RESPECTFUL MATERNITY CARE

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LEARNING OBJECTIVES

➢ Recognize the Impact of Racism, Discrimination, and Bias

➢ Discuss Equality, Equity, Justice, Diversity, and Inclusion

➢ Outline Social Determinants of Health

➢ Define Respectful Maternity Care and Key Recommendations

➢ Understand Benefits Regarding the TeamBirth Approach

The Problem → The Why → What YOU Can Do!

WELCOME TO MATERNAL AND NEONATAL NURSING!

➢Family is family

➢Everyone is an individual

➢Nurses promote and advocate for protection of the rights, health, and safety of maternal and neonatal patients

➢Birthing persons and their families want to be involved in decision making
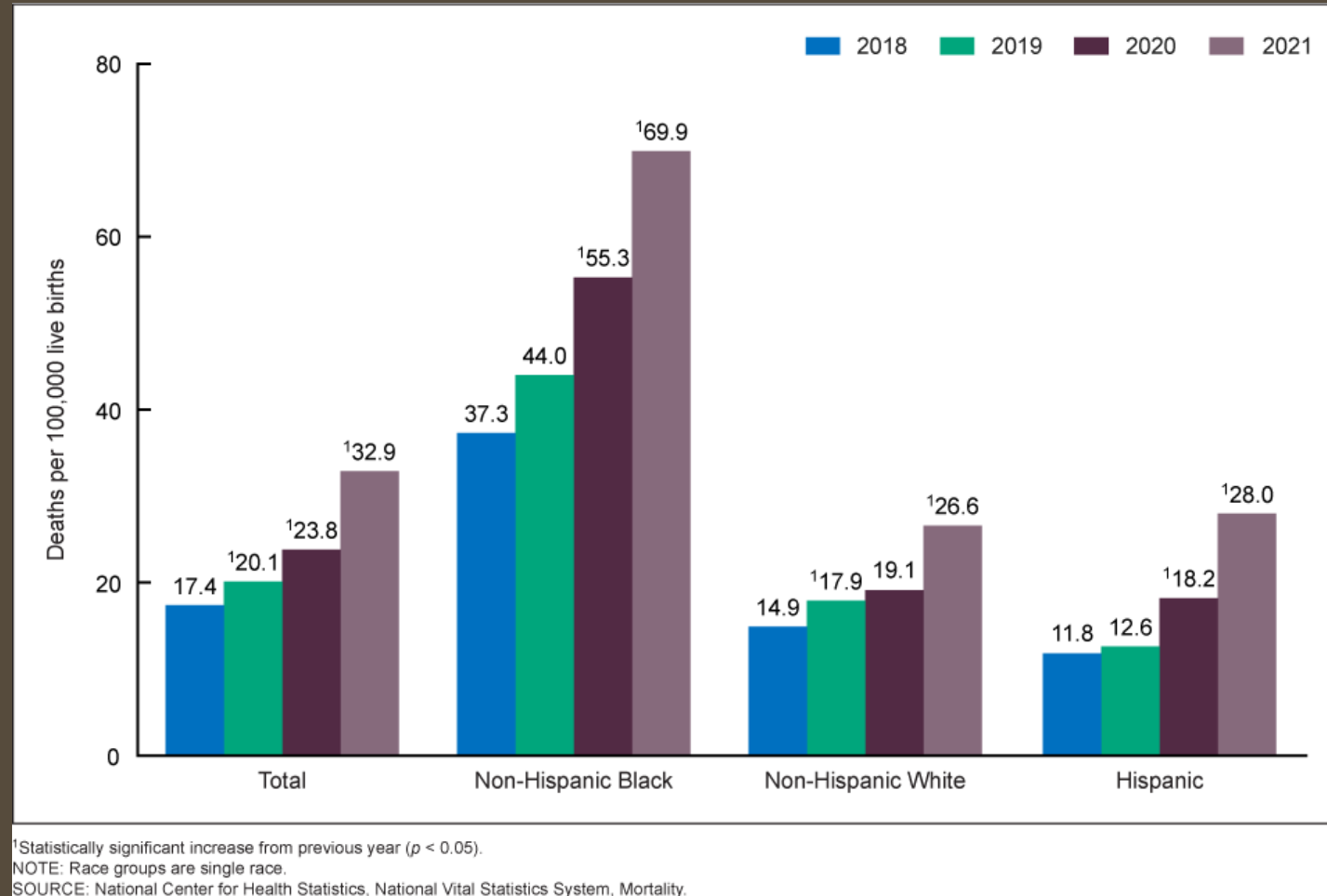
➢You are here because you care!

