



Pregnant women with a history of substance use can face unique challenges in receiving pregnancy care that addresses all of their needs. This is why we created the STAR Prenatal Clinic at OU Health.

What is the STAR Prenatal Clinic?

The STAR (Substance use Treatment And Recovery) Prenatal Clinic at OU Health provides pregnancy care that is tailored to the needs of women with a history of substance use.

What are the benefits of coming to the STAR Prenatal Clinic?

You will receive specialized medical care from our expert team, including

- Maternal-Fetal Medicine physicians (doctor who specializes in high-risk pregnancies)
- Nurse Practitioners
- Our social services team is available to help with other needs, like making plans for your baby's arrival and getting connected with mental health providers, if needed

These services will all be available at your clinic visits to give the support you need for a healthy pregnancy.

