

AWHONN OKLAHOMA

March 2017

Oklahoma Section Conference

This year, the Oklahoma Section Conference will be held at Saint Francis Hospital in Tulsa Ok on April 6 and 7. Early bird registration is due by March 15. An additional fee of \$25 will be applied for registrations after March 15.

Key note speakers include Dr. Harvey Karp presenting "The Happiest Baby" and Virginia Beeson, BSN, MSN, NEA-BC, Captain, USN. Dr. Karp is a nationally renowned pediatrician, child development specialist, and Assistant Professor of Pediatrics at USC School of Medicine. Dr. Karp has taught thousands of parents and healthcare professionals his techniques for soothing colic, boosting infant sleep, reducing tantrums, and promoting patience. Virginia Beeson is a nurse executive,

consultant, and educator with over 30 years of experience in healthcare. Her primary work involves building leadership capacity and transforming organizational culture in support of a more positive, productive, and professional workplace. Ginny's knowledge and passion come through in engaging, realistic and lively presentations.

Breakout sessions include topics covering Zika Virus, Diabetes and pregnancy, palliative care, reducing toddler outbursts and stress when a new baby joins the family, approaches to treating pelvic pain, and perspectives in breast cancer.

Up to 10 hours of continuing education may be obtained by attending all sessions.

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AWHONN Mission:

To improve and promote the health of women and newborns and to strengthen the nursing profession through the delivery of superior advocacy, research, education and other professional and clinical resources to nurses and other health care professionals.

AWHONN Oklahoma Section Leaders

Chair: Jodie Franzen, APRN, CNS Secretary: Sharon Pollock, RN

Public Relations: Denese Knori, BSN, RN

Professional Development Coordinator: April Loeffler, MS, RNC-OB, CNE

Membership Coordinator: Jill Hughes, MN, RNC-OB Advocacy/ Legislative Coordinator: Larcile White, MSN, RN

Chapter Leaders

CENTRAL: EVELYN RADICHEL, MS, RN-BC

SOUTH CENTRAL: ANNETTE MARTIN, MS, RNC-OB

SOUTHWEST: APRIL ADAMS, RN, RNC-OB NORTHEAST: REGINA WILCOX, BSN, RN

A Word from the OK AWHONN Section Chair: Jodie Franzen, APRN, CNS

Have you registered for the 2017 AWHONN Oklahoma Section Conference yet? This year the conference is being held April 6-7 Saint Francis Hospital in Tulsa. We have another year of INCREDIBLE speakers lined up! We take your suggestions provided each year on the conference evaluations and try to incorporate speakers and topics you have asked for. This year we have Virginia Beeson coming to provide information on professional practice issues. If you've never heard her speak, you will not be disappointed! We also have Dr. Harvey Karp, who is entertaining, informative and innovative when it comes to caring for babies. You asked for more on the Zika virus and we're bringing that to you this year as well. Gear up with this information as mosquito season is just around the corner!

This year AWHONN Oklahoma is supporting the National Diaper Bank. I have lived a blessed life, and until recently, had no idea the struggles some families face not being able to afford diapers. Join us in support of families in need by donating to Oklahoma's diaper banks at the 2017 AWHONN Oklahoma Conference. Currently there are diaper banks in Oklahoma City and Tulsa. Visit www.nationaldiapterbanknetwork.org to learn more or to start a diaper bank in your area.





To receive timely information about upcoming opportunities, please keep your email address on record with AWHONN updated, check our website often for upcoming Chapter meetings, and join the AWHONN Oklahoma Facebook group. Each Chapter tries to host at least two chapter meetings every year. If you have any ideas for a Chapter meeting in your area, or would like to host a meeting at your location, please contact your Chapter Leader or myself.

See you soon in Tulsa! Jodie

#AWHONNok2017

Interprofessional Collaboration

April Loeffler, MS, RNC-OB, CNE

2017 certainly is a tumultuous time to be a nurse...or a physician or a social worker or a dietician! The healthcare landscape is rapidly changing, the needs are great, and resources are limited. Often, it might be tempting to throw your hands in the air and say, "There is just too much that needs to be done, and one nurse (or physician or social worker or dietician) will never be able to make any kind of impact."