WHY OUR AREA IS SPECIAL ♥

➢ "I love being a part of monumental moments of a woman's life. Even on the hard days, being their nurse leaves a permanent mark- on them & you."

➢ "Attending deliveries and advocating for newborns is very rewarding. Watching, teaching, and helping first time parents learn their new role in life and adapt to such a wonderful change is a privilege."

IMPACT DATA-IMPORTANCE OF EQUITY

Deaths per 100,000 live births

Legend: 2018, 2019, 2020, 2021

	2018	2019	2020	2021
Total	17.4	[1]20.1	[1]23.8	[1]32.9
Non-Hispanic Black	37.3	44.0	[1]55.3	[1]69.9
Non-Hispanic White	14.9	[1]17.9	19.1	[1]26.6
Hispanic	11.8	12.6	[1]18.2	[1]28.0

[1]Statistically significant increase from previous year ($p < 0.05$).
NOTE: Race groups are single race.
SOURCE: National Center for Health Statistics, National Vital Statistics System, Mortality.

https://youtu.be/2RAyowIF6GQ

DISCRIMINATION AND BIAS

WHAT ARE THE
EFFECTS OF RACISM ON OVERALL HEALTH?

Poorer Sleep

Psychiatric Disorders
● depression
● anxiety disorders
● post-traumatic stress disorder
● eating disorders
● psychosis

Cardiovascular Disease

Coronary Heart Disease

Higher BMI and Obesity

High blood pressure

Stress Hormone Deregulation

Inflammation

MEDICALNEWSTODAY

HETEROSEXUALS ONLY

WHAT IS EQUALITY, EQUITY, & JUSTICE?

Equality

The assumption is that **everyone benefits from the same supports**. This is equal treatment.

Equity

Everyone gets the supports they need (this is the concept of "affirmative action"), thus producing equity.

Justice

All 3 can see the game without supports or accommodations because **the cause(s) of the inequity was addressed**. The systemic barrier has been removed.

SOCIAL DETERMINANTS OF HEALTH

➢Education Access & Quality

➢Health Care & Quality

➢Neighborhood and Built Environment

➢Social and Community Context
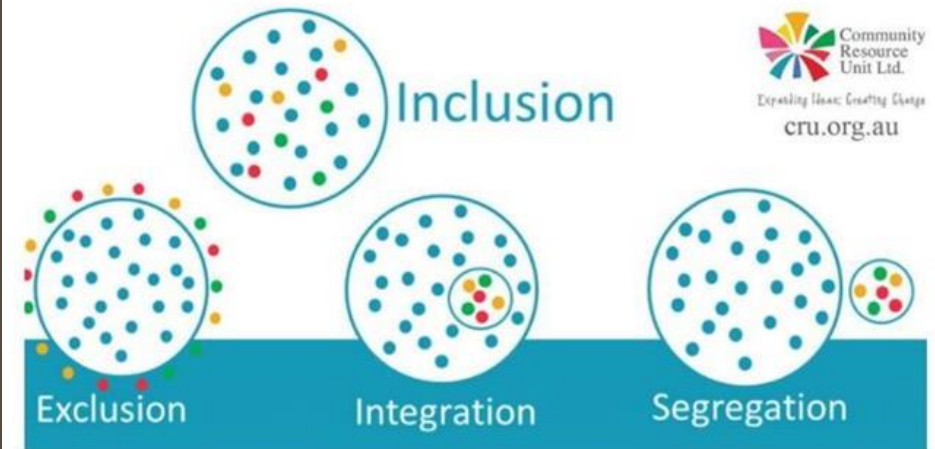
➢Economic Stability

