

MATERNAL HEALTH TASK FORCE OPQIC QUARTERLY MEETING

JANUARY 19, 2021



OKLAHOMA
State Department
of Health



Agenda

- ▶ OHCA Updates
- ▶ OSDH Updates
- ▶ OMHTF Work Groups
- ▶ STAR Clinic
- ▶ OPQIC - Patient Resources
- ▶ OSU Project ECHO – High Risk Pregnancy
- ▶ OMNO Update

UPDATES FROM THE OKLAHOMA HEALTH CARE AUTHORITY

Christina Foss
Legislative
Liaison



UPDATES FROM THE OKLAHOMA STATE DEPARTMENT OF HEALTH



OKLAHOMA
State Department
of Health



HEALTHY WOMEN,
HEALTHY PREGNANCIES,
HEALTHY FUTURES:
**ACTION PLAN TO IMPROVE
MATERNAL HEALTH IN AMERICA**

THE DEPARTMENT'S ACTION PLAN INCLUDES FOUR GOALS DESIGNED TO ACHIEVE THIS VISION:



GOAL 1

Achieve **Healthy Outcomes for All Women of Reproductive Age** by Improving Prevention and Treatment



GOAL 2

Achieve **Healthy Pregnancies and Births** by Prioritizing Quality Improvement



GOAL 3

Achieve **Healthy Futures** by Optimizing Postpartum Health



GOAL 4

Improve Data and Bolster Research to Inform Future Interventions



TARGET 1:

Reduce the maternal mortality rate by 50 percent in 5 years



TARGET 2:

Reduce the low-risk cesarean delivery rate by 25 percent in 5 years



TARGET 3:

Achieve blood pressure control in 80 percent of women of reproductive age with hypertension in 5 years.

