Taking a Blood Pressure

Correct Position!

- Sitting or Semi Fowlers
- Feet flat, not dangling
- If BP ≥ 160 systolic and/or ≥ 110 diastolic, take steps to initiate treatment for severe hypertension—notifying provider, procuring medication

**DO NOT REPOSITION PATIENT (yet)**

- **Retake BP after 15 minutes.** If BP remains severe, obtain order for medication.
- Administer medication as ordered

**Treat ASAP**—at least within 1 hour of 1st severe reading

Correct Cuff Size!

For more detailed information see our website.

www.opqic.org