

## KEYNOTE SESSIONS

### Dese'Rae L. Stage & Diana Cortez Yanez

Project by artist and lived experience consultant, Dese'Rae L. Stage. Dese'Rae has been building this body of work for over a decade. She collected stories from suicide attempt survivors with a wide range of experiences and documented in a way to honor each one's authenticity. She will be joined by Diana Cortez Yanez who is a survivor of five suicide attempts and hospitalizations. Diana experienced services in the behavioral health system for 30 years. She is now a lived experience consultant who has shared her story internationally and in many different forums, including the White House. Her passion is sharing what helped her and what did not help her, in order to help save lives.

### Dr. David Jobes, E. David Klonsky, Ph.D, Paul Williams, LPC, DBTC, & Diana Cortez Yanez

Dr. David Jobes will kick off this plenary with a brief overview, and will introduce Dr. E. David Klonsky, Ph.D, a Professor of Psychology at the University of British, Columbia. Dr. Klonsky will present research on reasons people move from ideation to action toward suicide. Dr. Jobes will discuss the importance of pairing DBT with CAMS for clients with recurrent suicidality, such as those with borderline personality disorder, and share an exciting new study of CAMs effective that is about to be published. Next, Paul Williams, LPC, DBTC, will present a case study utilizing DBT. Diana Cortez Yanez will share her experience participating in DBT treatment after five suicide attempts. Dr. Jobes will facilitate the wrap-up of the session with questions and discussion, if time permits.

Friday, April 30



# Zero Suicide SUMMIT

Hosted by the Oklahoma Department of Mental  
Health and Substance Abuse Services

## AGENDA

8:45-9:00 a.m.	WELCOME BY COMMISSIONER CARRIE SLATTON-HODGES
9:00-10:15 a.m.	1st KEYNOTE
10:15-10:30 a.m.	BREAK
10:30 –12:30 p.m.	2ND KEYNOTE
12:30-1:00 p.m.	BREAK FOR LUNCH
1:00-3:00 p.m.	3 GROUP SESSIONS

## SUMMIT OVERVIEW

Please join us to hear about the ODMHSAS-led Zero Suicide - a movement that started nationally with the belief that suicide deaths for individuals under the care of health and behavioral health systems are preventable. Simply put, Zero Suicide a way to improve suicide care within health and behavioral health systems. Please join us to hear about the Zero Suicide Initiative in Oklahoma, and to hear from national experts on this topic. Explore what is known so far about preventing suicide among persons in care, about how to make a real difference in your own behavioral health or primary care organization.

We offer this event free of charge for those working in behavioral health and primary care settings. Hope to see you on April 30!

[REGISTER HERE](#)

## GROUP SESSIONS

### Group A: Primary Care Providers:

Dr. Shannon Dial is the Executive Officer of the Integrated Services Division within the Department of Family Services at Chickasaw Nation Health System. In her afternoon session, Dr. Dial will discuss the Zero Suicide model within healthcare settings. She will share key elements of success in embedding Zero Suicide in the emergency department, primary care, and all other clinical settings throughout the Chickasaw Nation health system. Healthcare professionals will have the opportunity to learn from Dr. Dial about the best practice model and how to begin efforts to advance suicide prevention with patients. A special focus will be the use of screening, safety planning, and follow-up as part of your practice's comprehensive effort to keep patients suicide safer.

### Group B: CMHC/CCBHC Meeting:

During this session, CMHCs & CCBHCs will discuss next steps in their Zero Suicide Initiative, sharing best practices with each other. Each will take at least one new action step away for their agency for the next three months. Areas of focus for the presentations and discussion will include: 1) Best practices in Caring Connections; 2) Best practices in Suicide Care Pathway development; and 3) Strategic planning to expand the use of dialectical behavioral therapy into the protocol for those with chronic suicidality and borderline personality disorders.

### Group C: Zero Suicide Initiative Planning Meeting.

Attendees will gain knowledge of: 1) Best practices as delineated by the National Zero Suicide Initiative and SAMHSA; 2) Initial protocol utilized in the OK CMHC system; 3) the impact of substance use disorders on suicidality; and Attendees will also have an opportunity to join a workgroup for agencies wanting to develop their own suicide prevention protocol. Attendees will be asked to develop at least one action item to take back to their agencies and implement.

