Newborn Screening Tip of the Month: Avoid Filter Paper Contamination

- Water, oils from skin, food or beverage nearby or LOTION on hands or wrists can all adversely affect NBS results
- Hand lotion has been proven and published as an interfering substance that can cause false positive
 Citrulline elevations. It is listed in the APHL QA/QC Subcommittee's Analyte Interference List. Even
 though the collector may use gloves when drawing the sample, they sometimes do not when pre-filling in
 the patient demographic form and can thus contaminate the filter paper with their hands if they have
 recently used hand lotion.
- Keep flap closed when completing demographics portion
- Treat the filter paper almost as you would a sterile field when feasible, wear gloves when handling the NBS collection kit





