SoonerCare Guideline for Provision of Progesterone Prophylaxis of Preterm Birth
SoonerCare Progesterone Guideline – Intramuscular Administration

- Screen at time of new appointment request. "Have you had a baby that was born early?"
- Expedite first appointment to include screening for hx of singleton spontaneous preterm birth
- **OHCA Coverage Algorithm**

**Patient Identification**

**Prescription Initiation**
- Consider MFM referral
- Complete form [PHARM-23](#) for pharmacy prior authorization
- Fax Rx to designated pharmacy for patient pick-up or mail delivery

**Patient Management**
- Initiate between 16-26 weeks
- Administer weekly IM Progesterone through 36 weeks

This guideline is effective August 1, 2016 and is subject to change. For more details regarding coverage, refer to [provider letter OHCA 2016-08](#) available at [http://www.okhca.org](http://www.okhca.org).
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SoonerCare Options for Intramuscular Administration of Progesterone

- **Clinic**
  - Weekly nurse visits for administration at clinic

- **Home Health**
  - OHCA covers home health benefit for administration*
  - Home health providers can be found on the [OHCA Provider Portal](http://www.okhca.org)

  *Maximum of 36 total visits per year for most patients

- **Self**
  - Educate the patient to self-administer
  - Educate a family member or friend to administer

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SoonerCare Progesterone Guideline – Vaginal Administration

18–20 Week Anatomy Ultrasound with Cervical Length

Cervical Length
> 25 mm
- Routine obstetrical care indicated
- Ongoing monitoring for signs and symptoms of preterm labor

Cervical Length
21 - 25 mm
- Follow-up ultrasound for repeat cervical length is indicated
- Consider MFM referral for enrollment in high risk OB package

Cervical Length
< 21 mm
- Vaginal progesterone is indicated --> complete PHARM-23*
- Initiate between 20 and 26 weeks
- MFM referral for enrollment in high risk OB package

*Crinone® and Endometrin® are both covered, however, Endometrin® is preferred

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