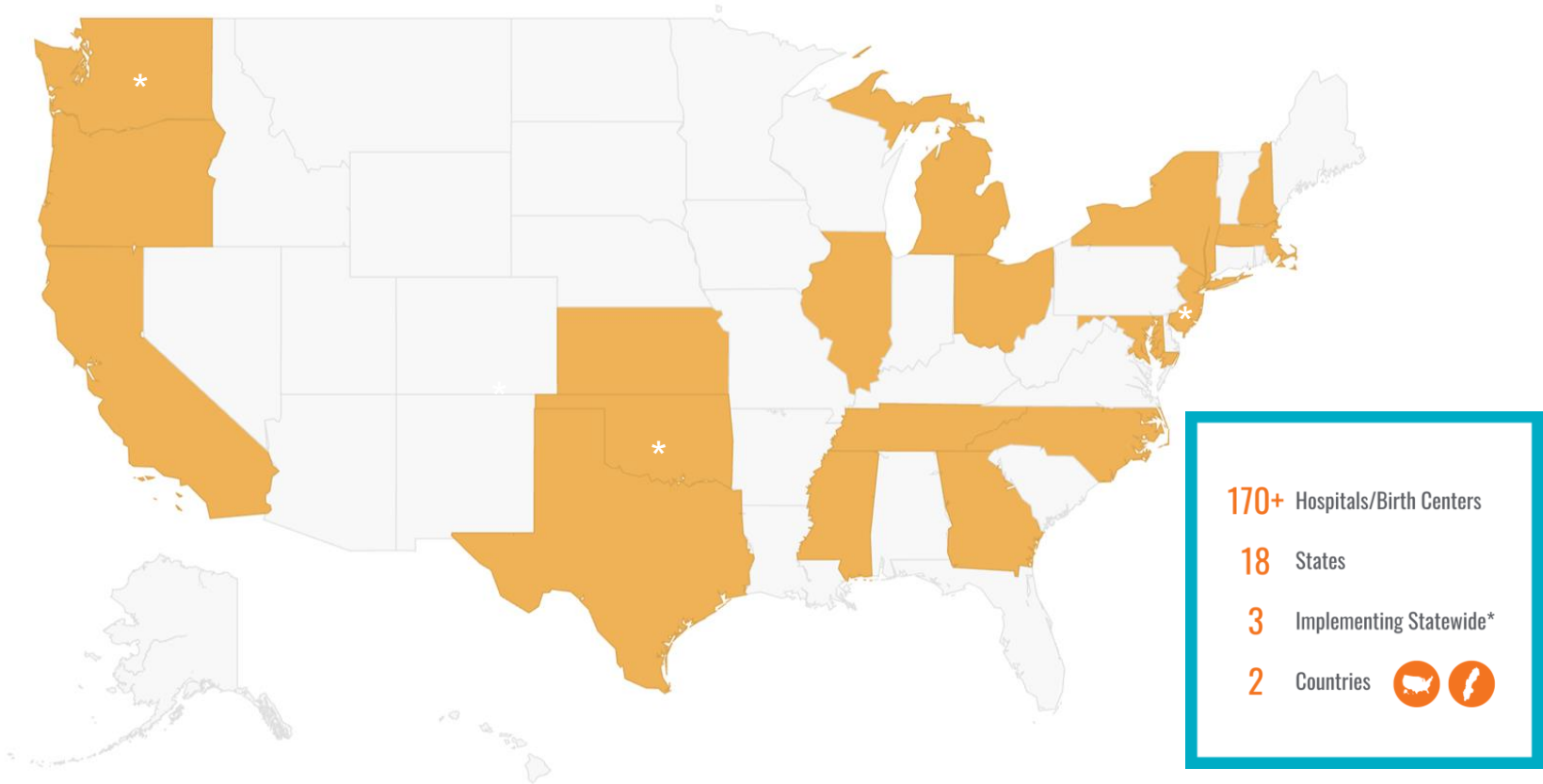
Very happy with the team and **how involved they were in including me when my birthing plan changed.**

”

