Instructions for Assembly

• Cut out paper doll and PPE items and laminate (so that it can be wiped down and reused between team members).

• Make sure you have 1 copy of the DONNING and DOFFING Action Cards (pages 6, 7, 10-12) - AND 2 copies of the DONNING and DOFFING Answer Sheets (pages 8-9, 13-15).

• Cut the set of the DONNING and DOFFING Cards and 1 set of the DONNING and DOFFING Answer Sheets.

• Using the DONNING and DOFFING card answer sheet squares (with numbers) that you have cut, adhere them to the back of the DONNING and DOFFING Action Cards in the correct order the actions should be performed.

• Laminate the DONNING and DOFFING Action Cards and the other DONNING and DOFFING Answer Sheets. (so that it can be wiped down and reused between team members).
Instructions For Use

1. Using the DOFFING Action Cards, have the Team Member complete the DONNING sequence by placing the correct card in order on the DONNING Answer Sheet.

2. Once they have placed all the card, have them check their actions by turning over the cards to see if it matches the number on the Answer Sheet.

3. Once they are able to correctly place all of the DONNING Action Cards, complete the same exercise using the DOFFING Action Cards.

4. After they have completed the DONNING and DOFFING Action Cards exercise, have them DON and DOFF PPE in the correct sequence using the paper doll.

5. Once they have completed all of these steps, using the Donning/Doffing observation sheets, have them mime the actions and complete observation form.
DONNING – ACTION CARDS

- Gather PPE
- Perform hand hygiene
- Remove personal items (watch, jewelry, phone)
- Secure eyeglasses/hair
- Don gown
- Inspect PPE (no tears/rips, correct size)
- Don mask
DONNING-ACTION CARDS

- Don face shield or goggles
- Done 1 pair of gloves
- Inspect PPE while moving (extend arms, bend at waist, squat)
DONNING-ANSWER SHEET

7  8  9
DOFFING – ACTION CARDS

Inspect PPE (visible contamination, cuts, or tears)

Perform hand hygiene on gloved hands

Remove Gown

Remove Gloves

Discard in trash (in patient room)

Discard in trash (in patient room)
Perform hand hygiene

Remove face shield

Discard in trash (in patient room)

Perform hand hygiene

Exit patient room

Perform hand hygiene
DOFFING-ACTION CARDS

- Remove mask
- Discard in trash (outside of patient room)
- Perform hand hygiene
DOFFING-ANSWER SHEET

1

2

3

4

5

6
DOFFING-ANSWER SHEET

7
8
9
10
11
12
DOFFING-ANSWER SHEET

13

14

15
Gather PPE

Remove personal items (watch, jewelry, phone) Secure eyeglasses/hair

Inspect PPE (no tears/rips, correct size)

Perform hand hygiene

Don gown

Don mask

Don face shield or goggles

Done 1 pair of gloves

Inspect PPE while moving (extend arms, bend at waist, squat)
DOFFING – ANSWER KEY

1. Inspect PPE (visible contamination, cuts, or tears)
2. Perform hand hygiene on gloved hands
3. Remove Gown
4. Discard in trash (in patient room)
5. Remove Gloves
6. Discard in trash (in patient room)
7. Perform hand hygiene
8. Remove face shield
9. Discard in trash (in patient room)
10. Perform hand hygiene
11. Exit patient room
12. Perform hand hygiene
13. Remove mask
14. Discard in trash (outside of patient room)
15. Perform hand hygiene