



Teresa Deck
tdeck@sunbeamfamilyservices.org
O: 405.609.6652

1100 NW 14th Street
Oklahoma City, OK 73106
SUNBEAMFAMILYSERVICES.ORG

Silver Linings Support Group

Help for Mothers Experiencing Post-Partum Depression

Emotional Issues • Behavioral Changes • Physical Symptoms

Join other moms experiencing the same issues while gaining needed support and valuable tools to feel better.

When:

Date: Tuesday October 6, 2015
Time: 4:00 – 5:00 PM

We'll meet every other week on Tuesday

Where:

Sunbeam Family Services
1100 NW 14th Street
Oklahoma City, OK 73106

For information about the support group and to register, please contact Teresa Deck at 609-6652.

Limited childcare available.