Maternal health encompasses all aspects of a woman’s physical, mental, emotional and spiritual health and well-being. It is optimized by comprehensive health care, both preventative and reactive, for women of childbearing age - including preconception, pregnancy, childbirth, postnatal and inter-conception care.

**Continue to Achieve Demonstrated Improvements in Maternal Health**

**A**
- Improve Access to Appropriate Care and Maternal Health Programs
  1. Expand Access to Care Using Mobile OB Services
  2. Use Telemedicine to Expand Access to Care
  3. Expand Education to Cover Entire Continuum of Maternal Health
  4. Increase Access to & Utilization of Preventative Health Programs & Services
  5. Expand Insurance/Reimbursement to Address Coverage Gaps

**B**
- Expand Mental Health, Substance Use and Social Services
  1. Increase Access to Behavioral Health Services Throughout Oklahoma
  2. Coordinate & Align Existing Services
  3. Create Innovative Pathways for Information & Referrals
  4. Improve Social Services & Supports
  5. Increase Inclusion & Outreach to Marginalized Communities

**C**
- Implement Innovative Technology and Data Systems
  1. Expand Telehealth & Telemedicine Services
  2. Implement High-Risk Obstetric ECHO Using Multi-disciplinary Teams
  3. Explore Improving Reimbursement for Innovative Medical Technology
  4. Expand Use of Technology for Education & Care Coordination
  5. Integrate Data Systems for Better Continuity of Care & Data Collection

**D**
- Address Racial Disparities and Implicit Bias
  1. Promote Workforce Diversity & Culturally-Competent Care
  2. Implement Culturally-Appropriate Community-Based Maternal Health Programming
  3. Promote Policies that Support Equity in Maternal Health
  4. Support Black Mamas Matter Alliance & Other Similar Coalitions
  5. Identify & Track Measures Related to Birth Equity

**E**
- Increase the Engagement of Communities & Amplify the Voice of All Patients

**F**
- Improve Health Equity for All Oklahomans

**G**
- Promote Maternal Health Policies & Resources

**H**
- Expand & Strengthen Collaborative Partnerships & the Statewide Maternal Health System