OMHTF Work Groups



Rodney Edwards, MD, MS
Maternal Fetal Medicine
University of Oklahoma

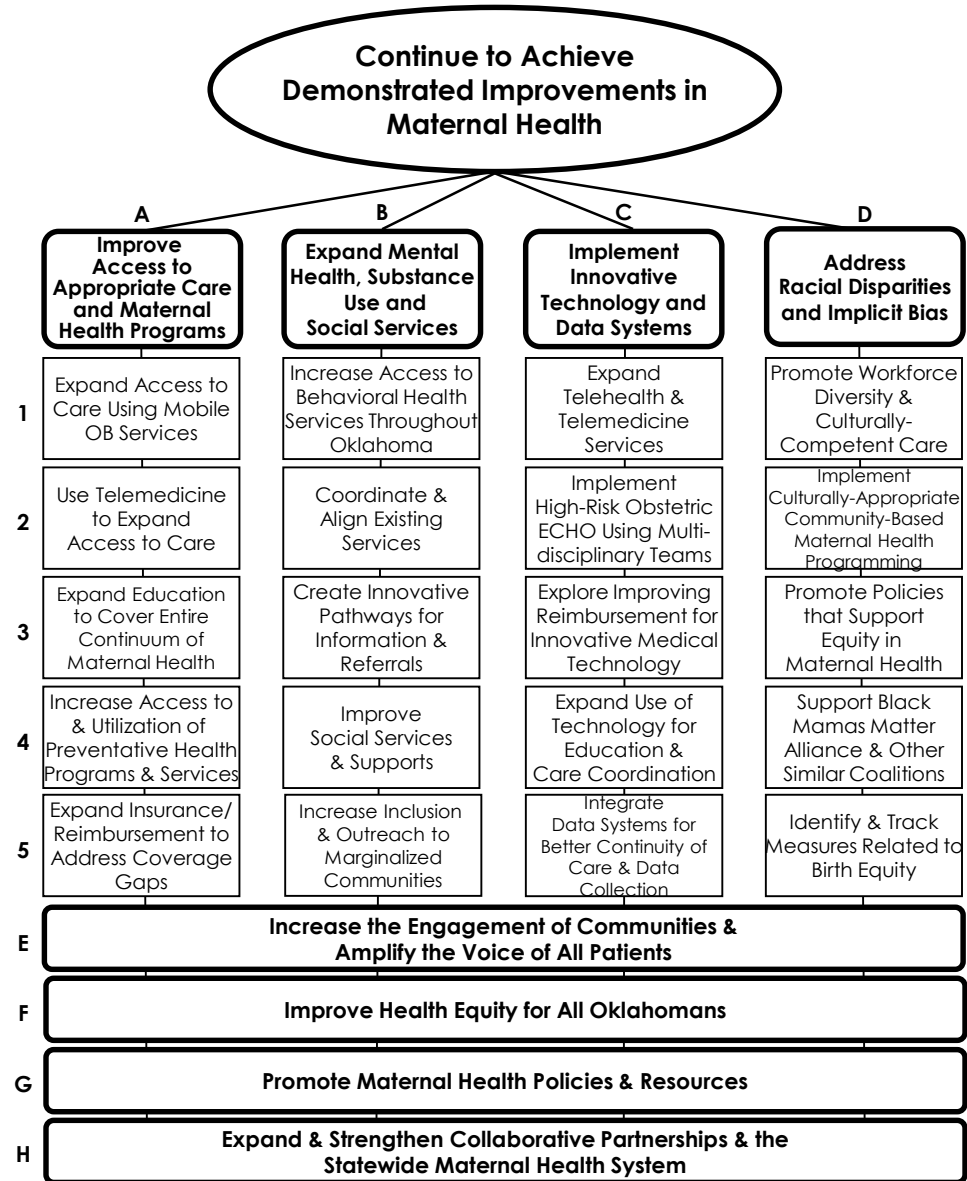


John Stanley, MD
Maternal Fetal Medicine
The Perinatal Center

Oklahoma Maternal Health Task Force
Strategic Map: 2020-2024

09/09/20

Maternal health encompasses all aspects of a woman's physical, mental, emotional and spiritual health and well-being. It is optimized by comprehensive health care, both preventative and reactive, for women of childbearing age – including preconception, pregnancy, childbirth, postnatal and inter-conception care.



STAR CLINIC UPDATE



Stephanie Pierce, MD, MS

Assistant Professor, Maternal-Fetal Medicine, OUHSC
STAR Clinic, OUHSC
Medical Director, OMNO

Overview of the STAR Prenatal Clinic at OUHSC

Stephanie Pierce, MD, MS

Assistant Professor, Maternal-Fetal Medicine

University of Oklahoma Health Sciences Center



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GOAL OF THE STAR PRENATAL CLINIC

STAR = Substance use Treatment And Recovery

The goal of the STAR prenatal clinic at OUHSC is to provide:

- Comprehensive specialized prenatal care for women with substance use disorders in pregnancy,
 - In a collaborative environment,
- With an emphasis on *coordination of care* with supportive psychosocial services and substance use treatment providers.



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WHAT YOU'LL FIND AT THE STAR PRENATAL CLINIC

Located within the high-risk OB clinic at OU (Prenatal Diagnostic Center), at the OU Children's Hospital



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WHAT YOU'LL FIND AT THE STAR PRENATAL CLINIC

We provide:

- Full prenatal care by Maternal-Fetal Medicine specialists
- Specialized OB ultrasound
- In-clinic dedicated Social Work team
- Coordination of care plan with substance use treatment and behavioral health providers
- Group education sessions
- Connection with peer recovery support specialists (coming soon)

OVERVIEW OF AN INITIAL VISIT AT THE STAR PRENATAL CLINIC

- OB ultrasound with interpretation and counseling
- Prenatal visit
 - Discussion of medical/obstetrical history, substance use history, goals of treatment
 - Evidence-based prenatal care with creation of an individualized plan for each patient's pregnancy
- Meeting/intake with Social Work team
 - Assess psychosocial needs and provide resources as needed
 - Establish plans for substance use treatment and mental health services with community provider

OVERVIEW OF A RETURN VISIT AT THE STAR PRENATAL CLINIC

- OB ultrasound
 - Follow up ultrasound exams (e.g., fetal growth, biophysical profiles) as needed
- Prenatal visit
 - Continue with full prenatal care
 - Management of all maternal and fetal comorbidities (e.g., diabetes, hypertension, fetal congenital birth defects)
 - Delivery planning
 - Postpartum pain management plan
 - Contraception
 - Coordination of care with substance use treatment providers as needed
- Visit with Social Work team
 - Continue to address psychosocial needs
 - Establish and reinforce plans to continue with treatment and recovery after pregnancy



HOW TO REFER PATIENTS TO THE STAR PRENATAL CLINIC

Screen all pregnant patients for substance use disorders

Validated screening tools include NIDA Quick Screen, 5 P's

HOW TO REFER PATIENTS TO THE STAR PRENATAL CLINIC

When a pregnant woman with SUD is identified, send referral form to the STAR Prenatal Clinic

Fax referral form to **405-271-5696**

Upcoming: App-based referral system

Call our office at **405-271-5400** if any issues (ask for Dr. Pierce)

