



RESPECTFUL MATERNITY CARE

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LEARNING OBJECTIVES

- Recognize the Impact of Racism, Discrimination, and Bias
- Discuss Equality, Equity, Justice, Diversity, and Inclusion
- Outline Social Determinants of Health
- Define Respectful Maternity Care and Key Recommendations
- Understand Benefits Regarding the TeamBirth Approach



WELCOME TO MATERNAL AND NEONATAL NURSING!

- Family is family
- Everyone is an individual
- Nurses promote and advocate for protection of the rights, health, and safety of maternal and neonatal patients
- Birthing persons and their families want to be involved in decision making
- You are here because you care!

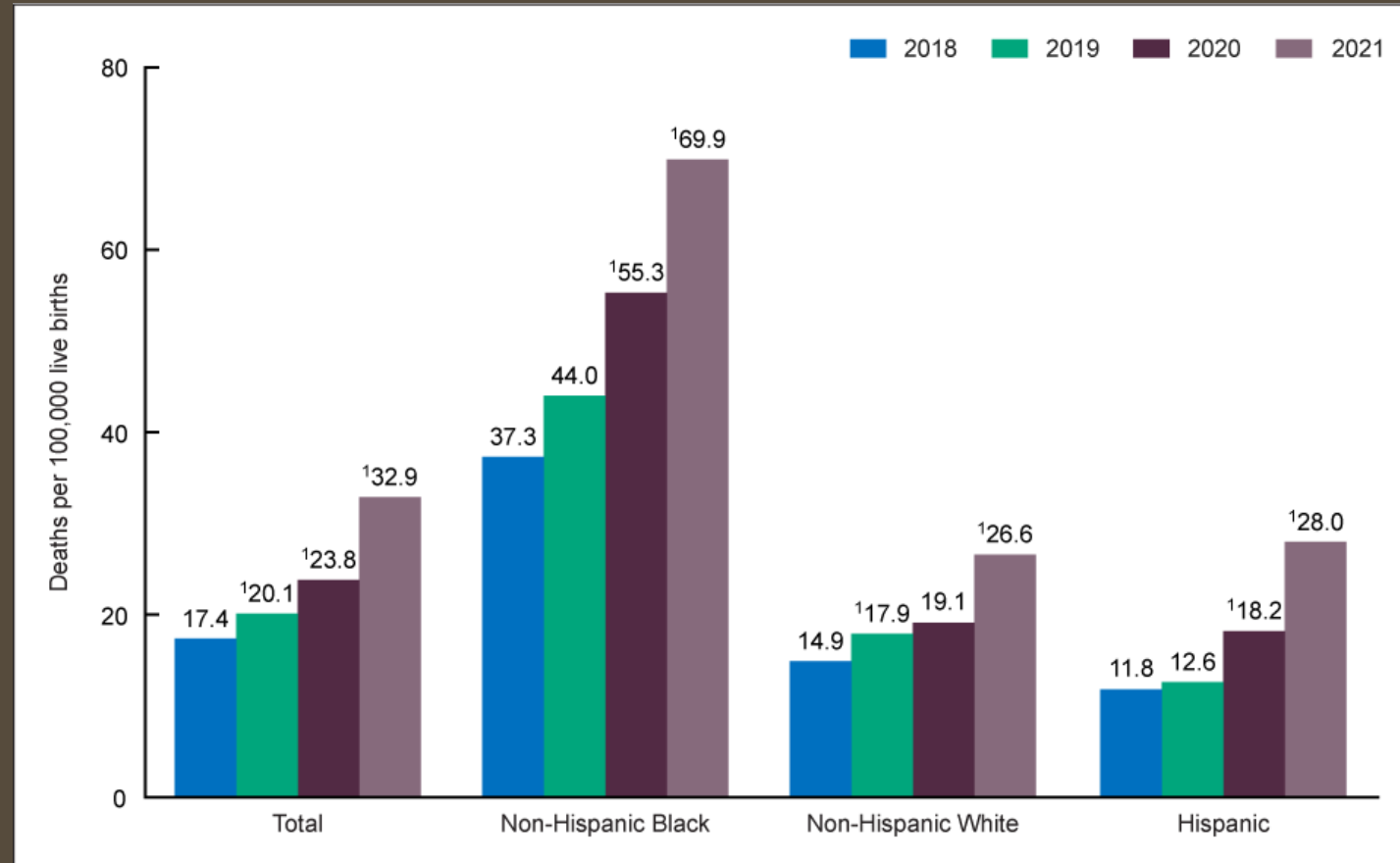


WHY OUR AREA IS SPECIAL ♥

- “I love being a part of monumental moments of a woman’s life. Even on the hard days, being their nurse leaves a permanent mark- on them & you.”
- “Attending deliveries and advocating for newborns is very rewarding. Watching, teaching, and helping first time parents learn their new role in life and adapt to such a wonderful change is a privilege.”