# TeamBirth Partnerships



# TeamBirth is **spreading** nationally and globally



# TeamBirth Participating Hospitals 2024

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## CALIFORNIA

Santa Rosa Memorial Hospital

## GEORGIA

Emory Decatur

Emory University Midtown

## KANSAS

Stormont Vail Health

## MASSACHUSETTS

UMass Memorial

UMass Health Alliance

South Shore Hospital

Baystate Franklin Medical Center

Boston Medical Center

Brigham and Women's Hospital

Cape Cod Hospital

Fairview Hospital

Mercy Medical Center

Sturdy Memorial Hospital

St. Vincent Hospital

Tufts Medical Center

## MICHIGAN

Ascension St. John Hospital Detroit

Ascension Providence Hospital Novi

Ascension Providence Hospital Southfield

Henry Ford Macomb Hospital

Hillsdale Hospital

McLaren Bay Region Family Birth Place

Munson Healthcare Grayling Hospital

ProMedica Charles and Virginia Hickman Hospital

ProMedica Coldwater Regional Hospital

ProMedica Monroe Regional Hospital

Sparrow Hospital

Trinity Health St. Mary Mercy Livonia Hospital

Trinity Health St. Joseph Mercy Ann Arbor Hospital

Trinity Health St. Joseph Mercy Oakland Hospital

Trinity Health Mercy Health Mercy Campus

Trinity Health Saint Mary's Grand Rapids

## MISSISSIPPI

Ocean Springs Hospital

Pascagoula Hospital

## NEW HAMPSHIRE

Exeter Hospital

## NEW JERSEY

Capital Health

Hackensack University

HMH Jersey Shore

HMH JFK Medical Center

Inspira Vineland

Mary V. O'Shea Birth Center (MVOS)

Mullica Hill + Inspira Elmer

Penn Medicine Princeton

RWJ Cooperman Barnabas

RWJ Jersey City

RWJ Monmouth

RWJ New Brunswick

RWJ Trinitas

St. Peter's Hospital

Virtua Midwifery and Wellness Center

Virtua Mount Holly Hospital

Virtua Our Lady of Lourdes

Virtua Voorhees

## OKLAHOMA

AllianceHealth Durant

Ascension St. John Jane Phillips

Ascension St. John Medical Center

Ascension St. John Owasso

Bailey Medical Center



# TeamBirth Participating Hospitals 2024

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## OKLAHOMA, continued

Cherokee Nation WW Hastings Hospital  
Chickasaw Nation Medical Center  
Choctaw Nation Health Care Center  
Claremore Indian Hospital  
Comanche County Memorial Hospital  
Duncan Regional Hospital  
Great Plains Regional Medical Center  
Hillcrest Hospital Claremore  
Hillcrest Hospital South  
Hillcrest Medical Center  
INTEGRIS Bass Baptist Health Center  
INTEGRIS Health Baptist Medical Center  
INTEGRIS Health Canadian Valley Hospital  
INTEGRIS Health Edmond Hospital  
INTEGRIS Health Grove Hospital  
INTEGRIS Health Miami Hospital  
INTEGRIS Health Ponca City Hospital  
INTEGRIS Health Southwest Medical Center  
INTEGRIS Health Woodward Hospital  
Jackson County Memorial Hospital  
Lakeside Women's Hospital  
McAlester Regional Health Center  
McCurtain Memorial Hospital  
Mercy Hospital Ada  
Mercy Hospital Ardmore  
Mercy Hospital Oklahoma City

Norman Regional Health System - HealthPlex Campus  
Northeastern Health System  
OSU Medical Center  
Saint Francis Hospital  
Saint Francis Hospital Muskogee  
Saint Francis Hospital South  
Southwestern Medical Center  
SSM Health St. Anthony Hospital - Oklahoma City  
SSM Health St. Anthony Hospital - Shawnee  
St. Mary's Regional Medical Center  
Stillwater Medical Center  
Oklahoma Children's Hospital at OU Health  
Weatherford Regional Hospital

## OHIO

Ahuja Medical Center  
Cleveland Clinic Akron General Hospital  
Cleveland Clinic Hillcrest Hospital  
Cleveland Clinic Fairview Hospital  
Geauga Medical Center  
Grant Medical Center  
MacDonald Women's Center  
MacDonald SJMC  
MacDonald TriPointl