If any issues or questions, please reach out to me at stephanie-pierce@ouhsc.edu



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FUNDING PARTNERS



OKLAHOMA
State Department
of Health



OKLAHOMA
Mental Health &
Substance Abuse



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Sarah Johnson
OPQIC Maternal Peer
Navigator

PATIENT RESOURCES



Patient Partner Update

- Community outreach
 - Presentations to various hospital departments
 - Presentations to Community Partners
 - Deep-dive learning workshops
- Patient Partner Meetings
- New patient resources & web page

Helpful Post-Birth Resources



Breastfeeding Support

Oklahoma Breastfeeding Hotline
1-877-271-MILK (6455) or Text OK2BF to 61222

Oklahoma Breastfeeding Resources
www.obrc.ouhsc.edu



New Mom Health & Family Support

A village for mothers

www.newmomhealth.com
www.saludmadre.com



Mental Health Support

www.postpartum.net
1-800-944-4773 English & Español
Text in English: 800-944-4773
Text en Español: 971-203-7773



Post-Birth Resources

www.opqic.org/resources

For further assistance, contact:
PatientSupport@opqic.org

DRAFT
Patient
Resources
Flyer



DRAFT Clinical Summary

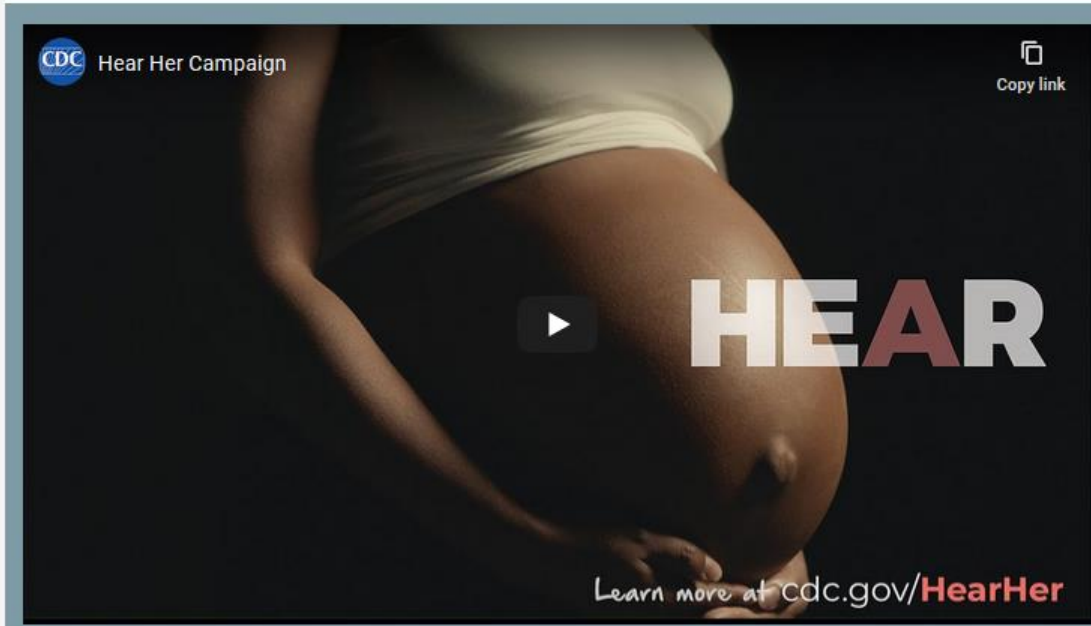
Clinical Summary			
Patient Name			
Date of Delivery			
Hospital		Phone	
Type of Birth	<input type="checkbox"/> Vaginal <input type="checkbox"/> Cesarean Comments:		Blood Type
Complications			
<input type="checkbox"/> Obstetric Hemorrhage <input type="checkbox"/> Severe Hypertension/Preeclampsia <input type="checkbox"/> Venous Thromboembolism <input type="checkbox"/> Other:			
Patient Information			
Mom	Pregnancy Outcome <input type="checkbox"/> Live Birth <input type="checkbox"/> Stillbirth <input type="checkbox"/> NICU		
Baby	GA (in weeks)	Birthweight	Length
Clinical Summary			
Surgery	<i>Date</i>		
	<i>Type</i>		
	<i>Organs removed</i>		
Blood Transfusion	<i>Type of Blood Products</i>	<input type="checkbox"/> Red Blood Cells <input type="checkbox"/> Platelets <input type="checkbox"/> Plasma	
	<i>Number of units</i>	___ Red Blood Cells ___ Platelets ___ Plasma	
Imaging Tests	<input type="checkbox"/> Yes <input type="checkbox"/> No	<i>Date</i>	
		<i>Type</i>	
		<i>Result</i>	
Interventional Radiology	<input type="checkbox"/> Yes <input type="checkbox"/> No	<i>Date</i>	
		<i>Type</i>	
		<i>Result</i>	
Medical Treatments			
Follow-up			
Clinician Name		Phone	
Other		Phone	
<i>For further information, please contact the Hospital Medical Record Office to request your complete medical record.</i>			
Medical Records		Phone	
Notes			