DIVERSITY AND INCLUSION

DIVERSITY

diversity is less about what makes people different—their race, socioeconomic status, and so on—and more about understanding, accepting and valuing those differences

INCLUSION

inclusion is the extent to which various team members, employees, and other people feel a sense of belonging and value within a given organizational setting

DIVERSITY, EQUITY, & INCLUSION

AWHONN Inclusion Statement

AWHONN COMMITS TO: Be active champions for diversity, equity, and inclusion (DEI) through a strong organizational commitment, proactive leadership, and well-defined actions with an overarching goal of equitable and respectful care for all.

RESPECTFUL MATERNITY CARE (RMC)

➢Definition: Respectful maternity care is a multidimensional concept that encompasses basic rights, such as bodily autonomy and dignity.

➢Positive birth experience: being safe and ensuring psychological well-being

➢Providing quality care standards and protection of human rights in childbirth are essential to optimizing childbirth outcomes.

RMC RECOMMENDATIONS

1. • Awareness
2. • Mutual Respect
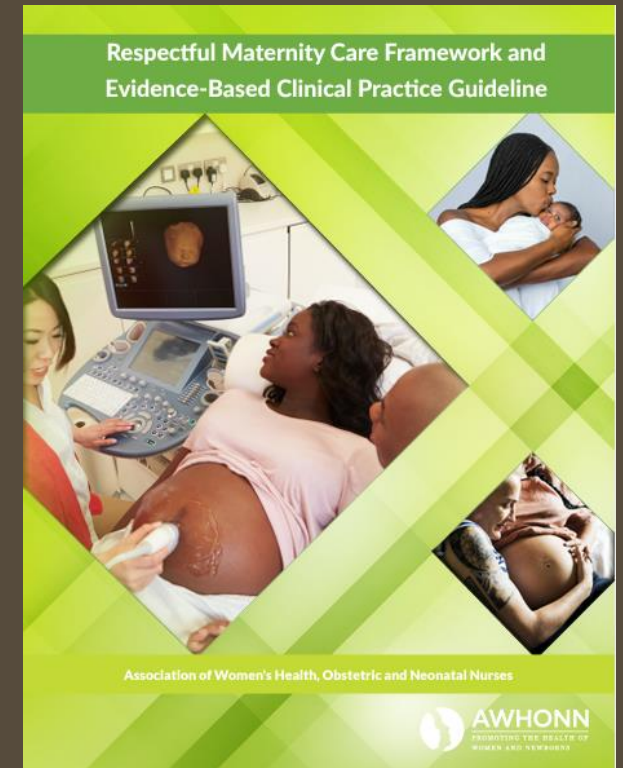3. • Shared Decision Making/Informed Consent
4. • Autonomy
5. • Dignity
6. • Accountability

Respectful Maternity Care Framework and Evidence-Based Clinical Practice Guideline

Association of Women's Health, Obstetric and Neonatal Nurses

AWHONN
PROMOTING THE HEALTH OF WOMEN AND NEWBORNS

RMC PART 1

Awareness
- Your views & my views
- Bias
- Your experiences my experiences

Mutual Respect
- Preference plan
- Patient centered communication
- Empowerment

Shared Decisions/ Informed Consent
- Provide education
- Document consent or refusal
- Provide support

RMC PART 2

Autonomy
- Self-governed decisions
- Neutral language
- NO coercion

Dignity
- ALL patients have worth
- Protect privacy
- LISTEN and PROVIDE

Accountability
- Educate
- Create a culture of accountability
- Formalize

FIGURE 2   AWHONN RESPECTFUL MATERNITY CARE FRAMEWORK

TEAMBIRTH

What is TeamBirth?

Who developed TeamBirth?

Why TeamBirth?

