RESPECTFUL MATERNITY CARE

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LEARNING OBJECTIVES

➢ Recognize the Impact of Racism, Discrimination, and Bias
➢ Discuss Equality, Equity, Justice, Diversity, and Inclusion
➢ Outline Social Determinants of Health
➢ Define Respectful Maternity Care and Key Recommendations
➢ Understand Benefits Regarding the TeamBirth Approach
Welcome to Maternal and Neonatal Nursing!

➢ Family is family
➢ Everyone is an individual
➢ Nurses promote and advocate for protection of the rights, health, and safety of maternal and neonatal patients
➢ Birthing persons and their families want to be involved in decision making
➢ You are here because you care!
“I love being a part of monumental moments of a woman’s life. Even on the hard days, being their nurse leaves a permanent mark on them & you.”

“Attending deliveries and advocating for newborns is very rewarding. Watching, teaching, and helping first time parents learn their new role in life and adapt to such a wonderful change is a privilege.”
**IMPACT DATA - IMPORTANCE OF EQUITY**

(Diagram showing data on deaths per 100,000 live births from 2018 to 2021 for different race groups. Notably, there is an increase in deaths for Hispanic and Non-Hispanic Black populations.

Statistically significant increase from previous year (*p < 0.05*).

**NOTE:** Race groups are single race.

**SOURCE:** National Center for Health Statistics, National Vital Statistics System: Mortality.
DISCRIMINATION AND BIAS

WHAT ARE THE EFFECTS OF RACISM ON OVERALL HEALTH?

- Poorer Sleep
- Psychiatric Disorders
  - depression
  - anxiety disorders
  - post-traumatic stress disorder
  - eating disorders
  - any/none
- Coronary Heart Disease
- High blood pressure
- Cardiovascular Disease
- Stress Hormone Deregulation
- Higher BMI and Obesity
- Inflammation

HETEROSEXUALS ONLY
WHAT IS EQUALITY, EQUITY, & JUSTICE?

**Equality**
The assumption is that everyone benefits from the same supports. This is equal treatment.

**Equity**
Everyone gets the supports they need (this is the concept of "affirmative action"), thus producing equity.

**Justice**
All 3 can see the game without supports or accommodations because the cause(s) of the inequity was addressed. The systemic barrier has been removed.
SOCIAL DETERMINANTS OF HEALTH

➢ Education Access & Quality
➢ Health Care & Quality
➢ Neighborhood and Built Environment
➢ Social and Community Context
➢ Economic Stability
DIVERSITY

Diversity is less about what makes people different—such as their race, socioeconomic status, and so on—and more about understanding, accepting and valuing those differences.

INCLUSION

Inclusion is the extent to which various team members, employees, and other people feel a sense of belonging and value within a given organizational setting.
AWHONN Inclusion Statement

AWHONN COMMITS TO: Be active champions for diversity, equity, and inclusion (DEI) through a strong organizational commitment, proactive leadership, and well-defined actions with an overarching goal of equitable and respectful care for all.
Respectful Maternity Care (RMC)

Definition: Respectful maternity care is a multidimensional concept that encompasses basic rights, such as bodily autonomy and dignity.

Positive birth experience: being safe and ensuring psychological well-being

Providing quality care standards and protection of human rights in childbirth are essential to optimizing childbirth outcomes.
### RMC Recommendations

1. Awareness
2. Mutual Respect
3. Shared Decision Making/Informed Consent
4. Autonomy
5. Dignity
6. Accountability
RMC PART 1

Awareness
- Your views & my views
- Bias
- Your experiences my experiences

Mutual Respect
- Preference plan
- Patient centered communication
- Empowerment

Shared Decisions/Informed Consent
- Provide education
- Document consent or refusal
- Provide support
RMC PART 2

Autonomy
- Self-governed decisions
- Neutral language
- NO coercion

Dignity
- ALL patients have worth
- Protect privacy
- LISTEN and PROVIDE

Accountability
- Educate
- Create a culture of accountability
- Formalize
AWHONN Respectful Maternity Care Framework
What is TeamBirth?

Who developed TeamBirth?

Why TeamBirth?

https://youtu.be/SZvEYr3YwjM?list=PLRvEM6DQj4YrBjd18cOAHQ-zkdEFc3LTr
TEAMBIRTH-HOW IT WORKS

TeamBirth Components

- Shared Labor & Delivery Planning Tool
  - Visual communication & documentation
- Structured Team Huddles
  - Team meetings with all participants
- Implementation
  - Improvement & training
### TEAMBIRTH - DATA/EXPECTED OUTCOMES

#### Pilot Trial Results

**Patients**

<table>
<thead>
<tr>
<th>Percentage</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>97%</td>
<td>Had their <strong>desired role</strong> in the birthing experience</td>
</tr>
<tr>
<td>98%</td>
<td>Reported <strong>clear communication</strong> with providers and ability to share care preferences</td>
</tr>
<tr>
<td>90%</td>
<td>Felt their <strong>preferences made a difference</strong> in their care</td>
</tr>
</tbody>
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**Clinicians**

<table>
<thead>
<tr>
<th>Percentage</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>93%</td>
<td>Felt TeamBirth <strong>improved care for their patients</strong> through better communication, teamwork, and shared decision-making</td>
</tr>
<tr>
<td>90%</td>
<td>Would recommend TeamBirth to another L&amp;D Unit</td>
</tr>
<tr>
<td>84%</td>
<td>Clarified <strong>C-section decision-making</strong> in non-urgent clinical situation</td>
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</table>
CELEBRATE!

Now offering TEAMBIRTH in Labor & Delivery!
QUESTIONS?
https://www.youtube.com/watch?v=WDDMshMDq4Q&feature=youtu.be

https://doi.org/10.1016/j.jogn.2016.11.005


http://doi.org/10.15585/mmwr.mm6835a3external icon.