IMPACT DATA-IMPORTANCE OF EQUITY

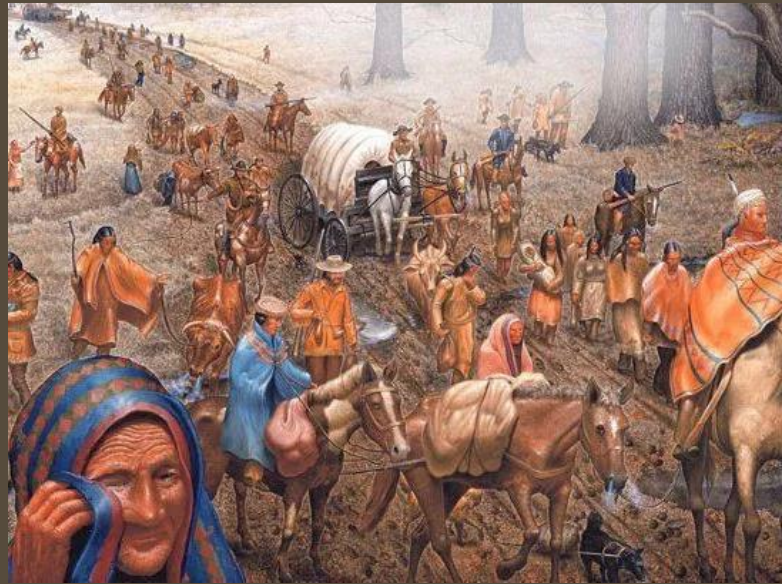


¹Statistically significant increase from previous year ($p < 0.05$).

NOTE: Race groups are single race.

SOURCE: National Center for Health Statistics, National Vital Statistics System, Mortality.

DISCRIMINATION AND BIAS



WHAT ARE THE EFFECTS OF RACISM ON OVERALL HEALTH?

Poorer Sleep

Cardiovascular Disease

Higher BMI and Obesity

Inflammation

Psychiatric Disorders

- depression
- anxiety disorders
- post-traumatic stress disorder
- eating disorders
- psychosis

Coronary Heart Disease

High blood pressure

Stress Hormone Deregulation

MEDICALNEWS TODAY

WHAT IS EQUALITY, EQUITY, & JUSTICE?

Equality



The assumption is that **everyone benefits from the same supports**. This is equal treatment.

Equity



Everyone gets the supports they need (this is the concept of "affirmative action"), thus producing equity.

Justice



All 3 can see the game without supports or accommodations because **the cause(s) of the inequity was addressed**. The systemic barrier has been removed.

SOCIAL DETERMINANTS OF HEALTH

- Education Access & Quality
- Health Care & Quality
- Neighborhood and Built Environment
- Social and Community Context
- Economic Stability

The Path to Achieving Health Equity

What social and economic factors must be addressed on the continued path to achieving Health Equity?



Health Equity aims to ensure that all people have full and equal access to opportunities that enable them to lead healthy lives.

The Health Equity Institute
<http://healthequity.sfsu.edu>
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HEALTH EQUITY INSTITUTE
for Research, Practice & Policy



Find us on:

