Screening for NAS with Lipkowitz Scoring Tool

Scores <4
- Monitor for minimum of 72 hours
- Discharge with parental education

Scores >4 x 3
- Transfer to NICU

BEGIN

MONITORING PHASE (NICU)

NAS Scores < 8
- Observation
- Non-pharmacologic intervention

NAS Scores 8 or Greater x 2
- Non-Pharmacologic intervention AND Pharmacologic Intervention

NON-PHARMACOLOGIC

TREATMENT PHASE (NICU)

OBSERVATION BASED ON MATERNAL DRUG EXPOSURE HALF-LIFE

SHORT HALF-LIFE
- Observe 72 Hours
- Discharge if NAS scores are stable

LONG HALF-LIFE
- Observe 5-7 Days
- Earlier discharge may be considered if:
  - NAS scores are stable
  - Stable home/social situation

MATERNAL DRUG EXPOSURE TYPE

Non-Opioid or Unknown

Poly-Drug including Opioid

Opioid

Phenobarbital or Morphine *

Morphine or Methadone and consider Phenobarbital

Morphine or Methadone

High NAS scores persist or worsen

Increase Dose or consider 2nd line

Add Clonidine if ANS symptoms or Phenobarbital if CNS symptoms predominate

Add other 2nd/3rd line agent

WEANING TREATMENT—Based on NAS Score

Instructions for Discharge
- Continue NAS scoring q 3-Hrs after medication discontinued until all NAS scores are ≤4 for 24-48 Hrs.
- Arrange Follow Up Care

* Choose Phenobarbital if primarily CNS symptoms, Morphine for GI/Autonomic symptoms. (ANS)