## OREGON

Legacy Silverton Medical Center  
Providence Portland Medical Center  
Providence Willamette Falls Medical Center  
Providence St. Vincent Medical Center  
Randall Children's Hospital at Legacy Emanuel  
Legacy Good Samaritan Medical Center  
Legacy Meridian Park Medical Center  
Legacy Mount Hood Medical Center

## TEXAS

Baylor Scott and White All Saints Medical Center  
John Peter Smith Hospital  
Methodist Dallas Medical Center  
Texas Health Alliance  
Texas Health Arlington Memorial  
Texas Health Fort Worth  
Texas Health Harris Methodist Hurst-Euless-Bedford  
Texas Health Southwest Fort Worth

## WASHINGTON

Astria Sunnyside  
Confluence Hospital  
Coulee Medical Center  
EvergreenHealth  
Forks Community Hospital

# TeamBirth Participating Hospitals 2024

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## WASHINGTON, continued

Island Hospital  
Jefferson Healthcare  
Kittitas Valley Healthcare  
Lake Chelan Community Hospital  
Legacy Salmon Creek  
Madigan Army Medical Center  
Mason General  
Mid-Valley Hospital  
MultiCare Auburn Medical Center  
MultiCare Capital Medical Center  
MultiCare Deaconess Hospital  
MultiCare Good Samaritan Hospital  
MultiCare Valley Hospital Spokane  
MultiCare Yakima Memorial Hospital  
Overlake Medical Center  
PeaceHealth St John  
PeaceHealth St. Joseph  
PeaceHealth SW Medical Center  
Prosser Memorial Health  
Providence Centralia Hospital  
Providence Everett Regional Medical Center  
Providence Holy Family Hospital  
Providence Kadlec  
Providence Mount Carmel Hospital

Providence Sacred Heart Medical Center  
Providence St. Mary  
Providence St. Peter Hospital  
Pullman Regional Hospital  
Samaritan Healthcare  
Skagit Valley Hospital  
St. Francis Hospital  
Swedish Edmonds  
Swedish First Hill  
Swedish Issaquah  
UW Medical Center - Montlake  
UW Medical Center - Northwest  
UW Valley Medical Center  
Virginia Mason St Anne  
Virginia Mason St Michael  
Whidbey Health  
Whitman Hospital

## TENNESSEE

University of Tennessee Medical Center  
Ascension Saint Thomas Hospital Midtown  
Baptist Memorial Hospital for Women - Memphis  
Regional One Health  
Hardin Medical Center  
TriStar StoneCrest Medical Center

## SWEDEN

Karolinska University Hospital, Huddinge  
Karolinska University Hospital, Solna  
Lund Hospital, Region Skane  
Karlstad Hospital  
Halmstad Hospital  
Ostersund Hospital  
Varberg Hospital  
Skane University Hospital Malmo  
Uppsala University Hospital



## WHAT IS TEAMBIRTH

TeamBirth helps you be as involved as you would like in decisions about your pregnancy, labor, delivery, and after delivery. Your plan and preferences can change often during or after your birth. Knowing what's most important to you helps your care team give you the best care.

You will meet with your care team in regular huddles where you will talk about how things are going and what comes next. Huddles will be a time to share what you want, what questions you have, and how you're feeling. What you talk about during those huddles will then be written on a whiteboard in your room.

### This is what a huddle might look like:

**Your support person** can support you and advocate for you. Talk to them about what they can do to help.

**YOU** can tell your team how you're feeling and share hopes, concerns, or questions.

**Your doctor or midwife** will share the pros and cons of medical choices and guide the team to make decisions. Sometimes, they may need to make quick decisions to keep you or your baby safe.



**Your nurse** will monitor your labor, support you, and suggest what might be helpful.

TEAMBIRTH

PAGE 3

# TEAMBIRTH



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DELIVERY DECISIONS INITIATIVE

**[deliverydecisions@ariadnelabs.org](mailto:deliverydecisions@ariadnelabs.org)**