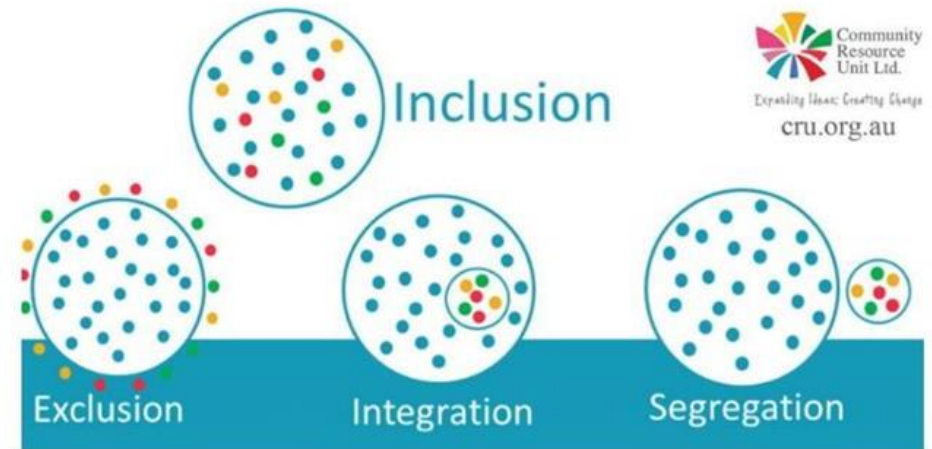


DIVERSITY AND INCLUSION



DIVERSITY

diversity is less about what makes people different—their race, socioeconomic status, and so on—and more about understanding, accepting and valuing those differences



INCLUSION

inclusion is the extent to which various team members, employees, and other people feel a sense of belonging and value within a given organizational setting

DIVERSITY, EQUITY, & INCLUSION

AWHONN Inclusion Statement

AWHONN COMMITS TO: Be active champions for diversity, equity, and inclusion (DEI) through a strong organizational commitment, proactive leadership, and well-defined actions with an overarching goal of equitable and respectful care for all.



RESPECTFUL MATERNITY CARE (RMC)

- Definition: Respectful maternity care is a multidimensional concept that encompasses basic rights, such as bodily autonomy and dignity.
- Positive birth experience: being safe and ensuring psychological well-being
- Providing quality care standards and protection of human rights in childbirth are essential to optimizing childbirth outcomes.

RMC RECOMMENDATIONS

1

- Awareness

2

- Mutual Respect

3

- Shared Decision Making/Informed Consent

4

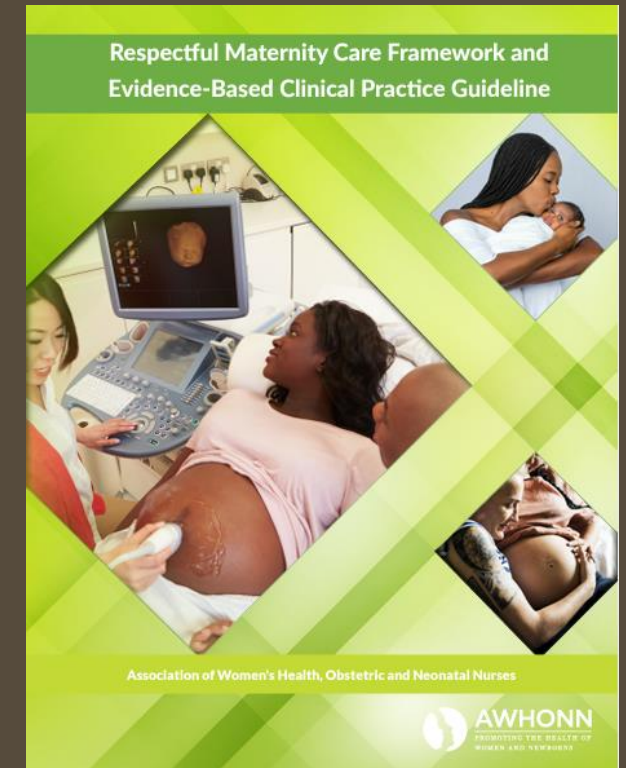
- Autonomy

5

- Dignity

6

- Accountability



RMC PART 1

Awareness

- Your views & my views
- Bias
- Your experiences my experiences

Mutual Respect

- Preference plan
- Patient centered communication
- Empowerment

Shared Decisions/
Informed Consent

- Provide education
- Document consent or refusal
- Provide support

RMC PART 2

Autonomy

- Self-governed decisions
- Neutral language
- NO coercion

Dignity

- ALL patients have worth
- Protect privacy
- LISTEN and PROVIDE

Accountability

- Educate
- Create a culture of accountability
- Formalize

FIGURE 2 AWHONN RESPECTFUL MATERNITY CARE FRAMEWORK

AWHONN Respectful Maternity Care Framework



TEAMBIRTH



TEAMBIRTH

What is TeamBirth?