CDC HEAR HER Campaign



HEAR
HEAR HER concerns

700 women die
every year in the United States
from pregnancy-related
complications



CDC Hear Her Campaign

Copy link

▶ **HEAR**

Learn more at [cdc.gov/HearHer](https://www.cdc.gov/HearHer)

Learn the urgent maternal warning signs. You could help save her life.

Learn more

Low Resolution Video

<https://www.cdc.gov/hearher/index.html>



Pregnant & Postpartum Women

Information for pregnant women and women who gave birth within the last year.



Partners, Friends & Family

Information for the partners, friends, and family of pregnant and postpartum women.



Healthcare Providers

Information for healthcare providers who care for pregnant or postpartum women.

About the Campaign

Overview of CDC's **Hear Her** campaign.

Urgent Maternal Warning Signs

Know the urgent maternal warning signs and symptoms during pregnancy and up to a year after giving birth.

Pregnancy-Related Deaths in the United States

Information and data on pregnancy-related deaths in the United States.

Campaign Resources

Download videos, social media content and images, and more.

Hear Personal Stories of Pregnancy-Related Complications



This project is supported through a partnership with the CDC Foundation and funding from Merck through its Merck for Mothers Program.

<https://www.cdc.gov/hearher/index.html>

URGENT MATERNAL WARNING SIGNS

If you have any of these symptoms during or after pregnancy, contact your health care provider and get help right away. If you can't reach your provider, go to the emergency room.

- Headache that won't go away or gets worse over time
- Dizziness or fainting
- Thoughts about hurting yourself or your baby
- Changes in your vision
- Fever

- Trouble breathing
- Chest pain or fast-beating heart
- Severe belly pain that doesn't go away
- Severe nausea and throwing up (not like morning sickness)
- Baby's movements stopping or slowing during pregnancy

- Vaginal bleeding or fluid leaking during pregnancy
- Vaginal bleeding or fluid leaking after pregnancy
- Swelling, redness, or pain of your leg
- Extreme swelling of your hands or face
- Overwhelming tiredness

URGENT MATERNAL WARNING SIGNS



Headache that won't go away or gets worse over time



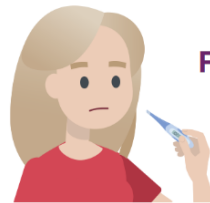
Dizziness or fainting



Thoughts about hurting yourself or your baby



Changes in your vision



Fever



Trouble breathing



Chest pain or fast heartbeat



Severe belly pain that



Severe nausea and throwing up (not like

www.safehealthcareforeverywoman.org

Urgent Maternal Warning Signs

<https://safehealthcareforeverywoman.org/council/patient-safety-tools/urgent-maternal-signs/>

<https://www.cdc.gov/hearher/index.html>

AWHONN Post-Birth Warning Signs Education Program

SAVE YOUR LIFE:

Get Care for These POST-BIRTH Warning Signs

Most women who give birth recover without problems. But any woman can have complications after giving birth. Learning to recognize these POST-BIRTH warning signs and knowing what to do can save your life.



<p>Call 911 if you have:</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Pain in chest <input type="checkbox"/> Obstructed breathing or shortness of breath <input type="checkbox"/> Seizures <input type="checkbox"/> Thoughts of hurting yourself or someone else
<p>Call your healthcare provider if you have:</p> <p style="font-size: 0.8em;">(If you can't reach your healthcare provider, call 911 or go to an emergency room)</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Bleeding, soaking through one pad/hour, or blood clots, the size of an egg or bigger <input type="checkbox"/> Incision that is not healing <input type="checkbox"/> Red or swollen leg, that is painful or warm to touch <input type="checkbox"/> Temperature of 100.4°F or higher <input type="checkbox"/> Headache that does not get better, even after taking medicine, or bad headache with vision changes



Tell 911 or your healthcare provider:

