






Assisted Delivery Discussion Guide

Use this guide in team discussions about assisted vaginal delivery or C-section. Assisting delivery may be appropriate if your condition meets these criteria, but **discuss with your team what is best for you and your baby** (see *Labor Support Guide for options*).

What are your reasons for considering assisted delivery?		What are the MINIMUM conditions for assisted delivery?*
MOM	Request 	<input type="checkbox"/> You believe that assisted delivery is the best option for you after discussion with your care team
BABY	Concerns about wellbeing 	<input type="checkbox"/> On-going slow heart rate OR <input type="checkbox"/> Far away from delivery with either: <input type="checkbox"/> Repeated slowdowns in heart rate that do not improve with support <input type="checkbox"/> High heart rate that does not improve with support
	Slow induction 	Either: <input type="checkbox"/> Early labor (6 cm or less) for 24 hours or more <input type="checkbox"/> Medications to support contractions and waters broken for at least 12-18 hours or more
PROGRESS	Slow progress 	No cervical change with waters broken and 6 cm or more dilated with either: <input type="checkbox"/> Good contractions for 4 hours or more <input type="checkbox"/> Medications to support contractions for 6 hours or more
	Prolonged pushing without progress 	Either: <input type="checkbox"/> Pushing for at least 3 hours if this is your first labor <input type="checkbox"/> Pushing for at least 2 hours if you have labored before

* Minimum conditions based on ACOG and SMFM Obstetric Care Consensus on Safe Prevention of the Primary Cesarean Delivery