Who developed TeamBirth?

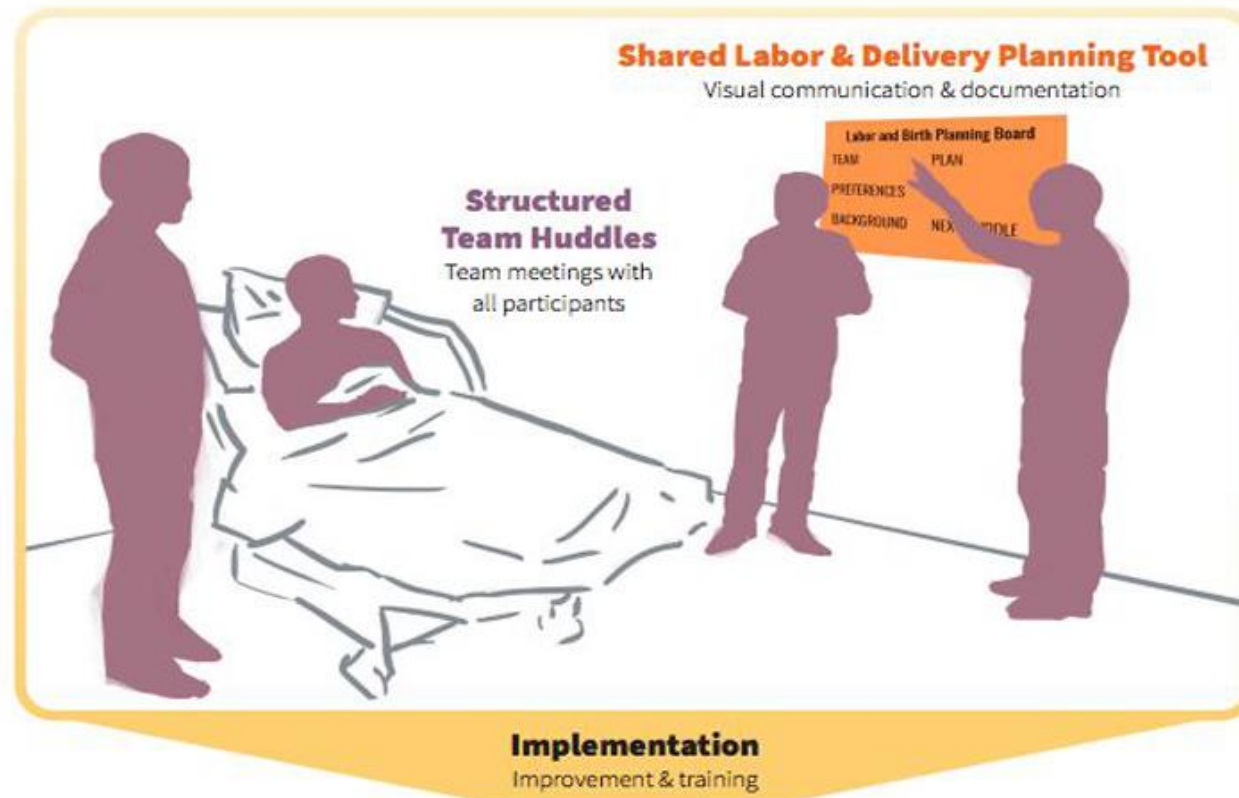
Why TeamBirth?



<https://youtu.be/SZvEYr3YwjM?list=PLRvEM6DQj4YrBjd18cOAHQ-zkdEFc3LTr>

TEAMBIRTH-HOW IT WORKS

TeamBirth Components



TEAMBIRTH- DATA/EXPECTED OUTCOMES

Pilot Trial Results

Patients



97%

Had their **desired role** in the birthing experience

98%

Reported **clear communication** with providers and ability to share care preferences

90%

Felt their **preferences made a difference** in their care

Clinicians



93%

Felt TeamBirth **improved care for their patients** through better communication, teamwork, and shared decision-making

90%

Would recommend TeamBirth to another L&D Unit

84%

Clarified **C-section decision-making** in non-urgent clinical situation

CELEBRATE!



Now offering
TEAMBIRTH
in Labor & Delivery!



QUESTIONS?



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