"I gave birth on _____ and
(Date) and
I am having _____."
(Specific warning signs)

<https://awhonn.org/education/hospital-products/post-birth-warning-signs-education-program/>



TARA M. JACKSON,
MHA, DRPH (C)
DIRECTOR,
PROJECT ECHO

OSU Project ECHO – High Risk Pregnancy

Project ECHO Survey

Topic of Interest Survey:

- <https://forms.gle/P22NhLKAYBF9et5d7>

OMNO

Oklahoma Mothers and Newborns
Affected by Opioids

OPQIC/OMHTF Quarterly Meeting OMNO Update

January 19, 2021



OMNO

- Re-boot for 15 pilot hospitals in September
 - 2 decided to withdraw from pilot, but 2 more have joined
- October – Webinars on Database
 - Hospitals began data entry on November 2
- November – Webinars on CHES Health
 - Hospitals in various stages of obtaining BAAs
- Monthly calls with hospitals ongoing
- Learning Session #2 in March?



AS OF DECEMBER, SEVERAL HOSPITALS ARE ON TEMPORARY HOLD DUE TO COVID-19 SURGE

OMNO – Oklahoma Mothers and Newborns Affected by Opioids



- 15 Oklahoma hospitals participating
- Data Entry began Nov. 2020

Wave 1	Wave 2
Ascension Jane Phillips Medical Center	Comanche County Memorial Hospital
Ascension St. John Medical Center	Hillcrest Medical Center
Duncan Regional Hospital	Lakeside Women's Hospital
INTEGRIS Baptist Medical Center	Mercy Hospital Oklahoma City
INTEGRIS Bass Baptist Health Center	INTEGRIS Health Edmond
INTEGRIS Canadian Valley Hospital	INTEGRIS Southwest Medical Center
Oklahoma Children's Hospital at OU Health	Norman Regional Health System - HealthPlex Campus
	Saint Francis Hospital

Common areas of focus for OK OMNO hospital teams

- Screening tools (mat.& neo.)
- OEN guidelines
- EHR documentation
- Data collection process
- Staff education on screening tools, documentation, ESC care, and compassionate care
- Patient education on OUD, NAS, safe medication use
- Provider education/involvement in screening, handouts for patients, ICD10 and documentation
- Chess Health BAA out to hospitals
- Establishment of Eat, Sleep, Console model of care

AS OF DECEMBER, SEVERAL HOSPITALS ARE ON TEMPORARY HOLD DUE TO COVID-19 SURGE



OMNO Data Collection



- 78 mothers:
 - 56 (73%) using SoonerCare
 - 22 (28%) had 2 or less prenatal care visits
 - 33 (42%) received MAT during pregnancy
- 52 babies:
 - 34 (65%) had symptoms of opioid withdrawal
 - 10 (19%) required pharmacologic treatment for NAS
 - 23 (44%) receiving maternal or donor milk at discharge
 - 18 (35%) placed with other family member, foster, or adoptive family

QUESTIONS/OTHER BUSINESS?

- You may now unmute to ask any questions or address any other business items
- If joining on a phone, press *6 to unmute

Upcoming Events



January 21
Black Women Making an Impact through Policy

February 18
Black History Month

March 18
Dr. Rachel Moon

April 15
Black Maternal Health Week



WHEN
10am - 12noon
Each month

Upcoming Events

**Lady
Charts**
women's health beyond the box...



2021

FEB 15 & 16
#beyondthebox
REGISTER TODAY!

<https://www.metriarchok.org/lady-charts-2021/>

Upcoming Events

**9TH ANNUAL
BECOMING BABY-FRIENDLY
IN OKLAHOMA SUMMIT**
the virtual edition

**Friday, February 26, 2021
8:30am - 4:30pm
via Zoom**

COME LEARN ABOUT...

- Maternal Mental Health
- Systemic Racism and its effects on health disparities
- The Latest Baby-Friendly Hospital Initiative Revisions
- How We Can Improve Oklahoma's Breastfeeding Rates
- Perinatal/Infant Loss and Lactation: What Families Need to Know
- Mother-centric Approaches to Reduce Early Breastfeeding Cessation

[https://obrc.ouhsc.edu/
Events-Training/BBFOK-
Summit](https://obrc.ouhsc.edu/Events-Training/BBFOK-Summit)



Future OPQIC/MHTF Meeting Dates

- April 20, 2021
- October 19, 2021
 - 5:00pm – 7:00pm

THANK YOU FOR YOUR PARTICIPATION!

<https://opqic.org>

info@opqic.org

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