THE DESIGN OF "TEAMBIRTH"
A CARE PROCESS TO IMPROVE COMMUNICATION AND TEAMWORK DURING LABOR

https://youtu.be/SZvEYr3YwjM?list=PLRvEM6DQj4YrBjd18cOAHQ-zkdEFc3LTr

TEAMBIRTH-HOW IT WORKS
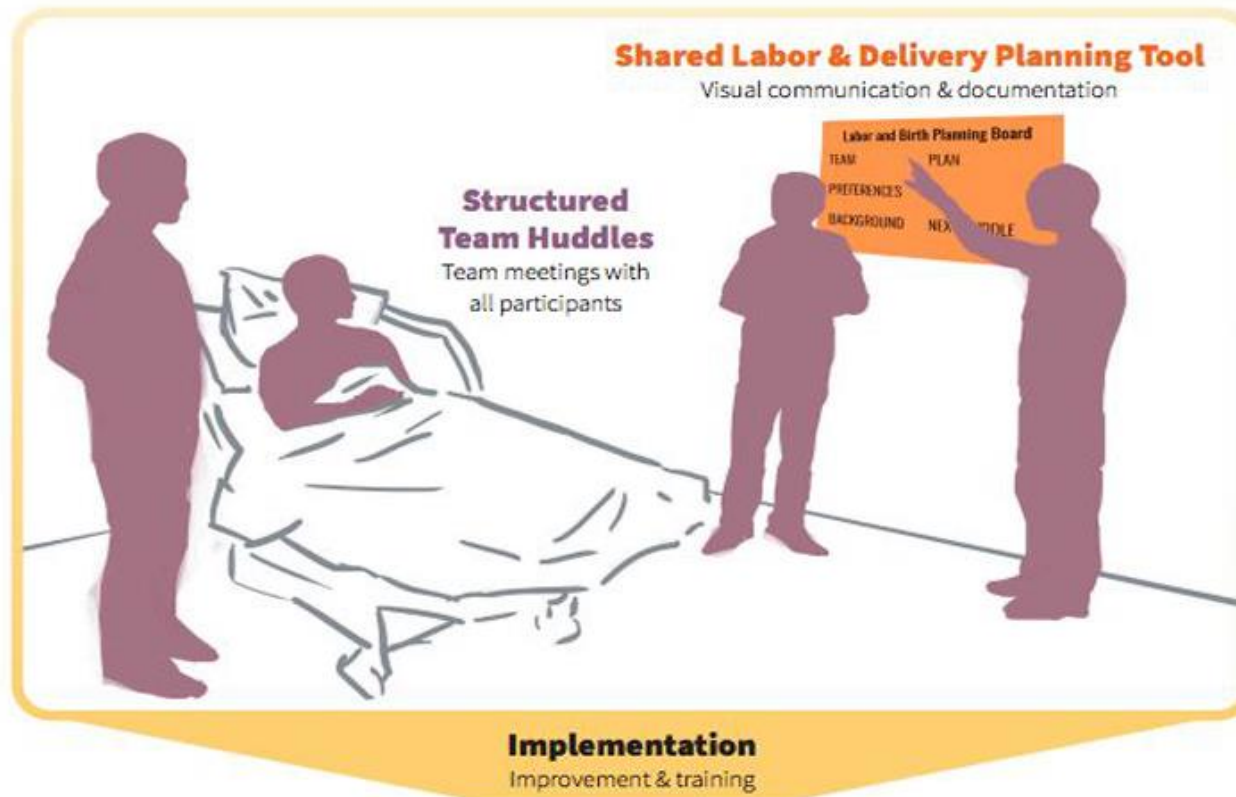
TEAMBIRTH- DATA/EXPECTED OUTCOMES

Pilot Trial Results

Patients

97% Had their **desired role** in the birthing experience

98% Reported **clear communication** with providers and ability to share care preferences

90% Felt their **preferences made a difference** in their care

Clinicians

93% Felt TeamBirth **improved care for their patients** through better communication, teamwork, and shared decision-making

90% **Would recommend** TeamBirth to another L&D Unit

84% Clarified **C-section decision-making** in non-urgent clinical situation

ARIADNE LABS

OPQIC

CELEBRATE!

Now offering
TEAMBIRTH
in Labor & Delivery!

QUESTIONS?

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