How effective is your birth control?

**Implant**
- **How to use it:** Placed by health provider, lasts up to 3 years
- **Chances of getting pregnant:** Less than 1 out of 100 women

**IUD**
- **How to use it:** Placed by health provider, Copper IUD lasts up to 10 years, Progestin IUD lasts 3-5 years
- **Chances of getting pregnant:** Less than 1 out of 100 women

**Injectable**
- **How to use it:** Given by health provider, repeat injections every 3 months
- **Chances of getting pregnant:** 6 out of 100 women

**Ring**
- **How to use it:** Keep in place, change on time
- **Chances of getting pregnant:** 9 out of 100 women

**Pill**
- **How to use it:** Take at same time each day
- **Chances of getting pregnant:** 9 out of 100 women

**Male Condom**
- **How to use it:** Use correctly every time during sex
- **Chances of getting pregnant:** 18 out of 100 women

Condoms should always be used along with the preferred birth control to protect against sexually transmitted diseases.

*Number of pregnancies per 100 women using the method within first year of typical use.