Many individuals throughout history have accepted the challenges of their times and have risen to meet those challenges head-on with perseverance and strength. Their work still influences how we provide care today. However, we must remember that we do not have to solve the world's problems, or even its day-to-day issues, on our own. In fact, it is better if we do not!

Many organizations, including the World Health Organization (2010), recognize and support interprofessional collaboration as an effective strategy for improving health: "Interprofessional health-care teams understand how to optimize the skills of their members, share case management, and provide better health-services to patients and the community. The resulting strengthened health system leads to improved health outcomes." The Robert Wood Johnson Foundation also promotes interprofessional collaboration in its effort to build a *Culture of Health in America*. Their 2015 white paper highlights health systems and agencies across America that are embracing interprofessional collaboration and how this has impacted their outcomes. As a result of their collaborative cultures, these agencies reported that their efforts have "improved patient and provider satisfaction, created safer environments, enhanced the quality of care, and aligned efforts in a way that helps get work done more effectively and efficiently" (Robert Wood Johnson Foundation, 2015).

The leadership team of the Oklahoma AWHONN section is proud to bring you the 2017 Oklahoma Section Conference: Igniting Team Spirit on April 6 and 7 in Tulsa. You will hear from passionate experts in nursing, medicine, nutrition, and physical therapy, all of whom hope to inspire a renewed interest in promoting best practices, including interprofessional collaboration, and advocating for your patients and communities in an even more extraordinary way. Registration is open now at www.awhonnok.org/oklahoma-section-conference. This is an opportunity you do not want to miss!References

Robert Wood Johnson Foundation. (2015). Lessons from the field: Promising interprofessional collaboration practices. Retrieved from: http://www.rwjf.org/content/dam/farm/reports/2015/rwjf418568.

World Health Organization. (2010). Framework for action on interprofessional education and collaborative practice. Retrieved from:

http://apps.who.int/iris/bitstream/10665/70185/1/WHO_HRH_HPN_10.3_eng.pdf?ua=1.

New Process for Members Using AWHONN's Monthly Installment Plan for Membership Payments

In order to ensure AWHONN has your most up-to-date information, members on the monthly installment plan are now being asked to renew annually in order to continue AWHONN member benefits. It just takes a couple of minutes to update your membership. Login to your account at www.awhonn.org or contact AWHONN customer at customerservice@awhonn.org or 1-800-354-2268.

AWHONN Leadership Conference

November 12 through 14, 2016 your Oklahoma Leadership team had the opportunity to attend the AWHONN Leadership Conference in Washington D.C. to learn about our individual roles as leaders on a local, state, and national level. While there we had the opportunity to network with other leaders in our region to discuss engagement, planning, assess state and chapter needs, membership growth, strategic planning for the upcoming year, ways to improve our state conferences, and team build.



Featured speakers included Jeff Doucette, DNP, RN, CENP, FACHE, NEA-BC and Virginia R. Beeson, BSN, MSN, NEA-BC, Captain, Nurse Corps, United States Navy. Jeff kicked off the conference with "Living Out Loud, Laugh Out Loud!" His presentation was a great reminder of the importance of humor in both our professional and personal lives and how humor impacts the patients we serve. Ginny knocked it out of the park again by inspiring us as leaders engaged in transforming the culture of healthcare to becomemore positive and productive. Ginny serves to never let you down and always leaves you feeling inspired. Other learning opportunities at the leadership conference included utilizing marketing and social media to promote local and state chapters, website management, advertising, and conference planning.

In our down time we had the opportunity to network and participate in teambuilding in our nation's great capital, Washington D.C.

If you are interested in your own leadership development, consider getting involved in AWHONN on a local, state or National level. AWHONN Oklahoma Section is currently looking for volunteers as Chapter Leaders in the Northern and Eastern parts of Oklahoma. There will be more opportunities in 2018. All of our areas could use your help in developing more active chapters and ultimately working to improve the health of families in our state. For more information, please contact one of the current AWHONN Oklahoma Leaders.

